

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1	1232	31:17	Ian Williamson	Birchfield Harriers	Male	1	31:17	1
2	865	33:29	Ryan Prout	Thrift Green Trotters	Male	2	33:29	2
3	1309	33:39	Euan Cunningham	Cambridge & Coleridge AC	Male	3	33:39	3
4	1256	33:43	Tom Heslop	Kent AC	Male	4	33:43	4
5	824	35:04	Mark Pepper		Male	5	35:05	5
6	136	35:20	Miguel Branco	Serpentine RC	Male	6	35:21	6
7	601	36:01	Andrew Kerr		Male	7	36:03	7
8	184	36:03	Martin Carmack		Male	8	36:05	8
9	1124	36:17	James Whitehorn		Male	9	36:18	9
10	520	36:20	Peter Holmes	Ely Runners	Male	10	36:23	10
11	1075	36:24	Neil Turner	Shaftesbury Barnet Harriers	Male	11	36:25	11
12	1159	36:30	Oli Worth		Male	12	36:32	12
13	654	36:36	Hannah Lord	St Neots Riverside Runners	Female	1	36:37	13
14	140	36:43	Andrew Brett	Ramsey Road Runners	Male	13	36:44	14
15	486	36:49	Tom Hayes		Male	14	36:56	15
16	1342	36:57	Andrew Quarrell		Male	15	36:59	16
17	1332	36:58	Katie King	Saint Edmund Pacers	Female	2	37:00	17
18	174	36:59	Andrew Butcher	Cambridge Triathlon Club	Male	16	37:00	18
19	1147	37:29	Michael Wolff		Male	17	37:33	19
20	1458	37:33	Cameron Fern		Male	18	37:34	20
21	1295	37:39	Gary Meakin	St Neots Riverside Runners	Male	19	37:43	21
22	623	37:41	Darren Lander		Male	20	37:43	22
23	202	37:52	David Chaplin		Male	21	37:54	23
24	320	37:53	Steven Dowse		Male	22	37:55	24
25	1190	37:55	Shaun Braybrook	Wymondham AC	Male	23	37:58	25
26	1213	37:56	Max Pike		Male	24	37:59	26
27	173	38:16	John Busby		Male	25	38:19	27
28	1388	38:19	Lewis Kelsall		Male	26	38:20	28
29	1131	38:25	Mark Williams		Male	27	38:27	29
30	801	38:36	Mike Palmer		Male	28	38:38	30
31	845	38:37	Sam Taylor		Male	29	38:41	32
32	1462	38:39	Ilia Ezrokh		Male	30	38:40	31
33	1312	38:39	Rachel Doherty	Higham Harriers	Female	3	38:41	33
34	732	38:42	James Minnette	Haverhill Running Club	Male	31	38:46	34
35	663	38:46	Ian MacDougall	Saffron Striders RC	Male	32	38:48	35
36	1198	38:55	Tommaso Forni		Male	33	38:59	36
37	1288	38:56	Simon Wade		Male	34	39:00	37
38	384	39:19	Paul Fletcher	Cambridge & Coleridge AC	Male	35	39:21	38
39	102	39:21	James Berry	St Neots Riverside Runners	Male	36	39:22	39
40	333	39:21	Johnny Dunlop		Male	37	39:22	40
41	1133	39:25	Reece Williams		Male	38	41:11	56
42	69	39:30	Olivia Baker	Cambridge & Coleridge AC	Female	4	39:32	41
43	1238	39:33	Giles Mitton		Male	39	39:38	42
44	423	39:34	Nick Gilbert		Male	40	41:20	58
45	347	39:36	Steven Eggo		Male	41	39:38	43
46	879	39:40	Christopher Rauh		Male	42	39:45	45
47	1052	39:43	Glynn Thomas	Ipswich Jaffa RC	Male	43	39:44	44
48	691	39:43	Nicola McBride	Cambridge & Coleridge AC	Female	5	39:45	46
49	1219	39:45	Andrea Sangiovanni		Male	44	39:49	47
50	968	39:47	Arun Shankar		Male	45	39:50	48
51	544	39:47	Dale Hurren		Male	46	41:32	62
52	1054	39:47	Craig Thomson		Male	47	41:32	61
53	305	39:59	Daniel De'Ath	Royston Runners	Male	48	41:43	63
54	1040	40:04	Hugh Tawell		Male	49	41:48	64
55	1064	40:10	Fliss Tournant	Saffron Striders RC	Female	6	40:13	49
56	189	40:11	Simon Carr		Male	50	40:14	50
57	846	40:14	Rachel Porter	Cambridge & Coleridge AC	Female	7	40:16	51
58	1384	40:25	Cameron Holloway		Male	51	40:29	52
59	453	40:27	Steven Griffiths		Male	52	42:11	67
60	488	40:29	John Hayton		Male	53	42:13	68
61	1023	40:53	Richard Stoner		Male	54	40:58	53
62	51	40:54	Mark Armstrong		Male	55	41:00	54
63	50	41:01	Alison Armstrong	Wymondham AC	Female	8	41:05	55
64	698	41:01	Sean McDade		Male	56	42:49	69
65	542	41:06	Patrick Humphrey		Male	57	42:50	70
66	1400	41:17	Emily Talbot	Cambridge & Coleridge AC	Female	9	41:19	57
67	483	41:21	Ian Harvey	North Herts RRC	Male	58	41:26	60
68	913	41:21	Lee Roberts	Royston Runners	Male	59	41:23	59
69	439	41:25	Emily Grapes		Female	10	43:10	72
70	1120	41:26	Nathan Whitbread		Male	60	43:11	73

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
71	493	41:27	Bill Heathcote		Male	61	45:19	99
72	278	41:30	Kenneth Damian		Male	62	43:13	74
73	307	41:37	Salva Diaz	Harpenden Arrows Running Club	Male	63	43:29	75
74	90	41:42	Colette Bassford		Female	11	43:34	76
75	88	41:45	Helen Barry		Female	12	41:48	65
76	852	41:49	Thomas Preston		Male	64	43:34	77
77	177	41:54	Hugh Cahill		Male	65	41:55	66
78	557	42:08	Ryan Jakeman		Male	66	43:57	80
79	818	42:10	Glen Paul		Male	67	43:58	81
80	114	42:23	Robert Boland		Male	68	44:08	82
81	638	42:31	Rowan Lee		Male	69	44:19	83
82	1042	42:42	Andrew Taylor	NEWMARKET JOGGERS	Male	70	44:28	84
83	440	42:45	Lawrence Grasty		Male	71	44:34	85
84	706	42:49	Rachel McKeown		Female	13	44:39	86
85	314	43:00	Tom Doig		Male	72	43:04	71
86	1205	43:01	Rikki Knowlton		Male	73	44:45	87
87	1436	43:06	Jenny Thompson		Female	14	44:52	88
88	1414	43:09	Paul Connolly		Male	74	44:54	89
89	826	43:11	Adrián Perez		Male	75	47:00	132
90	79	43:11	Sophie Barc		Female	15	44:57	90
91	1426	43:19	Sebastian Neumayer		Male	76	45:03	92
92	637	43:21	James Lee		Male	77	45:05	93
93	1300	43:22	Jose Aguilar		Male	78	45:16	95
94	1428	43:23	Gavin Osborn	St Neots Riverside Runners	Male	79	45:08	94
95	778	43:27	Alexander Nicholls		Male	80	45:18	98
96	849	43:27	Martin Potts		Male	81	45:18	97
97	1350	43:31	Richard Stopforth		Male	82	45:17	96
98	1394	43:41	Oliver Racher		Male	83	45:30	100
99	773	43:41	Melissa Neal		Female	16	43:44	78
100	1356	43:42	Lukasz Wesolowski		Male	84	43:45	79
101	806	43:43	Josephine Park		Female	17	45:33	103
102	847	43:46	Steve Potter		Male	85	45:30	101
103	309	43:47	Charles Dicks	Fetch Everyone	Male	86	45:34	104
104	678	43:47	Michael Martin		Male	87	45:31	102
105	1450	43:49	Ben Appleton		Male	88	45:36	105
106	943	43:52	Dean Salisbury		Male	89	45:44	106
107	1237	44:00	Nicole Go		Female	18	45:46	107
108	277	44:07	J Dalmau Boronat		Male	90	45:55	108
109	1105	44:13	Jo Warnock-Horn	Hazlemere Runners	Female	19	45:59	109
110	1067	44:15	David Trickey		Male	91	46:11	113
111	1068	44:16	Jonathan Tripp		Male	92	46:08	111
112	1348	44:17	Rob Smith		Male	93	46:11	114
113	76	44:20	Anthony Bane		Male	94	46:07	110
114	1314	44:23	Luis Faria		Male	95	46:10	112
115	820	44:27	Ole Paulsen		Male	96	46:14	115
116	45	44:31	Sophie Anderson		Female	20	46:24	118
117	1062	44:33	Adam Tooby-Desmond		Male	97	46:20	116
118	761	44:35	Jonah Munday		Male	98	46:25	119
119	927	44:36	David Rootes	Royston Runners	Male	99	46:23	117
120	1035	44:40	Angus Sutherland		Male	100	46:29	120
121	265	44:43	Martin Crisp		Male	101	46:32	123
122	72	44:46	Philip Balbirnie		Male	102	46:30	121
123	593	44:46	John Kell		Male	103	46:31	122
124	1088	44:48	James Varndell		Male	104	46:38	125
125	1301	44:50	Pablo Alcon		Male	105	46:43	127
126	579	44:53	Aiden Jones		Male	106	46:37	124
127	1408	44:53	Alex Burgess		Male	107	46:41	126
128	719	44:58	Natasha Michael		Female	21	45:02	91
129	708	45:03	Robert McKiernan		Male	108	46:57	131
130	1279	45:05	Martin Smith		Male	109	46:54	128
131	39	45:11	Caner Altinbasak		Male	110	46:56	129
132	75	45:12	Grzegorz Banas		Male	111	46:56	130
133	1464	45:19	Valeriy Proklov		Male	112	49:17	160
134	1331	45:22	Rachel Jones		Female	22	47:10	133
135	1081	45:25	Helen Turner		Female	23	47:11	134
136	667	45:32	Alistair MacNair		Male	113	47:22	135
137	937	45:34	James Rutland	Cambridge & Coleridge AC	Male	114	52:11	229
138	1274	45:37	Tinho Ng		Male	115	51:39	218
139	1321	45:40	Craig Hardingham		Male	116	49:34	168
140	994	45:44	Darren Smith		Male	117	47:34	137

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
141	345	45:44	Kenneth Egan		Male	118	47:33	136
142	100	45:48	Chris Bentley		Male	119	47:42	138
143	500	45:51	David Hender	Norwich Road Runners	Male	120	49:34	167
144	1082	46:12	Mary Twitchett	Cambridge & Coleridge AC	Female	24	49:57	172
145	1385	46:15	Milka Horozova		Female	25	48:08	140
146	1439	46:17	Richard Batley		Male	121	48:10	141
147	1338	46:17	Julia Moreno-Vicente		Female	26	48:04	139
148	155	46:26	Claire Brown		Female	27	48:18	144
149	1456	46:27	Frederick Fisk		Male	122	48:17	142
150	71	46:29	Amy Balaam	Bure Valley Harriers	Female	28	48:22	145
151	915	46:31	Lydia Roberts		Female	29	48:17	143
152	958	46:31	Martin Scutt		Male	123	48:25	147
153	763	46:37	Siobhan Munnelly		Female	30	48:23	146
154	1276	46:41	Mickael Puaud		Male	124	50:40	189
155	111	46:45	Ron Bloomfield		Male	125	48:32	148
156	885	46:45	Jack Reakes		Male	126	50:30	184
157	460	46:46	Richard Haigh	SOUTH LEEDS LAKERS RUNNING CLUB	Male	127	48:37	150
158	214	46:49	Michael Clark		Male	128	48:36	149
159	1363	46:50	Laura Brewington	Grange Farm & Dunmow Runners	Female	31	48:38	151
160	798	46:51	Tom Page		Male	129	48:39	152
161	1327	46:52	Amelie Ilieva		Female	32	50:40	188
162	117	46:55	Jonathan Bonnett		Male	130	48:45	153
163	434	46:56	Stephanie Gover		Female	33	48:45	154
164	461	46:57	Michael Haigh		Male	131	48:48	155
165	179	46:57	Benjamin Cairns		Male	132	50:47	193
166	379	47:07	Steven Fleet		Male	133	50:53	196
167	405	47:09	Shelley Frost		Female	34	48:57	156
168	1135	47:09	Calum Williams		Male	134	50:54	197
169	971	47:10	Eleanor Sheekey		Female	35	48:58	157
170	501	47:14	Nicholad Hewitt		Male	135	49:00	158
171	259	47:16	James Crawford		Male	136	51:08	206
172	1387	47:18	Ruby Jordan		Female	36	51:07	203
173	1435	47:19	Evelina Snezko		Female	37	49:06	159
174	512	47:22	Matthew Hoare		Male	137	51:13	207
175	62	47:27	Christyn Bailey		Male	138	51:18	211
176	1395	47:30	Keshav Raghavan		Male	139	49:20	161
177	1402	47:31	Michael Windmill		Male	140	49:24	163
178	468	47:35	Fiona Halls		Female	38	49:21	162
179	759	47:40	Sophie Munday		Female	39	49:30	165
180	19	47:43	Anna Gardner		Female	40	49:29	164
181	1200	47:43	Joanna Green		Female	41	49:32	166
182	1297	47:46	Tsveta Milenkova		Female	42	51:33	214
183	1197	47:47	Katherine Fleming		Female	43	51:34	216
184	458	47:49	Robert Haggart	Ely Runners	Male	141	49:37	169
185	337	47:49	Chris Dye		Male	142	51:36	217
186	1325	47:53	Philip Hutchinson		Male	143	51:42	219
187	317	47:54	Alex Dopadlik		Male	144	49:41	170
188	699	47:54	Sophie McDougall		Female	44	51:44	220
189	12	47:55	Kyoko Canaway		Female	45	51:45	221
190	622	48:02	Partha Lal		Male	145	51:46	222
191	686	48:02	Bryan Matthews		Male	146	54:22	282
192	166	48:07	Sherilyn Bunn		Female	46	49:58	173
193	233	48:09	Mark Collins	Great Yarmouth Road Runners	Male	147	50:00	174
194	437	48:10	Kelly-Marie Grant		Female	47	49:57	171
195	392	48:15	Zak Foster		Male	148	52:18	230
196	1425	48:17	Fiona Mutter		Female	48	50:04	175
197	1203	48:19	Leia Judge		Female	49	50:09	176
198	1277	48:19	Abid Riaz		Male	149	52:02	226
199	1210	48:21	Roberto Montagna		Male	150	50:15	179
200	1396	48:25	Nicholas Rathbone		Male	151	52:31	232
201	1188	48:26	Constantin Blank		Male	152	52:10	228
202	1084	48:27	Laura Upstone		Female	50	50:15	178
203	399	48:28	Robin Francis		Male	153	50:19	180
204	1383	48:36	Daniel Holland		Male	154	50:26	182
205	502	48:37	Jackie Hey		Female	51	50:23	181
206	498	48:39	Jade Hellett		Female	52	52:41	235
207	1049	48:41	Julia Thomas		Female	53	50:33	185
208	61	48:41	Morgan Bacon		Male	155	52:37	234
209	1264	48:43	A Lamprineas		Male	156	50:38	187
210	716	48:45	Jack Melling		Male	157	50:30	183

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
211	959	48:47	Richard Seamark		Male	158	50:35	186
212	151	48:47	Matthew Broome		Male	159	52:45	239
213	139	48:48	Chris Brent		Male	160	52:46	240
214	163	48:51	Mike Bull		Male	161	50:42	191
215	1452	48:52	Harry Sanderson		Male	162	52:43	237
216	336	48:52	Lisa Dwane		Female	54	50:44	192
217	40	48:55	Libby Ambrose		Female	55	50:41	190
218	1272	48:59	Stephen Molloy		Male	163	50:50	195
219	279	49:00	Tim Daniels		Male	164	52:43	236
220	683	49:00	Jeff Massey		Male	165	52:43	238
221	1191	49:01	Mike Brentnall	Cambridge & Coleridge AC	Male	166	53:07	245
222	99	49:03	Dan Bentley		Male	167	50:49	194
223	1463	49:03	Matthew Wienand		Male	168	53:01	243
224	712	49:05	Joe McMullen		Male	169	50:58	199
225	1432	49:07	Matthew Shaul		Male	170	53:05	244
226	726	49:08	Michael Mills		Male	171	52:52	241
227	98	49:10	Martin Bell		Male	172	50:56	198
228	1420	49:10	Mathew Jones		Male	173	52:57	242
229	80	49:12	Kitty Barker		Female	56	51:03	202
230	178	49:14	Rose Cahill		Female	57	50:59	200
231	926	49:15	Emily Rogers	Stowmarket Striders RC	Female	58	51:03	201
232	904	49:16	John Richer		Male	174	51:07	204
233	1404	49:24	Mark Joyce		Male	175	51:07	205
234	292	49:24	Antony Davies		Male	176	51:19	212
235	634	49:25	Sarah Laws		Female	59	53:10	246
236	721	49:25	Andrew Milford		Male	177	53:11	247
237	1345	49:26	Eamonn Rogan		Male	178	51:17	210
238	504	49:27	Lara Hey		Female	60	51:13	208
239	857	49:27	Luke Prior		Male	179	53:20	252
240	807	49:28	Andrew Parker		Male	180	51:15	209
241	679	49:28	Gillian Martin		Female	61	53:21	253
242	148	49:30	Samuel Brookes		Male	181	51:21	213
243	450	49:32	Hayden Gribble		Male	182	53:17	250
244	829	49:33	Neil Perrin		Male	183	53:17	249
245	813	49:36	Tom Paterson		Male	184	53:22	254
246	668	49:36	Jennie Maher		Female	62	53:22	255
247	1053	49:40	Scott Thompson		Male	185	53:33	258
248	1236	49:40	Sean Devenish		Male	186	53:41	262
249	1443	49:41	Louise Garner		Female	63	53:28	257
250	1444	49:41	Ali Garner		Male	187	53:28	256
251	441	49:46	Nathan Graves		Male	188	53:46	264
252	1337	49:48	Monika Mordyl		Female	64	51:33	215
253	1251	49:49	David Durand-Delacre		Male	189	53:36	259
254	1089	49:54	Vilma Vensloviene	Thetford Ac	Female	65	53:43	263
255	620	49:55	Nino Läubli		Male	190	53:38	260
256	1449	49:56	Robert Green		Male	191	53:39	261
257	507	49:57	Eden Hildreth		Female	66	51:49	223
258	613	49:59	Adam Kitching		Male	192	51:52	224
259	1226	49:59	Ben Tubby		Male	193	53:53	270
260	1322	50:00	Robert Heylen		Male	194	53:52	268
261	788	50:00	Susan O'Farrell	Royston Runners	Female	67	53:52	269
262	1169	50:01	Robert Yan		Male	195	51:56	225
263	1227	50:02	Kerry Tubby		Female	68	53:56	272
264	890	50:05	Cristian Regep		Male	196	53:51	267
265	295	50:07	Guy Davis		Male	197	54:01	275
266	172	50:09	Lara Busby		Female	69	50:09	177
267	1134	50:09	Jack Williams		Male	198	54:01	276
268	1228	50:10	Leo Vaca		Male	199	54:00	273
269	649	50:15	Jonny Lister		Male	200	54:01	274
270	1263	50:18	Steve Lamb		Male	201	52:07	227
271	1289	50:19	Georgina Wilson		Female	70	54:05	278
272	218	50:19	Charlie Clarke		Male	202	54:03	277
273	288	50:25	Romola Davenport		Female	71	54:12	279
274	1294	50:25	Michael Binks		Male	203	56:10	337
275	855	50:27	Shaun Prince		Male	204	56:25	346
276	36	50:27	Barry Allen	Lonely Goat Athletics Club	Male	205	54:17	280
277	858	50:33	Tim Pritchard		Male	206	54:24	283
278	770	50:34	Tim Naughton		Male	207	52:25	231
279	580	50:36	Alan Jones	Saffron Striders RC	Male	208	54:41	293
280	976	50:38	Garry Shortall		Male	209	54:37	288

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
281	878	50:38	Louise Ramsay		Female	72	54:21	281
282	1446	50:40	Steven Hirst		Male	210	52:33	233
283	15	50:43	Mark Barnes		Male	211	54:28	284
284	887	50:44	Luke Reeve		Male	212	54:40	292
285	1061	50:46	R Tooby-Desmond		Female	73	54:29	285
286	1143	50:48	Tim Wingfield		Male	213	54:32	286
287	757	50:48	Barry Mullins		Male	214	54:33	287
288	983	50:50	Andrew Sillett		Male	215	54:57	300
289	1252	50:54	Liz Forbes		Female	74	54:40	291
290	206	50:54	Patrick Chappel		Male	216	54:38	289
291	988	50:55	Claire Sleep		Female	75	54:40	290
292	213	50:56	Heidi Clark		Female	76	54:44	295
293	1431	50:57	Camille Scalliet		Female	77	54:41	294
294	230	50:57	Lise Collet		Female	78	55:02	305
295	1092	50:58	Oli Wade		Male	217	54:55	299
296	335	50:58	Carol Dutton	Royston Runners	Female	79	54:49	296
297	604	50:58	Lewis Kidman		Male	218	54:52	297
298	1411	51:07	Francesca Cascella		Female	80	55:07	308
299	1381	51:08	Andreas Hauptmann		Male	219	55:04	307
300	837	51:09	Lucy Pink		Female	81	54:52	298
301	239	51:10	Duncan Conway		Male	220	55:21	314
302	373	51:12	Helen Findley		Female	82	55:08	309
303	1405	51:12	Paula Reading		Female	83	54:59	303
304	224	51:13	Miguel Coelho		Male	221	54:58	301
305	840	51:15	Chris Pointon		Male	222	55:24	316
306	1244	51:17	Robert Christmas		Male	223	54:59	304
307	190	51:20	Leon Carrara		Male	224	55:17	313
308	1367	51:20	Rory Cockshaw		Male	225	55:24	317
309	1170	51:24	Li-Hsuan Yen		Male	226	55:27	318
310	205	51:24	Nicholas Chapman		Male	227	53:15	248
311	934	51:25	Jennifer Ruggier		Female	84	55:08	310
312	16	51:26	James Folkes		Male	228	55:15	312
313	1366	51:29	Mitchell Chiew		Male	229	55:38	323
314	619	51:29	Darius Kosmã¼tzky		Male	230	55:38	324
315	933	51:30	Peter Rugg		Male	231	53:19	251
316	650	51:30	Pete Liston		Male	232	55:33	322
317	200	51:34	Sarah Chamberlain		Female	85	55:31	320
318	150	51:35	Martyn Brooks		Male	233	55:32	321
319	805	51:42	Richard Panter		Male	234	55:30	319
320	1229	51:53	Harrison Vine		Male	235	53:47	266
321	1187	51:54	Alice Bittleston		Female	86	53:47	265
322	1455	51:56	Chris Hooper		Male	236	56:05	333
323	428	51:56	Rosalind Goddard		Female	87	57:49	390
324	157	51:59	Charlotte Brown		Female	88	55:48	326
325	1389	52:02	Simon Nicholls	Lonely Goat Athletics Club	Male	237	56:00	330
326	248	52:03	Bob Cope		Male	238	56:11	338
327	1194	52:04	Sarah Consonni		Female	89	53:55	271
328	1141	52:04	Anne-Marie Wilson		Female	90	55:50	327
329	1116	52:06	Sandra Westgate	Harlow RC	Female	91	56:08	334
330	101	52:06	Mark Bentley	Harlow RC	Male	239	56:09	335
331	113	52:09	Graham Bodenham		Male	240	55:53	328
332	836	52:12	Zoe Pillinger		Female	92	55:55	329
333	936	52:14	Malcolm Rust		Male	241	56:02	331
334	65	52:15	Sarah Baker		Female	93	56:02	332
335	1424	52:21	Frances Marsh		Female	94	56:13	339
336	1438	52:23	Eachan Johnson		Male	242	58:12	401
337	1086	52:25	Jacobus Van Der Poel	Harlow RC	Male	243	56:28	349
338	340	52:25	Sam Eastwood		Male	244	56:19	340
339	532	52:27	Martin Howe		Male	245	56:36	353
340	465	52:27	David Hall	Stilton Striders	Male	246	56:24	341
341	89	52:28	James Barwise		Male	247	56:25	344
342	977	52:30	Adam Shortland		Male	248	56:41	358
343	1329	52:31	Julia Jeans		Female	95	56:38	354
344	725	52:32	Chloe Miller		Female	96	58:53	417
345	550	52:33	James Ireland		Male	249	56:26	347
346	1231	52:33	John White		Male	250	56:24	342
347	232	52:33	Martin Collins		Male	251	56:24	343
348	127	52:34	Lyuba Bozhilova		Female	97	56:25	345
349	204	52:35	Caroline Chapman		Female	98	56:43	360
350	171	52:37	John Burton		Male	252	56:26	348

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
351	112	52:38	Aaron Blowers		Male	253	56:34	351
352	555	52:43	James Jackson		Male	254	56:32	350
353	22	52:46	Katherine Hodson		Female	99	56:38	355
354	1355	52:47	Steph Ward		Female	100	56:46	361
355	410	52:47	Jamie Gane		Male	255	58:35	406
356	403	52:49	Joe Freestone		Male	256	56:42	359
357	1030	52:50	Kristine Stukle		Female	101	56:39	356
358	374	52:51	Malcolm Finn		Male	257	56:35	352
359	717	52:52	Guy Mendonck		Male	258	56:47	362
360	742	52:53	Andrew Moore		Male	259	56:41	357
361	463	52:58	Marc Halford		Male	260	57:06	369
362	31	52:58	Cyril Adjei		Male	261	56:51	363
363	874	53:02	Stephanie Pym		Female	102	57:09	371
364	571	53:03	Georgia Johnson		Female	103	57:01	366
365	485	53:06	Hilary Hawthorne		Female	104	56:54	364
366	296	53:08	Lorrain Dawson	Great Yarmouth Road Runners	Female	105	54:58	302
367	431	53:09	Sarah Gomme	Fordy Runs	Female	106	57:05	368
368	892	53:11	Phil Reid	Royston Runners	Male	262	57:00	365
369	1165	53:11	Ian Wright		Male	263	57:03	367
370	1465	53:17	Anna Ivanova		Female	107	57:15	373
371	1258	53:18	Eleanor Hughes		Female	108	57:20	375
372	1429	53:18	Stephen Roseblade		Male	264	57:21	378
373	584	53:18	Marcin Kaminski		Male	265	57:06	370
374	1243	53:21	Sean Cadman		Male	266	57:26	379
375	547	53:21	Carin Ingemarsdotter		Female	109	55:13	311
376	747	53:22	Alberto Moreno		Male	267	57:27	381
377	1316	53:24	Fiona Fuller		Female	110	57:20	377
378	844	53:25	Patricia Poole		Female	111	57:36	385
379	132	53:26	David Brailsford		Male	268	55:21	315
380	1373	53:28	Alan Dodds		Male	269	57:15	372
381	746	53:30	Annette Moran		Female	112	57:17	374
382	438	53:31	Alex Grant		Male	270	57:20	376
383	318	53:31	Tom Dowdall		Male	271	57:28	383
384	694	53:31	Lisa McCarthy		Female	113	59:24	438
385	106	53:31	A Bjork Jonsdottir		Female	114	57:27	382
386	1371	53:36	Rohit Dayama	Bishop's Stortford Running Clu	Male	272	57:45	388
387	1110	53:38	Christopher Watson		Male	273	57:42	387
388	953	53:39	Jane Schultz		Female	115	57:32	384
389	451	53:41	Mark Griffin		Male	274	57:27	380
390	59	53:42	Chris Ayliffe		Male	275	57:51	392
391	645	53:46	Marcus Lill		Male	276	57:47	389
392	1441	53:47	Rebecca Atkinson		Female	116	55:41	325
393	1269	53:48	Chris Martin		Male	277	57:42	386
394	138	54:00	Christopher Branford		Male	278	59:53	451
395	301	54:00	Gisela De Jong		Female	117	57:59	395
396	396	54:01	Antony Fox		Male	279	57:50	391
397	1090	54:03	Ben Virtue		Male	280	57:53	394
398	1265	54:04	Clare Lawrence		Female	118	58:10	399
399	247	54:04	Todd Cooper		Male	281	58:01	396
400	525	54:04	Paul Horton		Male	282	58:12	400
401	989	54:05	Joe Sloan		Male	283	57:53	393
402	1326	54:06	Eleanor Hydleman		Female	119	58:07	397
403	1254	54:19	Oliver Harris		Male	284	56:10	336
404	765	54:26	Vikki Murphy		Female	120	58:09	398
405	1283	54:26	Maria Swift	Fairlands Valley Spartans	Female	121	58:25	403
406	526	54:27	Jessica Horton		Female	122	58:35	407
407	1382	54:27	Naomi Hayman		Female	123	58:34	405
408	18	0:54:28	Toshio Kanda		Male	285	1:00:23	468
409	985	54:28	Hannah Simpson		Female	124	58:21	402
410	1031	54:40	Rachel Rissbrook		Male	286	58:50	413
411	834	54:41	Keith Phillips		Male	287	58:52	415
412	293	0:54:41	Ryan Davies		Male	288	1:00:30	475
413	1361	54:41	Jon Bennett		Male	289	58:51	414
414	223	54:42	Shannon Cody		Female	125	58:36	409
415	391	0:54:42	Kate Forbes	Alchester Running Club	Female	126	1:00:49	490
416	281	54:43	Graham Darling		Male	290	58:35	408
417	303	54:44	Emma De Vries		Female	127	58:33	404
418	1375	54:46	Iain Entwistle		Male	291	58:46	411
419	133	54:47	Helen Brailsford		Female	128	58:37	410
420	216	54:48	Andrew Clark		Male	292	58:58	420

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
421	1324	54:54	Jonathan Hunter		Male	293	58:59	422
422	1195	54:57	Roxanne De Beaux		Female	129	58:53	416
423	745	54:58	Jon Moore		Male	294	58:48	412
424	835	55:00	Jonathan Pilgrim		Male	295	58:58	421
425	1360	55:01	Christophe Amez		Male	296	58:56	419
426	499	55:02	Zoe Hemsley	Wootton Road Runners	Female	130	59:13	425
427	1298	0:55:03	Paul Mansfield		Male	297	1:00:50	493
428	1380	55:03	Nick Harthan		Male	298	55:03	306
429	1103	55:05	Theana Warden		Female	131	58:54	418
430	86	55:05	Lucy Barrett		Female	132	59:13	426
431	243	55:10	Julia Coonan		Female	133	59:03	423
432	1112	55:10	Jack Weatherly		Male	299	59:16	431
433	125	55:10	Lucy Bowns		Female	134	59:16	432
434	1149	55:17	Rui Wood		Female	135	59:07	424
435	199	55:18	Rachel Challis		Female	136	59:23	436
436	415	55:19	Katie Gaster		Female	137	59:17	433
437	46	0:55:20	Ivan Angulo		Male	300	1:01:07	501
438	484	55:20	Maira Hassett		Female	138	59:27	440
439	158	55:21	Dani Bruinsma		Female	139	59:14	428
440	250	55:22	Gemma Corfe		Female	140	59:14	430
441	313	55:24	Paul Dobinson		Male	301	59:14	427
442	473	55:25	Louisa Handscombe		Female	141	59:33	445
443	496	55:26	Mark Heider		Male	302	59:14	429
444	1184	55:26	Rachel Bates		Female	142	59:30	443
445	260	55:28	Anna Creedon		Female	143	59:23	435
446	816	55:28	Sophie Patman		Female	144	59:23	434
447	969	55:28	Anna Shannon		Female	145	59:30	442
448	912	55:31	Alison Roberts	Royston Runners	Female	146	59:30	441
449	1142	55:34	Simon Wingfield		Male	303	59:35	446
450	884	55:38	Frank Reakes		Male	304	59:23	437
451	995	55:38	Sophia Smith		Female	147	59:26	439
452	1437	55:39	Laura Wiselka	Serpentine RC	Female	148	59:40	448
453	942	55:40	Yasmine Saito		Female	149	59:31	444
454	241	0:55:42	Gary Cook		Male	305	1:01:34	515
455	1123	55:43	Mark Whitehead	Meridian Tri Club	Male	306	59:36	447
456	952	55:48	E Schofield		Male	307	59:41	449
457	905	55:49	Steve Riley	Uk Netrunner	Male	308	59:53	452
458	304	0:55:56	Christopher Deane		Male	309	1:01:42	518
459	41	0:55:57	Lauryn Anderson		Female	150	1:01:42	519
460	282	56:00	Julia Darling		Female	151	59:52	450
461	129	56:02	Freya Bradley		Female	152	59:58	453
462	1457	0:56:03	Andy Earp		Male	310	1:01:49	523
463	1097	0:56:03	Louise Walport		Female	153	1:01:52	526
464	1317	0:56:07	Beronia Gorges		Female	154	1:00:07	456
465	1398	0:56:08	Robert Squire		Male	311	1:00:07	455
466	614	0:56:11	Ece Kizil-Herbaux		Female	155	1:00:12	457
467	1454	0:56:12	Raina Jia		Female	156	1:00:16	461
468	1157	0:56:12	Paul Worman		Male	312	1:00:14	458
469	257	0:56:14	Tim Crane		Male	313	1:00:21	464
470	833	0:56:14	Jennifer Phillips		Female	157	1:02:00	527
471	344	0:56:15	Annabel Edwards		Female	158	1:00:21	465
472	1019	0:56:15	Rich Stevens	BRJ Run and Tri	Male	314	1:02:19	535
473	821	0:56:15	Bob Peacock		Male	315	1:00:06	454
474	1362	0:56:15	Jonathan Beyer		Male	316	1:00:20	462
475	1260	0:56:16	Kshitij Jadhav		Male	317	1:00:15	459
476	94	0:56:17	Alex Bean		Male	318	1:00:20	463
477	843	0:56:18	Gemma Ponting		Female	159	1:00:22	466
478	1201	0:56:18	Rachel Heylen		Female	160	1:00:25	470
479	1257	0:56:19	Nicola Heylen		Female	161	1:00:26	472
480	1291	0:56:19	Gordon Yeung		Male	319	1:02:21	536
481	578	0:56:22	Gareth Jones		Male	320	1:02:22	539
482	154	0:56:22	Chris Brown		Male	321	1:02:21	537
483	582	0:56:24	Piotr Jung		Male	322	1:00:24	469
484	1346	0:56:24	Thomas Rogan		Male	323	1:02:09	531
485	782	0:56:24	Kayley Norman		Female	162	1:00:25	471
486	364	0:56:25	Ryan Farrow		Male	324	1:00:26	473
487	891	0:56:26	Carolyn Reid		Female	163	1:00:15	460
488	487	0:56:26	Gareth Hayman		Male	325	1:00:23	467
489	201	0:56:27	Ya Lan Chang	Vegan Runners UK	Female	164	1:00:37	480
490	831	0:56:29	Louisa Phillips		Female	165	1:00:33	477

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
491	861	0:56:31	Graeme Proudfoot		Male	326	1:02:35	545
492	862	0:56:31	Henry Proudfoot		Male	327	1:02:35	544
493	1107	0:56:31	Jasper Warwick		Male	328	1:00:37	479
494	249	0:56:33	Nicole Copeland		Female	166	1:02:22	538
495	1453	0:56:36	Merel Van Schooten		Female	167	1:00:33	476
496	534	0:56:36	Yi-Ting Hsu		Female	168	1:00:34	478
497	564	0:56:37	Jane Jenner		Female	169	1:00:48	487
498	217	0:56:39	Richard Clarke		Male	329	1:02:31	541
499	9	0:56:42	Connie Rogers		Female	170	1:00:49	491
500	594	0:56:42	Steven Kendall		Male	330	1:00:45	483
501	264	0:56:43	Ann Crisp		Female	171	1:00:45	484
502	939	0:56:44	Alexander Sage		Male	331	1:00:29	474
503	1008	0:56:44	Hannah Stanley-Jones		Female	172	1:00:52	495
504	598	0:56:44	Mark Kermez		Male	332	1:00:49	492
505	1028	0:56:47	Penny Streatfeild		Female	173	1:00:47	485
506	872	0:56:48	Sally Purcell	Lonely Goat Athletics Club	Female	174	1:00:51	494
507	760	0:56:50	Stephen Munday		Male	333	1:01:00	499
508	735	0:56:51	Bev Misik		Female	175	1:00:41	481
509	366	0:56:53	Suzanne Favell		Female	176	1:02:37	546
510	245	0:56:55	Elisa Cooper		Female	177	1:02:59	553
511	459	0:56:55	Claire Haggart	Ely Runners	Female	178	1:00:42	482
512	67	0:56:56	Hannah Baker		Female	179	1:00:57	496
513	237	0:56:56	Shauna Concannon		Female	180	1:00:57	497
514	1096	0:56:58	Simon Wallace	Bishops Stortford RC	Male	334	1:00:48	488
515	338	0:56:58	Lisa Dyer		Female	181	1:00:48	486
516	1335	0:56:59	Pamela Lovick		Female	182	1:00:49	489
517	1121	0:57:01	Vanessa White		Female	183	1:00:59	498
518	389	0:57:07	Trinidad Fontiveros		Female	184	1:01:08	502
519	1193	0:57:09	Nicky Clarkson		Female	185	1:01:06	500
520	1287	0:57:10	Clara Velazquez		Female	186	1:01:09	503
521	1336	0:57:13	Luke Micallef		Male	335	1:03:06	556
522	424	0:57:14	Christine Gilbert		Female	187	1:03:11	558
523	297	0:57:15	Rob Dawson		Male	336	1:01:17	504
524	596	0:57:15	Helen Kensett		Female	188	1:01:22	505
525	1223	0:57:19	Julian Stenhouse		Male	337	1:03:03	554
526	559	0:57:21	Charlotte Jarman		Female	189	1:03:20	562
527	432	0:57:21	Moyna Good		Female	190	1:03:04	555
528	462	0:57:21	Elizabeth Haines		Female	191	1:01:26	509
529	35	0:57:21	Tegan Allard-Austin		Female	192	1:03:09	557
530	558	0:57:24	Loubna Jaoui		Female	193	1:01:24	507
531	176	0:57:28	Samantha Byers	St Neots Riverside Runners	Female	194	1:01:23	506
532	1181	0:57:29	James Lowe		Male	338	1:01:29	512
533	1266	0:57:29	Alexander James Loy		Male	339	1:01:29	511
534	357	0:57:29	Lauren Exell		Female	195	1:01:25	508
535	1290	0:57:31	Chloe Woolgar-O'Neil		Female	196	1:03:36	569
536	533	0:57:33	Jennifer Howes		Female	197	1:01:29	510
537	600	0:57:41	Sue Kerr		Female	198	1:01:51	524
538	599	0:57:42	Simon Kerr		Male	340	1:01:51	525
539	1353	0:57:42	Tariq Veja		Male	341	1:01:35	516
540	1160	0:57:42	Claire Worth		Female	199	1:01:47	520
541	830	0:57:43	Cameron Petrie		Male	342	1:01:31	514
542	1248	0:57:44	Greg Dryer		Male	343	1:01:30	513
543	256	0:57:50	Ian Cox		Male	344	1:01:35	517
544	417	0:57:53	Meg Gentle		Female	200	1:01:48	521
545	1017	0:57:58	Susan Stearn		Female	201	1:03:50	571
546	516	0:58:00	Y Hollander De Groot		Female	202	1:02:01	528
547	1451	0:58:01	Andrew Smith		Male	345	1:02:04	529
548	639	0:58:01	Penny Lees		Female	203	1:02:04	530
549	1111	0:58:02	Claudia Watson	Burnham Joggers	Female	204	1:01:48	522
550	1136	0:58:08	Gemma Williamson		Female	205	1:04:05	575
551	1018	0:58:08	Gary Steele		Male	346	1:03:52	572
552	60	0:58:15	Aybuke Kupcu Yoldas		Female	206	1:04:00	573
553	1250	0:58:19	Charles Dunn		Male	347	1:04:13	577
554	43	0:58:19	Isabelle Anderson		Female	207	1:04:06	576
555	275	0:58:19	Vincenzo Curto		Male	348	1:02:14	534
556	1406	0:58:21	Jalanie D'alessandro		Male	349	1:04:04	574
557	644	0:58:21	Jeremy Lewis		Male	350	1:04:40	584
558	973	0:58:22	Hannah Sherry		Female	208	1:02:14	533
559	430	0:58:23	Victoria Golden		Female	209	1:02:33	543
560	1368	0:58:24	Maxine Copland		Female	210	1:02:13	532

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
561	632	0:58:26	Matthew Lavender		Male	351	1:04:21	578
562	271	0:58:36	Kaitlin Cunningham		Female	211	1:02:37	547
563	1005	0:58:36	Sarah Stack		Female	212	1:02:27	540
564	688	0:58:37	Richard Matthews		Male	352	1:04:36	582
565	283	0:58:37	Malcolm Darvill		Male	353	1:04:24	579
566	469	0:58:37	Sarah Hamilton		Female	213	1:02:43	550
567	6	0:58:38	Leila Ferraby		Female	214	1:04:35	581
568	741	0:58:40	Steve Moore		Male	354	1:04:27	580
569	1036	0:58:42	Karen Symonds		Female	215	1:02:32	542
570	187	0:58:43	Natalie Carr		Female	216	1:02:41	549
571	291	0:58:43	Briony Davies		Female	217	1:02:39	548
572	1448	0:58:43	Mike Adamson		Male	355	1:04:58	590
573	1146	0:58:44	Karoline Woie		Female	218	1:04:38	583
574	365	0:58:51	Viviana Fascianella		Female	219	1:02:47	551
575	1127	0:58:52	Zoe Wigan		Female	220	1:04:53	586
576	44	0:58:55	Heather Anderson		Female	221	1:02:49	552
577	791	0:59:06	Lucie Olivier		Female	222	1:03:13	559
578	1182	0:59:10	Katy Astley		Female	223	1:05:02	592
579	1115	0:59:12	Louise Westbury		Female	224	1:03:18	560
580	999	0:59:12	Rebecca Sole		Female	225	1:03:18	561
581	832	0:59:13	Jennifer Phillips		Female	226	1:04:58	589
582	315	0:59:13	Stephanie Dolling	Headington RR	Female	227	1:05:06	593
583	1349	0:59:18	Euan Stirling		Male	356	1:05:24	595
584	738	0:59:19	Elaine Molton		Female	228	1:05:26	596
585	68	0:59:20	Susie Baker		Female	229	1:03:23	564
586	930	0:59:20	Johan Rott		Male	357	1:03:23	563
587	1286	0:59:28	Ieva Vasiljeva		Female	230	1:03:32	567
588	914	0:59:29	Ian Roberts		Male	358	1:05:14	594
589	665	0:59:30	Emma MacIntosh		Female	231	1:03:32	566
590	1273	0:59:30	Liam Morgan		Male	359	1:03:33	568
591	519	0:59:32	Stuart Holman		Male	360	1:05:39	602
592	1059	0:59:32	Gloria Tobajas		Female	232	1:03:32	565
593	1038	0:59:37	Elmar Talibzade		Male	361	1:05:29	597
594	343	0:59:48	Joanne Edwards		Female	233	1:03:47	570
595	1156	0:59:50	Joanna Woods		Female	234	1:05:56	609
596	1278	0:59:51	Shemma Scriven		Female	235	1:05:53	607
597	1466	0:59:53	Ella Towers		Female	236	1:05:38	600
598	1461	0:59:57	Katie Moore		Female	237	1:05:48	605
599	576	0:59:59	Jonathan D Jones		Male	362	1:05:49	606
600	1220	1:00:01	Kathleen Santos		Female	238	1:05:46	604
601	1391	1:00:01	Barnabas Perenyei		Male	363	1:05:46	603
602	867	1:00:04	Marie Prum		Female	239	1:05:57	610
603	334	1:00:04	Charles Duro		Male	364	1:05:57	611
604	404	1:00:06	Eddie Freestone		Male	365	1:06:10	618
605	880	1:00:08	David Rayner		Male	366	1:05:55	608
606	602	1:00:11	Alice Khan		Female	240	1:05:58	613
607	624	1:00:11	Dale Langham		Male	367	1:05:58	612
608	707	1:00:19	Elizabeth McKiernan		Female	241	1:06:10	617
609	376	1:00:23	Anna Fisher		Female	242	1:06:06	616
610	1247	1:00:23	Jane Dennett-Thorpe		Female	243	1:06:13	622
611	1148	1:00:29	Vida Wong		Female	244	1:06:38	629
612	1249	1:00:34	Natasha Dumonteil		Female	245	1:06:52	635
613	323	1:00:37	Amelia Drew		Female	246	1:06:32	625
614	1354	1:00:39	Bianca Voicu		Female	247	1:06:28	623
615	711	1:00:39	Richard McMahan		Male	368	1:06:40	630
616	160	1:00:40	Clara Buckingham		Female	248	1:06:31	624
617	612	1:00:46	Nicholas Kirkham		Male	369	1:06:45	632
618	554	1:00:48	Benjamin Jackson		Male	370	1:06:36	626
619	1178	1:00:48	Yunhui Zhuang		Female	249	1:06:36	627
620	378	1:00:48	Niamh Flanagan		Female	250	1:06:37	628
621	980	1:00:49	Rachael Siddons		Female	251	1:04:57	588
622	1044	1:00:49	Rebecca Taylor		Female	252	1:04:57	587
623	1006	1:00:51	Graham Stanbury		Male	371	1:06:50	634
624	1386	1:00:53	Alicia Hussey		Female	253	1:06:55	638
625	799	1:00:56	Stephanie Pagio		Female	254	1:04:58	591
626	1202	1:00:56	Zhening Huang		Male	372	1:06:42	631
627	729	1:01:04	Toby Milne-Clark		Male	373	1:06:55	637
628	1119	1:01:05	Martin Whelan		Male	374	1:04:48	585
629	1027	1:01:08	Steve Strachan		Male	375	1:06:53	636
630	997	1:01:09	Tamsin Smyth		Female	255	1:07:08	642

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
631	642	1:01:13	Patrick Lewis		Male	376	1:07:00	639
632	962	1:01:14	Marco Sejak		Male	377	1:07:16	648
633	893	1:01:15	Peter Reidel		Male	378	1:07:05	640
634	1122	1:01:16	Stewart White	Saint Edmund Pacers	Male	379	1:07:12	644
635	141	1:01:16	Dereck Brett		Male	380	1:07:12	645
636	947	1:01:18	Fern Saunders		Female	256	1:07:06	641
637	1403	1:01:18	Angela Wright	Cambridge & Coleridge AC	Female	257	1:07:29	653
638	210	1:01:21	Victoria Churchward		Female	258	1:07:17	649
639	1218	1:01:22	Dominic Richmond		Male	381	1:07:33	655
640	1253	1:01:23	Lisa Gavigan		Female	259	1:07:10	643
641	1014	1:01:23	Matt Starace		Male	382	1:07:33	654
642	1015	1:01:23	Laura Starace		Female	260	1:07:33	656
643	1013	1:01:23	Giuseppe Starace		Male	383	1:07:33	657
644	615	1:01:24	Caroline Kluckow		Female	261	1:07:22	650
645	1285	1:01:25	Andra Udrea		Female	262	1:07:15	646
646	672	1:01:29	Theodora Markati		Female	263	1:05:39	601
647	753	1:01:32	Rosa Mottershead		Female	264	1:07:37	661
648	1467	1:01:36	Francesca Melle		Female	265	1:07:45	663
649	143	1:01:37	Kristina Bright	Haverhill Running Club	Female	266	1:07:24	651
650	354	1:01:37	Una Elsy		Female	267	1:05:32	598
651	963	1:01:39	Robert Selleck		Male	384	1:07:26	652
652	446	1:01:45	Hannah Green		Female	268	1:07:59	665
653	5	1:01:45	Louise Dexter		Female	269	1:07:34	658
654	97	1:01:45	Shelley Belgrove		Female	270	1:07:59	666
655	682	1:01:46	Hannah Massey		Female	271	1:07:36	660
656	583	1:01:48	Eba Kamaly		Female	272	1:07:36	659
657	181	1:01:52	Malcolm Campbell		Male	385	1:05:36	599
658	353	1:01:53	Katie Ellis		Female	273	1:07:50	664
659	1145	1:01:54	Aalana Witt		Female	274	1:07:39	662
660	548	1:01:55	Elizabeth Ingham		Female	275	1:08:01	668
661	466	1:01:59	Barbara Hall		Female	276	1:08:06	670
662	967	1:01:59	Janki Shah		Female	277	1:08:00	667
663	531	1:01:59	Jackie Howarth		Female	278	1:08:06	671
664	990	1:02:00	Sharon Smallwood		Female	279	1:08:12	673
665	42	1:02:01	Jo Anderson		Female	280	1:08:12	674
666	660	1:02:01	Karen Luong		Female	281	1:06:02	614
667	1447	1:02:02	James Patterson		Male	386	1:06:11	619
668	1339	1:02:02	Joseph Mortimer		Male	387	1:06:11	620
669	1334	1:02:03	Mahesh Kudari		Male	388	1:06:11	621
670	1216	1:02:04	Lavinia Pugh		Female	282	1:08:15	680
671	1281	1:02:04	Katie Street		Female	283	1:08:16	681
672	1180	1:02:04	D Lozano-Castello		Female	284	1:06:05	615
673	1318	1:02:06	Kiri Gray		Female	285	1:08:01	669
674	1104	1:02:11	Deborah Warner		Female	286	1:08:23	685
675	1430	1:02:13	Marta Saez Vilar		Female	287	1:08:26	689
676	1415	1:02:14	Fernando Esgueva		Male	389	1:08:26	688
677	1225	1:02:14	Lisa Taylor		Female	288	1:08:11	672
678	1217	1:02:18	Sarah Richardson		Female	289	1:08:15	677
679	494	1:02:20	Sarah Hedger		Female	290	1:08:17	682
680	407	1:02:24	Ricky Fuller		Male	390	1:08:15	678
681	556	1:02:25	Rosie Jacobs		Female	291	1:08:14	676
682	350	1:02:25	Victoria Elkins		Female	292	1:08:15	679
683	923	1:02:25	Kathy Rock		Female	293	1:08:14	675
684	784	1:02:31	Dee Nunn		Female	294	1:08:23	684
685	169	1:02:32	Natasha Burton		Female	295	1:08:32	691
686	827	1:02:33	Sarah Perkins		Female	296	1:08:21	683
687	740	1:02:34	Laura Molway		Female	297	1:08:24	687
688	739	1:02:35	Elizabeth Molway		Female	298	1:08:24	686
689	670	1:02:42	Jo Mann		Female	299	1:08:35	693
690	1189	1:02:42	Hannah Bower		Female	300	1:08:30	690
691	194	1:02:43	Mary Ann Caso		Female	301	1:08:38	694
692	652	1:02:47	Dan Livadas		Male	391	1:13:29	792
693	159	1:02:47	J Brzezinska-Baggs		Female	302	1:09:03	702
694	730	1:02:48	Eleanor Milosevic		Female	303	1:08:40	695
695	842	1:02:48	Kaye Pollard		Female	304	1:08:45	697
696	944	1:02:49	N Salmeron Perez		Female	305	1:06:49	633
697	1299	1:02:49	Emilie Davies		Female	306	1:08:44	696
698	55	1:02:50	Tam Ashley		Female	307	1:08:33	692
699	957	1:02:55	Rose Scowen		Female	308	1:08:51	699
700	1268	1:02:57	Zahra Malik		Female	309	1:09:10	706

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
701	1240	1:02:57	Selma Asghar		Female	310	1:09:09	705
702	1358	1:03:03	N Abdul Hamid		Female	311	1:08:48	698
703	551	1:03:05	Anthony Irwin	Cambridge & Coleridge AC	Male	392	1:08:52	700
704	325	1:03:07	Eleanor Drinkwater		Female	312	1:08:55	701
705	718	1:03:08	Michelle Meng		Female	313	1:09:05	704
706	961	1:03:12	Samantha Segrave		Female	314	1:09:05	703
707	1234	1:03:13	Louisa Wong		Female	315	1:09:24	712
708	25	1:03:16	Molly Abraham		Female	316	1:09:19	711
709	1303	1:03:20	Emma Benton		Female	317	1:07:16	647
710	1108	1:03:24	Vicki Waskett		Female	318	1:09:30	715
711	1459	1:03:24	Hilary Duncan		Female	319	1:09:29	714
712	702	1:03:27	Matthew McHugh		Male	393	1:09:13	707
713	11	1:03:29	Jennifer Wilby		Female	320	1:09:18	710
714	369	1:03:29	Abby Fenton		Female	321	1:09:15	708
715	1192	1:03:37	Sue Brentnall	Cambridge & Coleridge AC	Female	322	1:09:42	719
716	1410	1:03:39	Michalis Agathos		Male	394	1:09:33	716
717	701	1:03:39	Natasha McHugh		Female	323	1:09:25	713
718	331	1:03:45	Andrew Dunlop	Elvet Striders	Male	395	1:09:41	718
719	808	1:03:46	Clare Parker-Haynes		Female	324	1:09:49	723
720	1422	1:03:49	Soo Yim Lee		Female	325	1:09:34	717
721	1352	1:03:51	Carole Varndell		Female	326	1:09:42	720
722	1351	1:03:52	David Varndell		Male	396	1:09:43	721
723	920	1:03:57	Martin Robinson		Male	397	1:10:04	729
724	966	1:04:05	Shannon Shafer		Female	327	1:10:16	732
725	1167	1:04:06	Emma Wright		Female	328	1:10:03	728
726	560	1:04:06	Benjamin Jarvis		Male	398	1:10:19	734
727	1222	1:04:06	Alessandra Spairani		Female	329	1:10:16	733
728	586	1:04:06	Aniko Karpati		Female	330	1:09:59	726
729	979	1:04:06	Amy Siddaway		Female	331	1:10:04	730
730	928	1:04:10	Susie Ross		Female	332	1:10:23	735
731	1034	1:04:13	Aishwarya Sundaresh		Female	333	1:09:58	725
732	156	1:04:13	Helen Brown		Female	334	1:10:24	736
733	1208	1:04:15	S Martin Gutierrez		Female	335	1:10:08	731
734	1255	1:04:16	Alison Heron		Female	336	1:10:02	727
735	618	1:04:16	Cora Kondic		Female	337	1:10:34	741
736	390	1:04:19	Maia Forbes		Female	338	1:10:25	737
737	610	1:04:31	Anny's Kirk		Female	339	1:10:26	739
738	611	1:04:32	Jacob Kirk		Male	399	1:10:25	738
739	685	1:04:42	Lily Matthews		Female	340	1:10:31	740
740	1305	1:04:48	Annette Charter		Female	341	1:10:45	742
741	866	1:04:52	Christine Prove'		Female	342	1:10:55	743
742	308	1:05:05	Patricia Dicks	Fetch Everyone	Female	343	1:11:08	745
743	14	1:05:06	Joanna Young		Female	344	1:11:23	751
744	170	1:05:11	Sarah Saskia Burton		Female	345	1:11:11	747
745	651	1:05:11	Alex Liu		Male	400	1:10:59	744
746	1246	1:05:22	A De Mata Rovey		Male	401	1:11:16	748
747	1347	1:05:22	Richard Self		Male	402	1:09:18	709
748	1393	1:05:25	Anna Puttick		Female	346	1:11:17	749
749	1241	1:05:25	Beni Baixauli		Male	403	1:11:10	746
750	1445	1:05:26	Livia Oldland		Female	347	1:11:18	750
751	332	1:05:35	John Dunlop		Male	404	1:11:50	756
752	1365	1:05:35	Caleb Chan		Male	405	1:11:38	755
753	1050	1:05:42	Mark Thomas		Male	406	1:11:33	752
754	70	1:05:45	Matilda Baker Hine		Female	348	1:11:36	754
755	563	1:05:47	Ailish Jeffers		Female	349	1:11:34	753
756	631	1:05:50	Emma Laughlin		Female	350	1:12:01	761
757	1215	1:05:51	Susi Prieto		Female	351	1:09:50	724
758	1128	1:05:54	Sarah Wikeley		Female	352	1:12:05	762
759	490	1:05:54	Kirsty Hazlewood		Female	353	1:11:54	757
760	491	1:05:56	Iain Hazlewood		Male	407	1:11:54	758
761	577	1:05:59	Colin Jones		Male	408	1:09:47	722
762	616	1:06:01	Tej Kondel-Laws		Female	354	1:11:56	759
763	797	1:06:05	Michela Paganini		Female	355	1:12:08	763
764	54	1:06:06	Mark Ashley		Male	409	1:12:00	760
765	92	1:06:13	David Bates		Male	410	1:12:22	766
766	262	1:06:14	Nichola Cridland		Female	356	1:12:22	767
767	261	1:06:14	Mark Cridland		Male	411	1:12:23	768
768	312	1:06:21	Cara Dobinson		Female	357	1:12:31	771
769	137	1:06:23	Alan Brand		Male	412	1:12:12	764
770	244	1:06:28	Sarah Cooper		Female	358	1:12:30	769

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
771	377	1:06:28	Joanne Flanagan		Female	359	1:12:30	770
772	1230	1:06:33	Robert Wale		Male	413	1:12:20	765
773	776	1:06:38	Sheung Hei Ng		Male	414	1:12:50	776
774	1093	1:06:44	Dionne Walford	Haverhill Running Club	Female	360	1:12:45	774
775	949	1:06:45	Charlotte Scammerton		Female	361	1:12:46	775
776	56	1:06:46	Helen Atkins		Female	362	1:13:02	779
777	900	1:06:46	David Richards		Male	415	1:13:02	780
778	1306	1:06:47	Laura Charter		Female	363	1:12:44	773
779	348	1:06:48	Rosie Eggo		Female	364	1:13:00	778
780	1304	1:06:55	Liz Bouyea		Female	365	1:12:58	777
781	709	1:07:05	Deborah McLean		Female	366	1:13:13	784
782	1409	1:07:06	Tim Smith		Male	416	1:13:12	783
783	1224	1:07:09	Laura Stinton		Female	367	1:13:08	782
784	819	1:07:13	James Paull		Male	417	1:13:03	781
785	1270	1:07:20	Robert McLintock		Male	418	1:13:25	786
786	1158	1:07:22	Helen Worman		Female	368	1:13:29	791
787	477	1:07:22	Colin Harling		Male	419	1:13:22	785
788	779	1:07:23	Fiona Nielsen		Female	369	1:13:26	787
789	1048	1:07:26	Jane Thirkettle		Female	370	1:13:39	796
790	1282	1:07:29	Isobel Summers		Female	371	1:13:42	798
791	1010	1:07:35	Simon Stapley		Male	420	1:13:34	793
792	1011	1:07:35	Sarah Stapley		Female	372	1:13:34	794
793	737	1:07:35	Alisa Molotova		Female	373	1:13:28	790
794	825	1:07:42	Mercedes Perez		Female	374	1:13:26	788
795	662	1:07:42	Carmen Maã±as Torres		Female	375	1:13:27	789
796	21	1:07:46	Isobel Wood		Female	376	1:13:37	795
797	1293	1:07:48	Lynne Eborall		Female	377	1:13:39	797
798	767	1:07:57	Vanessa Murray		Female	378	1:14:07	800
799	1320	1:08:02	Wendy Hammond		Female	379	1:14:20	802
800	1114	1:08:05	Roger Weller		Male	421	1:14:11	801
801	311	1:08:13	Aya Dixon		Female	380	1:14:03	799
802	640	1:08:20	Kelly Lehmann		Male	422	1:14:37	807
803	180	1:08:23	Holly Campbell		Female	381	1:14:26	804
804	1310	1:08:30	Ceri Davies		Male	423	1:14:25	803
805	590	1:08:33	Caoimhe Keenan		Female	382	1:14:35	806
806	809	1:08:38	Debbie Parry	Royston Runners	Female	383	1:14:50	808
807	566	1:08:49	Jane Jewitt		Female	384	1:12:44	772
808	993	1:09:02	Andrea Smith		Female	385	1:15:07	809
809	442	1:09:09	Sally Gray		Female	386	1:15:19	814
810	2	1:09:10	Gabriele Quandt		Female	387	1:15:08	810
811	585	1:09:13	Xi Kan		Female	388	1:15:28	818
812	252	1:09:14	Rui Costa		Male	424	1:15:27	817
813	287	1:09:16	John Davenport		Male	425	1:15:12	811
814	286	1:09:16	Alice Davenport		Female	389	1:15:12	812
815	1032	1:09:20	Elizabeth Sullivan		Female	390	1:15:24	816
816	1399	1:09:21	Indra Surachman		Male	426	1:15:36	820
817	455	1:09:24	Monika Gudaite		Female	391	1:15:19	815
818	321	1:09:30	Emma Drew		Female	392	1:15:53	824
819	1212	1:09:30	Katharine Pike		Female	393	1:15:54	826
820	1166	1:09:36	Louise Wright		Female	394	1:15:43	822
821	1161	1:09:36	Martha Wright		Female	395	1:15:44	823
822	1469	1:09:37	Andrew Avery		Male	427	1:15:37	821
823	435	1:09:48	Jenna Govier		Female	396	1:15:53	825
824	1433	1:09:58	Ryan Shum		Male	428	1:16:01	827
825	1221	1:09:59	Paul Smith		Male	429	1:16:05	828
826	1364	1:10:11	Juliana Cavalcanti		Female	397	1:16:32	830
827	1460	1:10:11	J De Almeida Leite Pinheiro		Female	398	1:16:32	829
828	690	1:10:17	Simon Maylor		Male	430	1:16:36	831
829	467	1:10:38	Caroline Hall		Female	399	1:14:33	805
830	1374	1:10:40	Glenda Dodds		Female	400	1:16:39	832
831	764	1:10:58	Linda Munnelly		Female	401	1:16:49	835
832	449	1:11:00	Jason Gregory		Male	431	1:16:47	833
833	448	1:11:01	Jamie Gregory		Male	432	1:16:48	834
834	23	1:11:02	Tim Abberley		Male	433	1:17:21	844
835	661	1:11:10	Sinead Lynch		Female	402	1:17:19	842
836	1440	1:11:10	Emma Reader		Female	403	1:17:27	845
837	1058	1:11:10	Clare Timmington		Female	404	1:17:20	843
838	1340	1:11:13	Ryan Oakes		Male	434	1:17:04	836
839	1302	1:11:13	Rosie Battson		Female	405	1:17:04	837
840	388	1:11:16	Natalie Follenfant		Female	406	1:17:18	839

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
841	30	1:11:17	Sally Adelman		Female	407	1:17:19	840
842	1129	1:11:17	Catherine Wilamowska		Female	408	1:17:19	841
843	1043	1:11:28	Laura Taylor		Female	409	1:17:17	838
844	996	1:11:31	Genevieve Smyth		Female	410	1:15:15	813
845	552	1:11:34	Asiya Islam		Female	411	1:17:50	849
846	238	1:11:39	Kim Conway		Female	412	1:15:34	819
847	812	1:11:39	Anjali Patel		Female	413	1:17:33	846
848	267	1:11:41	Sara Cross	Cherwell Runners & Joggers	Female	414	1:17:46	848
849	316	1:11:50	Amanda Dolling		Female	415	1:17:43	847
850	268	1:12:02	Thomas Cross		Male	435	1:18:08	851
851	1144	1:12:12	Nick Witcombe		Male	436	1:18:31	853
852	1407	1:12:14	John Ettling		Male	437	1:18:06	850
853	1359	1:12:24	Georgina Allen	Ryston Runners	Female	416	1:18:50	856
854	1168	1:12:24	Jane Wythe		Female	417	1:18:16	852
855	851	1:12:26	Glynn Powell		Male	438	1:18:50	857
856	924	1:12:34	Philip Rodgers		Male	439	1:18:48	854
857	869	1:12:36	Irina Pshenichnaya		Female	418	1:18:48	855
858	1434	1:12:39	Angad Singh		Male	440	1:18:51	858
859	597	1:12:56	Sue Kent		Female	419	1:19:01	860
860	322	1:13:07	Craig Drew		Male	441	1:19:18	862
861	870	1:13:09	Ann Puntis		Female	420	1:19:12	861
862	358	1:13:14	Janette Eyles		Female	421	1:19:40	867
863	420	1:13:18	Katrina Gibbins		Female	422	1:19:38	865
864	419	1:13:18	Peter Gibbins		Male	442	1:19:38	866
865	26	1:13:25	J Adams-Massmann		Female	423	1:19:22	863
866	280	1:13:29	Nikki Daniels		Female	424	1:19:34	864
867	919	1:13:37	Julie Robinson		Female	425	1:19:49	868
868	783	1:13:37	Joely Norris		Female	426	1:19:50	869
869	1468	1:13:47	Ceren Connor		Female	427	1:19:57	871
870	330	1:13:53	Tabassum Dungarwalla		Female	428	1:19:50	870
871	1427	1:14:02	Esther Ng		Female	429	1:20:19	874
872	285	1:14:12	Shonu Das		Female	430	1:20:14	872
873	418	1:14:13	Lisa Ghiggini		Female	431	1:20:33	875
874	710	1:14:13	Katherine McLeod		Female	432	1:20:14	873
875	4	1:14:15	Christine Williamson		Female	433	1:20:34	877
876	359	1:14:22	David Eyles		Male	443	1:20:51	894
877	803	1:14:23	Dawn Pammenter		Female	434	1:20:49	888
878	1233	1:14:25	Hannah Wilson		Female	435	1:20:49	890
879	804	1:14:25	Gary Pammenter		Male	444	1:20:49	887
880	723	1:14:26	Emma Miller		Female	436	1:20:50	892
881	769	1:14:26	Janet Nash		Female	437	1:20:50	893
882	724	1:14:26	Gary Miller		Male	445	1:20:49	889
883	643	1:14:27	Jen Lewis		Female	438	1:20:50	891
884	480	1:14:30	Jessica Harris		Female	439	1:20:33	876
885	381	1:14:32	Nick Fleming	BRJ Run and Tri	Female	440	1:20:35	879
886	147	1:14:36	Andy Brook		Male	446	1:20:34	878
887	669	1:14:36	Claire Maneri	BRJ Run and Tri	Female	441	1:20:37	880
888	1177	1:14:37	Daria Zarubina		Female	442	1:20:52	898
889	1102	1:14:37	Samantha Ward		Female	443	1:20:40	882
890	781	1:14:37	Lindsay Nightingale		Female	444	1:20:51	895
891	658	1:14:39	Cheryl Lowden		Female	445	1:20:40	881
892	657	1:14:40	Tom Lowden		Male	447	1:20:44	883
893	380	1:14:42	Jamie Fleming		Male	448	1:20:46	886
894	680	1:14:43	Alex Martin		Female	446	1:20:45	885
895	1101	1:14:44	David Ward	BRJ Run and Tri	Male	449	1:20:45	884
896	1261	1:14:44	Susanne Jessop		Female	447	1:20:51	896
897	400	1:14:57	Jane Freebairn		Female	448	1:20:51	897
898	974	1:14:58	Liz Shields		Female	449	1:21:11	900
899	470	1:15:05	Tara Hamilton		Female	450	1:18:59	859
900	7	1:15:07	Stephanie MacK		Female	451	1:21:04	899
901	810	1:15:12	Neil Patel		Male	450	1:21:20	901
902	95	1:15:20	Karen Beesley		Female	452	1:21:44	904
903	1308	1:15:34	Amy Cooper		Female	453	1:21:35	902
904	811	1:15:40	Lena Patel		Female	454	1:21:48	905
905	412	1:15:50	Lynnette Garstang	Haverhill Running Club	Female	455	1:21:51	906
906	1235	1:15:54	Yuanyuan Zhao		Female	456	1:21:41	903
907	408	1:16:10	Claire Gallego		Female	457	1:22:18	907
908	998	1:16:12	Hannah Smyth		Female	458	1:22:30	910
909	1442	1:16:13	Carmen Rodger		Female	459	1:22:29	909
910	1020	1:16:13	Emma Stevens	BRJ Run and Tri	Female	460	1:22:28	908

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
911	395	1:16:15	Andrew Fowler		Male	451	1:22:34	911
912	895	1:16:19	Joanne Rendall		Female	461	1:22:39	915
913	635	1:16:24	Grace Lecznar		Female	462	1:22:39	914
914	1271	1:16:27	Ellen Moffett		Female	463	1:22:34	912
915	1016	1:16:29	Chrissie Staszczyk		Female	464	1:22:37	913
916	850	1:16:47	Lorraine Powell		Female	465	1:23:11	920
917	1319	1:16:48	Richard Hammond		Male	452	1:23:13	922
918	121	1:16:49	Margaret Borbas		Female	466	1:22:58	917
919	1162	1:16:49	Vaughan Wright		Male	453	1:23:09	919
920	1211	1:16:50	Lisa Pedder		Female	467	1:23:13	921
921	790	1:16:50	Sarah Oldfield		Female	468	1:22:42	916
922	324	1:16:57	David Drewry		Male	454	1:23:08	918
923	382	1:17:19	Jennie Fletcher		Female	469	1:23:33	923
924	1343	1:17:21	Ian Rodger		Male	455	1:23:38	924
925	775	1:17:28	Gillian Nesbitt		Female	470	1:23:43	925
926	394	1:17:51	Helene Foucourt		Female	471	1:24:03	927
927	1024	1:18:10	Michelle Stoner		Female	472	1:23:55	926
928	641	1:18:35	Ellis Lehmann		Male	456	1:24:50	928
929	673	1:18:36	Anna Marsden		Female	473	1:24:54	930
930	447	1:18:55	Yasmin Gregory	Harlow RC	Female	474	1:24:54	929
931	1037	1:19:23	Stuart Tait		Male	457	1:25:21	931
932	1242	1:19:52	Marysol Bell		Female	475	1:25:57	932
933	648	1:20:17	Rachel Lione		Female	476	1:26:22	933
934	161	1:20:17	Hayley Bugler		Female	477	1:26:22	934
935	402	1:20:47	Valerie Freestone		Female	478	1:27:05	935
936	425	1:21:04	Satinderjit Gill		Male	458	1:27:25	936
937	1296	1:22:05	Sarah Parr		Female	479	1:27:56	937
938	398	1:22:45	Clare France		Female	480	1:28:44	938
939	52	1:23:32	Christopher Aruthan		Male	459	1:29:35	939
940	1098	1:23:37	Elizabeth Walthew		Female	481	1:29:54	940
941	208	1:23:57	Ka Cheung		Female	482	1:30:00	941
942	1397	1:24:43	M Santos		Female	483	1:31:00	943
943	193	1:24:53	Victoria Carter		Female	484	1:31:00	942
944	272	1:26:17	Yvonne Cunningham		Female	485	1:32:35	945
945	587	1:26:55	Shraddha Kaur		Female	486	1:33:12	949
946	1204	1:27:12	Sally King		Female	487	1:33:10	947
947	1292	1:27:13	Ryan Francis		Male	460	1:33:06	946
948	355	1:27:13	Janet Everett		Female	488	1:33:10	948
949	854	1:27:47	Dawn Prime		Female	489	1:31:51	944
950	1307	1:28:08	Simon Cole		Male	461	1:34:26	951
951	1419	1:28:19	Hanadi Jabado		Female	490	1:34:23	950
952	1413	1:28:46	Iris Choi		Female	491	1:34:47	952
953	1421	1:28:46	Amelie Lam		Female	492	1:34:47	953
954	508	1:32:28	Elizabeth Hindler		Female	493	1:38:35	954
955	1057	1:52:10	Ruth Tillyard		Female	494	1:58:35	955