

# CINTRA Try on the Tyne 5k

Saturday 21st August 2021

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	116	17:08	Sam Thurlbeck	SUNDERLAND HARRIERS AND AC	Male	1	5K-M40	1	17:08	1
2	187	17:44	Dan Moore		Male	2	5K-MS	1	17:43	2
3	181	17:59	Alex Hird	CROOK AND DISTRICT AC	Male	3	5K-MS	2	17:58	3
4	193	18:03	Millie Breese	MORPETH HARRIERS	Female	1	5K-FS	1	18:03	4
5	162	18:26	Charlie Katsighiras		Male	4	5K-MS	3	18:13	5
6	165	18:35	Paul Routledge	TYNE BRIDGE HARRIERS	Male	5	5K-M60	1	18:34	6
7	146	18:44	Sam Allison	ELSWICK HARRIERS	Male	6	5K-MJ	1	18:42	7
8	143	19:23	Jonny Moore		Male	7	5K-M40	2	19:20	8
9	191	19:26	Matty Tomlinson	HOUGHTON HARRIERS	Male	8	5K-M50	1	19:26	9
10	202	19:53	Ciaran Lines	HOUGHTON HARRIERS	Male	9	5K-MS	4	19:49	10
11	103	19:58	James Ward		Male	10	5K-MS	5	19:54	11
12	190	20:37	Daniel Watson		Male	11	5K-MS	6	20:30	12
13	183	21:05	Maurice Woodward	JARROW AND HEBBURN AC	Male	12	5K-M60	2	21:03	13
14	713	21:37	Jordan Duncan		Male	13	5K-MS	7	21:10	14
15	130	21:44	Tomas Scott		Male	14	5K-MS	8	21:22	15
16	125	21:51	Abel Abraham		Male	15	5K-MS	9	21:43	16
17	144	22:02	Jacob Moore		Male	16	5K-MJ	2	21:59	17
18	167	22:17	Adam Danks		Male	17	5K-MS	10	22:02	18
19	114	22:24	John Watson		Male	18	5K-M60	3	22:17	19
20	177	22:39	Sienna Haynes		Female	2	5K-FS	2	22:35	20
21	203	23:26	Marc Scott		Male	19	5K-MS	11	22:49	21
22	194	23:29	Graeme Leathard	JESMOND JOGGERS	Male	20	5K-M50	2	23:16	23
23	127	23:36	Ian Scott		Male	21	5K-M40	3	23:07	22
24	198	23:43	Diane Vaughan	QUAKERS	Female	3	5K-F50	1	23:33	25
25	161	23:50	Jonathan Lister		Male	22	5K-MS	12	23:30	24
26	189	23:55	Gordon Long		Male	23	5K-M60	4	23:48	26
27	178	24:20	Jason Appleby		Male	24	5K-MS	13	24:09	27
28	200	24:46	Laura Wilson		Female	4	5K-FS	3	24:29	28
29	192	24:48	Michelle Littlemore		Female	5	5K-F50	2	24:34	29
30	150	25:29	Neil Pendlington		Male	25	5K-M40	4	25:22	31
31	117	25:33	Clare Mckitterick	CLAREMONT ROAD RUNNERS	Female	6	5K-F40	1	25:14	30
32	201	25:56	Rhiannon Livesley		Female	7	5K-FS	4	25:52	33
33	100	26:02	Matthew Forster		Male	26	5K-MS	14	25:35	32
34	154	26:22	Richard Toward		Male	27	5K-MS	15	26:11	34
35	109	26:38	Robert Clark		Male	28	5K-M40	5	26:23	35
36	132	26:50	Ian Aspinall		Male	29	5K-MS	16	26:28	36
37	188	26:59	Molly Mckenzie	LONG EATON TRIATHLON CLUB	Female	8	5K-F40	2	26:44	37
38	176	27:06	James Mcdonald		Male	30	5K-MS	17	26:46	38
39	155	27:07	Donna Rogerson		Female	9	5K-FS	5	26:55	39
40	118	27:23	David Mckitterick		Male	31	5K-M40	6	27:05	41
41	204	27:24	Michael Longworth		Male	32	5K-MS	18	27:09	42
42	126	27:43	Geoff Batten		Male	33	5K-M50	3	26:58	40
43	196	27:45	Stephen Hird		Male	34	5K-M60	5	27:39	43
44	129	28:16	Shaunagh Lishman		Female	10	5K-FS	6	28:04	44
45	115	28:32	Rebecca Hart		Female	11	5K-FS	7	28:14	45
46	173	29:43	Karl Ogilvie		Male	35	5K-MS	19	29:08	47
47	174	29:43	Louise Smith		Female	12	5K-FS	8	29:08	46
48	149	29:47	Jackie Chambers		Female	13	5K-F50	3	29:17	48
49	199	29:53	Richard Hughes	QUAKERS	Female	14	5K-F50	4	29:31	49
50	121	30:01	Sarah Pratt		Female	15	5K-F40	3	29:37	50
51	147	30:11	Martin Chambers		Male	36	5K-M50	4	29:41	51
52	148	30:11	Will Holmes		Male	37	5K-MS	20	29:41	52
53	171	30:32	Vicki Munro		Female	16	5K-F40	4	30:11	55
54	197	30:34	David Sessford	RED KITE RUNNERS	Male	38	5K-MS	21	30:07	53
55	122	30:41	Richard Pratt		Male	39	5K-M50	5	30:18	56
56	138	30:52	Natalie Goodwin	RUN PETERLEE	Male	40	5K-MS	22	30:10	54
57	205	31:25	Lindsey Massie		Female	17	5K-F40	5	30:53	57
58	131	31:36	Chris Harvey		Male	41	5K-MS	23	31:06	58
59	195	31:54	Carl Watson	LOW FELL	Male	42	5K-M50	6	31:53	60
60	180	31:56	Elizabeth Bone		Female	18	5K-F50	5	31:15	59
61	160	32:24	Ben Robertson		Male	43	5K-MJ	3	31:59	63
62	159	32:24	Iain Robertson		Male	44	5K-M40	7	31:59	62
63	152	32:29	Abigail Stephenson		Female	19	5K-FS	9	31:57	61
64	135	32:47	Muhammad Karim		Male	45	5K-M40	8	32:03	64
65	134	32:56	Laura Alliston-godding		Female	20	5K-FS	10	32:19	65
66	166	33:15	Corinne Walton		Female	21	5K-F40	6	32:39	69
67	168	33:22	Edvinas Janciukas	KALNAPILIS	Male	46	5K-MS	24	32:25	66
68	137	33:31	Jack Hattersley		Male	47	5K-MS	25	32:31	67
69	136	33:33	Anne Hattersley		Female	22	5K-F50	6	32:34	68
70	133	33:55	Philip Close		Male	48	5K-MS	26	33:34	71
71	113	33:58	Jackie Smith		Female	23	5K-F40	7	33:19	70
72	170	34:55	Tammi Laidlow		Female	24	5K-F40	8	34:34	75
73	157	35:02	Brian George		Male	49	5K-M50	7	34:22	73
74	156	35:03	Catherine George		Female	25	5K-FS	11	34:23	74
75	139	35:04	Sara Kirk-saul	RUN PETERLEE	Female	26	5K-FS	12	34:22	72

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	140	36:51	Jacqui Hall		Female	27	5K-F50	7	36:17	76
77	169	37:38	Karen Berry	TEAM COCO	Female	28	5K-F50	8	37:01	77
78	179	38:01	Steve Borrowdale		Male	50	5K-MS	27	37:24	78
79	119	40:18	Becky Williams		Female	29	5K-FS	13	39:28	80
80	120	40:18	Barry Drake		Male	51	5K-M70+	1	39:26	79
81	151	40:51	Helen Williams		Female	30	5K-F40	9	40:07	82
82	106	40:56	Catherine Dodds		Female	31	5K-FS	14	40:06	81
83	182	42:32	Marc Carden		Male	52	5K-M40	9	41:50	83
84	101	45:53	Clare Baxter		Female	32	5K-F40	10	44:54	84
85	142	1:02:36	Deano Franciosy		Male	53	5K-M50	8	1:01:18	85