

Active Sunderland City 5k

Saturday 19th June 2021

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
1	487	14:48	Carl Avery	Morpeth Harriers & AC	Male	1	14:48	1
2	596	15:01	Finn Brodie	Tyne Bridge Harriers	Male	2	15:01	2
3	620	15:15	Mark Walsh	Keswick AC	Male	3	15:15	3
4	322	16:07	Mark Anderson		Male	4	16:08	4
5	278	16:13	John Clifford		Male	5	16:13	5
6	260	16:27	Jack Douglas		Male	6	16:28	6
7	616	16:30	Danielle Hodgkinson	Wallsend Harriers & AC	Female	1	16:31	7
8	312	16:33	Lewis Liddle		Male	7	16:33	8
9	585	16:33	Nathan Reed		Male	8	16:34	9
10	588	16:36	Steve Rankin	Sunderland Harriers & AC	Male	9	16:36	10
11	605	16:41	Samuel Beckett	Crook & Dist Sports AC	Male	10	16:42	11
12	526	16:43	Michael Littlewood	Elvet Striders	Male	11	16:43	12
13	441	17:08	Luke Hilliard	Elswick Harriers	Male	12	18:21	19
14	519	17:09	Josh Lincoln	Richmond & Zetland Harriers	Male	13	17:10	13
15	475	17:14	Toby Loveday	Newcastle University AC	Male	14	18:22	20
16	482	17:34	Alan Shepherd	Darlington H & AC	Male	15	18:43	23
17	614	17:35	Sparrow Morley	Tyne Bridge Harriers	Male	16	17:36	14
18	393	17:44	Tom Justice		Male	17	19:05	26
19	128	17:52	Dominic Wright		Male	18	17:54	15
20	440	17:54	Jason Old	Elswick Harriers	Male	19	19:06	27
21	521	17:56	Anthony Wilson	Hartlepool Burn Road Harriers	Male	20	20:19	39
22	120	17:57	Alasdair Blain	Tyne Bridge Harriers	Male	21	17:58	16
23	612	18:01	Lydia Turner	Birtley AC	Female	2	18:02	17
24	501	18:03	Aly Dixon	Sunderland Strollers	Female	3	20:25	42
25	563	18:13	Keith Smith		Male	22	20:35	45
26	263	18:16	James Douglas		Male	23	18:17	18
27	607	18:17	Dillon Revell		Male	24	20:38	46
28	161	18:23	Andy Brown		Male	25	18:24	21
29	105	18:24	Scott Thompson	Blackhill Bounders	Male	26	18:25	22
30	556	18:30	Ashley Crawford		Male	27	20:55	49
31	550	18:33	Jak Jarvis	Sunderland Harriers & AC	Male	28	20:55	48
32	443	18:35	Richard Houghton	Elswick Harriers	Male	29	19:48	30
33	282	18:42	Jonathan Attwood		Male	30	18:44	24
34	337	18:46	Michael Rodenby		Male	31	19:55	33
35	564	18:47	Roger Grand	City of Stoke AC	Male	32	21:09	51
36	468	18:48	Simon Rogers	Darlington H & AC	Male	33	19:57	34
37	413	18:48	Adam Lennox		Male	34	20:08	36
38	351	18:49	Paul MCGough		Male	35	20:14	38
39	122	18:53	Kathryn Stevenson	Tyne Bridge Harriers	Female	4	18:55	25
40	304	18:54	Kyle Sunley		Male	36	20:06	35
41	565	18:54	David Jones	Elswick Harriers	Male	37	21:19	53
42	471	18:54	Paul Taylor	Elswick Harriers	Male	38	20:08	37
43	121	19:12	Rebecca Parkin	Tyne Bridge Harriers	Female	5	19:13	28
44	462	19:15	Matty Tomlinson	Houghton Harriers & AC	Male	39	20:24	41
45	478	19:23	Mark Taylor	Redcar Running Club	Male	40	20:43	47
46	580	19:26	Megan Parkin	Tyne Bridge Harriers	Female	6	21:48	59
47	104	19:29	Mark Thompson	Blackhill Bounders	Male	41	19:32	29
48	202	19:44	David Allen		Male	42	19:49	31
49	159	19:46	Andrew Smith		Male	43	19:53	32
50	323	20:10	Mark Ruffell		Male	44	21:20	54
51	461	20:12	Emma Masson	Gateshead Harriers & AC	Female	7	21:22	55
52	356	20:14	Quinn Baldwin		Male	45	21:45	57
53	269	20:19	Jeff MCGurty		Male	46	20:22	40
54	601	20:23	Benjamin MCrory		Male	47	22:45	69
55	180	20:28	Chris Holland		Male	48	20:30	43
56	243	20:29	Gary Dunmore		Male	49	20:32	44
57	525	20:35	Finn Hebron		Male	50	22:10	62
58	590	20:36	Matthew Down		Male	51	23:02	75
59	415	20:41	Stephen Sparke	Ponteland Runners	Male	52	22:15	63
60	414	20:51	Jamie Ward	South Shields Harriers & AC	Male	53	21:59	61
61	125	20:57	Ben Hall	Elswick Harriers	Male	54	21:00	50
62	503	21:04	Jason Williamson	Birtley AC	Male	55	23:31	83
63	515	21:05	Maurice Woodward	Jarrow & Hebburn AC	Male	56	23:27	80
64	535	21:07	Jonathan Gledhill	Saltwell Harriers	Male	57	23:36	85
65	210	21:12	H Webster-costella		Female	8	21:15	52
66	586	21:13	Aidan Bryan		Male	58	23:36	86
67	528	21:24	Nina Bojadzic	Elvet Striders	Female	9	23:46	88
68	239	21:32	Felicity Smith		Female	10	21:34	56
69	306	21:37	Laura Henderson		Female	11	22:55	73
70	113	21:44	Peter Saint	AthleticsNI Unattached	Male	59	21:47	58

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
71	275	21:52	Joe Willis		Male	60	21:53	60
72	527	22:01	Lewis Littlewood	Durham City Harriers & AC	Male	61	24:23	93
73	345	22:09	Nova Tarn		Female	12	23:18	79
74	479	22:10	Paul Noble	Redcar Running Club	Male	62	23:29	82
75	183	22:18	Cillian Kiely		Male	63	22:26	65
76	116	22:20	Robert Wilkinson		Male	64	22:25	64
77	119	22:29	Chris Wright		Male	65	22:34	66
78	192	22:31	Colin Turnbull		Male	66	22:51	72
79	208	22:32	Gillian Ritchie		Female	13	22:36	67
80	499	22:36	Chris Parkin	Tyne Bridge Harriers	Male	67	24:01	90
81	624	22:40	John Watson		Male	68	22:43	68
82	593	22:42	Mark Dixon	Sunderland Strollers	Male	69	22:49	70
83	167	22:45	Benjamin Weston		Male	70	22:49	71
84	245	22:46	Geoff Farrow		Male	71	23:07	77
85	602	22:46	John Coates		Male	72	25:14	104
86	387	22:54	Tara Case		Female	14	24:25	94
87	371	22:56	Sophie Tomaszczyk		Female	15	24:19	92
88	127	22:56	John Corcoran	Sunderland Strollers	Male	73	22:59	74
89	507	22:59	Osian Morgan		Male	74	25:26	106
90	436	23:02	Adam Danks		Male	75	24:53	100
91	295	23:02	Kathryn Watt		Female	16	23:07	76
92	134	23:06	Diana Weightman	Alnwick Harriers	Female	17	23:14	78
93	496	23:09	Claire Piccinino		Female	18	25:18	105
94	608	23:25	Brandon Revell		Male	76	25:48	109
95	256	23:25	Helen Ruffell		Female	19	23:28	81
96	197	23:26	Darin Craigs		Male	77	23:46	87
97	264	23:28	James King		Male	78	23:36	84
98	327	23:34	Martina Larsson		Female	20	25:11	103
99	349	23:35	Paul Jukes		Male	79	25:04	102
100	545	23:38	Joseph Taylor	Tyne Bridge Harriers	Male	80	26:02	111
101	173	23:45	Caroline Ames		Female	21	23:50	89
102	522	24:01	Robyn Naylor	Elswick Harriers	Female	22	26:27	116
103	199	24:04	Darren Jarrett		Male	81	24:11	91
104	502	24:06	Haydn Williamson	Saltwell Harriers	Male	82	26:34	118
105	419	24:14	Jack Dixon		Male	83	26:06	113
106	207	24:22	George Harden		Male	84	24:28	95
107	271	24:23	Jess Heyworth		Female	23	24:28	96
108	367	24:28	Sara Wilkinson		Female	24	24:34	97
109	205	24:29	David Paley		Male	85	24:38	99
110	126	24:33	Mary Hall	Elswick Harriers	Female	25	24:37	98
111	469	24:38	Geoff Batten		Male	86	26:21	115
112	500	24:40	Gillian Parkin	Tyne Bridge Harriers	Female	26	26:06	112
113	329	24:44	Matt Hammond		Male	87	27:04	121
114	514	24:46	James De		Male	88	27:13	125
115	142	24:50	Eilidh Dennis		Female	27	24:56	101
116	554	25:01	Vicki Mains		Female	28	27:36	134
117	582	25:02	Clare Rushworth		Female	29	27:36	135
118	379	25:04	Steven Cranswick		Male	89	26:31	117
119	530	25:12	Chris Drewitt		Male	90	28:14	145
120	584	25:17	Daniel Dooley		Male	91	27:49	139
121	523	25:18	Liam Mapplebeck		Male	92	27:56	142
122	145	25:18	Stephen Laverton		Male	93	25:27	107
123	529	25:20	Angus Thompson	Run Nation Running Club	Male	94	27:59	143
124	241	25:20	Gareth Winn		Male	95	25:57	110
125	397	25:25	Tracy Smith		Female	30	27:05	122
126	170	25:25	Bola Adisa		Female	31	25:35	108
127	480	25:46	Christopher Roe	Redcar Running Club	Male	96	27:52	141
128	330	25:51	Matthew Palin		Male	97	27:27	130
129	209	26:03	Graeme Wharton		Male	98	26:16	114
130	360	26:05	Robert Clark		Male	99	27:30	131
131	497	26:06	Mark Turner		Male	100	27:42	138
132	450	26:11	Kate Armstrong	Sunderland Harriers & AC	Female	32	27:35	133
133	361	26:14	Robyn Battle		Female	33	27:39	137
134	348	26:16	Paul Jacques		Male	101	27:37	136
135	567	26:31	Martin Pearson		Male	102	29:01	152
136	570	26:31	Michael Dunn		Male	103	29:19	157
137	223	26:34	David Smith		Male	104	26:52	119
138	548	26:37	John Robins		Male	105	29:31	161
139	599	26:39	M Mohammad zarir		Male	106	29:14	155
140	200	26:43	Darren Sullivan		Male	107	27:10	123

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
141	284	26:44	Josef Hagel		Male	108	27:00	120
142	538	26:51	Sam Dawson		Male	109	29:41	163
143	444	26:54	Paul Holland	Lonely Goat RC	Male	110	28:48	148
144	390	26:56	Thomas Finnie		Male	111	28:07	144
145	591	27:01	Susan Bulman	Lonely Goat RC	Female	34	29:40	162
146	132	27:02	Danny Rollins		Male	112	27:12	124
147	133	27:04	Tony Rollins		Male	113	27:14	126
148	137	27:06	Simon Batchelor		Male	114	27:32	132
149	201	27:08	Dave Colling		Male	115	27:16	127
150	376	27:09	Stephen Rodgers		Male	116	28:58	150
151	510	27:14	Michael Smith		Male	117	30:00	171
152	225	27:16	Debbie Defty		Female	35	29:26	160
153	445	27:17	Sophie Mcphillips	Sunderland Harriers & AC	Female	36	29:26	159
154	518	27:17	Alek Sukara		Male	118	29:46	164
155	536	27:19	Nicola Maw	Sunderland Strollers	Female	37	27:26	128
156	344	27:19	Nicola Hern		Female	38	27:26	129
157	252	27:28	Guy Letts		Male	119	27:51	140
158	340	27:35	Mrs Kimberley		Female	39	29:07	154
159	449	27:59	Dominic Mcdonough		Male	120	29:54	167
160	533	28:06	Sarah Longstaffe		Female	40	30:56	186
161	544	28:06	Paul Robertson		Male	121	31:10	197
162	534	28:06	Amy Furnell		Female	41	30:58	188
163	618	28:13	John Groark		Male	122	28:25	146
164	238	28:13	Faye Clark		Female	42	28:30	147
165	613	28:13	Robert Doloughan		Male	123	31:05	193
166	546	28:16	Piotr Kabala		Male	124	31:13	200
167	547	28:19	Richard Craig		Male	125	31:12	199
168	350	28:23	Paul Leonard		Male	126	29:54	166
169	551	28:26	Joanne Finnie		Female	43	31:02	190
170	112	28:30	Lesley Foster		Female	44	28:50	149
171	549	28:31	Beverly Elliott	Sunderland Strollers	Female	45	31:03	191
172	358	28:33	Rebekah Thornton		Female	46	31:12	198
173	235	28:43	Elsbeth Rodgers		Female	47	28:59	151
174	437	28:49	Justyna Mrowka		Female	48	31:13	201
175	368	28:49	Sarah Lawrence		Female	49	30:57	187
176	541	28:52	Andrew Smithson		Male	127	31:40	208
177	406	28:58	Milly Pomfret		Female	50	31:07	194
178	439	28:58	Duncan Emmerson		Male	128	31:23	204
179	407	28:58	Mike Pomfret		Male	129	31:08	195
180	589	28:59	Dermot Hamblin		Male	130	31:23	205
181	400	28:59	Wendy Wilson		Female	51	30:44	181
182	259	29:01	Ian Witty		Male	131	29:22	158
183	187	29:03	Claire Pickersgill		Female	52	29:06	153
184	188	29:10	Claire Wood		Female	53	29:15	156
185	369	29:15	Sharon Burghart		Female	54	30:49	183
186	408	29:25	David Wood		Male	132	31:16	202
187	138	29:25	Nicole Glover		Female	55	29:46	165
188	320	29:35	Margaret Dowell		Female	56	31:45	209
189	289	29:35	Julie Reay		Female	57	31:45	210
190	179	29:36	Chris Clarke		Male	133	29:56	170
191	316	29:37	Lindsey Letts		Female	58	31:20	203
192	296	29:38	Kay Carrick		Female	59	29:55	168
193	266	29:48	Jan Prater		Female	60	29:55	169
194	398	29:49	Trevor Pugh		Male	134	30:00	173
195	234	29:49	Elliott Pugh		Male	135	30:00	172
196	136	29:50	Andrew Batchelor		Male	136	30:16	174
197	542	29:53	Howard Mccain		Male	137	32:24	217
198	569	29:54	Shelby Gray	Sunderland Harriers & AC	Female	61	32:43	225
199	483	29:54	Sarah Pratt		Female	62	32:10	214
200	574	30:04	Vishal Thirumalai		Male	138	32:37	220
201	520	30:04	Phil Mccluskey	Vegan Runners UK	Male	139	35:49	296
202	156	30:05	Andrew Halstead		Male	140	30:17	175
203	558	30:06	Janet Stafford		Female	63	33:05	236
204	557	30:07	Christine Knight		Female	64	33:06	238
205	509	30:08	L Velasco luckham		Male	141	32:55	232
206	508	30:08	Leon Luckham		Male	142	32:55	231
207	182	30:11	Christopher Harvey		Male	143	30:19	176
208	143	30:21	Beth Hudson		Female	65	30:34	177
209	568	30:25	Heather Pearson		Female	66	33:00	233
210	144	30:27	Judy Blackett		Female	67	30:44	180

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
211	181	30:28	Christine Purcell		Female	68	30:39	178
212	572	30:31	Jill Gowan		Female	69	33:23	250
213	561	30:31	Andria Swindle		Female	70	33:23	249
214	597	30:31	Ikmal hakim Rahman		Male	144	33:06	237
215	486	30:32	Debbie Rodden		Female	71	32:42	223
216	226	30:32	Deborah Smith		Female	72	32:42	224
217	603	30:33	Donna Smiles		Female	73	33:22	248
218	164	30:34	Aron Burghart		Male	145	30:49	182
219	140	30:34	Christian Graham		Male	146	30:42	179
220	101	30:38	Neil Hagel		Male	147	30:54	184
221	189	30:39	Clare Hagel		Female	74	30:55	185
222	401	30:40	William Cheung		Male	148	32:39	221
223	148	30:44	Alison Harrison		Female	75	31:05	192
224	560	30:45	Anthony Marrin		Male	149	33:20	247
225	611	30:46	Caity Watson		Female	76	33:36	255
226	455	30:47	Amy Ingram		Female	77	32:25	218
227	258	30:53	Ian Ross		Male	150	31:01	189
228	365	31:00	Rosie Duffy		Female	78	33:18	245
229	598	31:04	I Hafizul		Male	151	33:39	256
230	107	31:05	Helen Burn		Female	79	31:09	196
231	231	31:12	Dyl Laverick		Male	152	31:36	207
232	291	31:14	Kate miranda Page		Female	80	31:35	206
233	495	31:19	Martyn Gray		Male	153	32:45	226
234	240	31:20	Fiona Hayton		Female	81	33:03	234
235	318	31:21	Lynn Ailano		Female	82	33:03	235
236	267	31:27	Janice Craigs		Female	83	31:46	211
237	476	31:28	Mohanad han Madani		Male	154	33:41	257
238	451	31:29	Tracy Mccann		Female	84	34:28	271
239	571	31:29	Lucy Plummer		Female	85	34:28	272
240	577	31:31	Ryan Moore		Female	86	34:30	274
241	506	31:32	Leland Mcewan		Male	155	34:18	269
242	578	31:32	Ben Watt		Female	87	34:18	268
243	313	31:33	Lincoln Robson		Male	156	33:26	252
244	466	31:33	Gail Heslop		Female	88	33:54	260
245	375	31:33	Stephen Robson		Male	157	33:26	251
246	484	31:34	Richard Pratt		Male	158	33:50	258
247	321	31:37	Marie Callaghan		Female	89	34:09	263
248	457	31:40	Graeme Batten		Male	159	33:27	253
249	332	31:41	Megan Grimley		Female	90	33:11	241
250	341	31:41	Neil Grimley		Male	160	33:11	242
251	463	31:46	Kirsty Mccabe		Female	91	33:52	259
252	405	31:47	Mary Marron		Female	92	33:15	244
253	131	31:49	Angela Cooke		Female	93	34:12	264
254	494	31:53	Chloe Turner		Female	94	33:20	246
255	277	31:54	John Carson		Male	161	32:09	213
256	286	31:56	Judith Carson		Female	95	32:11	215
257	172	31:56	Carol Thompson		Female	96	32:06	212
258	604	32:01	Stuart Hutchinson		Male	162	34:56	277
259	162	32:09	Anne Hattersley		Female	97	32:32	219
260	402	32:11	Yvonne Wilson		Female	98	34:13	265
261	106	32:15	Aaron Burn		Male	163	32:19	216
262	465	32:18	John Heslop		Male	164	34:38	276
263	416	32:20	L Gierduszevska		Female	99	34:29	273
264	326	32:24	Martin Jones		Male	165	33:56	261
265	102	32:30	George Hurst		Male	166	32:42	222
266	274	32:31	Joan Watt		Female	100	35:28	286
267	237	32:36	Emma Thompson		Female	101	32:47	227
268	224	32:36	Dawn Flint		Female	102	32:47	228
269	540	32:41	Janet Morris		Female	103	35:33	289
270	232	32:42	Elizabeth Bone		Female	104	32:53	230
271	139	32:45	Nicola Wood		Female	105	32:52	229
272	467	32:51	Eloise Collings		Female	106	35:11	281
273	559	32:51	Lisa Lynn		Female	107	35:36	290
274	464	32:54	John Farrer		Male	167	33:09	239
275	619	32:54	Maria Groark		Female	108	33:09	240
276	110	33:00	Ian Scott		Male	168	33:11	243
277	539	33:00	Sharon Simpson	Washington Running Club	Female	109	35:53	297
278	505	33:01	John Mcewan		Male	169	35:47	294
279	566	33:02	Dawn Winlow		Female	110	35:47	295
280	211	33:05	Iain Saville		Male	170	33:27	254

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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
281	573	33:10	Kavitha Thirumalai		Female	111	35:44	293
282	380	33:19	Sue Barnes		Female	112	34:56	278
283	391	33:25	Thomas King		Male	171	34:59	279
284	186	33:30	Claire Jones		Female	113	33:56	262
285	334	33:33	Melissa Burn		Female	114	35:44	292
286	409	33:33	Matthew Wood		Male	172	35:25	283
287	430	33:37	Ashleigh Blackburn		Female	115	35:05	280
288	432	33:43	Hailey Lowes		Female	116	35:25	284
289	433	33:43	Jo Oliver		Female	117	35:25	285
290	191	33:55	Colin Tucker		Male	173	34:15	266
291	552	33:55	Susan Reynolds		Female	118	36:32	302
292	228	33:55	Donna Jackson		Female	119	34:15	267
293	427	34:00	Leanne Simpson		Female	120	35:30	288
294	555	34:03	Diane Story		Female	121	36:48	306
295	623	34:05	Catherine Cantwell		Female	122	37:05	310
296	431	34:05	Gina Calder		Female	123	36:28	300
297	261	34:08	Jackie Smith		Female	124	34:19	270
298	606	34:10	Lynn Dickinson	Sunderland Strollers	Female	125	36:46	305
299	609	34:14	Sally Steel	Sunderland Strollers	Female	126	36:51	307
300	287	34:23	Julia Christie		Female	127	34:34	275
301	537	34:26	Paul Adams		Male	174	37:00	309
302	310	34:37	Leonie Morris		Female	128	36:35	303
303	311	34:47	Lesley Adams		Female	129	36:58	308
304	384	35:05	Susan Britton		Female	130	37:17	311
305	141	35:10	Clare Graham		Female	131	35:18	282
306	115	35:15	Lucy Teasdale		Female	132	35:28	287
307	492	35:16	Christine Hann		Female	133	37:28	314
308	493	35:16	Sarah Davison		Female	134	37:28	313
309	385	35:28	Susie Maczynski		Female	135	37:19	312
310	124	35:30	L Richardson-dunn		Female	136	35:43	291
311	575	35:42	Jody Graham		Female	137	38:18	321
312	362	35:43	Robyn Scott		Female	138	37:41	318
313	373	35:52	Steph Hunsley		Female	139	37:28	315
314	215	35:52	Sandra Dormand		Female	140	36:03	298
315	389	35:56	Teresa Mapplebeck		Female	141	37:32	316
316	236	36:02	Emma Gallagher		Female	142	36:10	299
317	594	36:14	Gerardo Donkin		Male	175	39:10	327
318	149	36:16	Alison Laverick		Female	143	36:40	304
319	130	36:18	Sophie Everett		Female	144	36:32	301
320	524	36:27	James Armstrong		Male	176	39:01	325
321	434	36:46	Faye Toward		Female	145	38:28	322
322	333	36:54	Melanie Lisle		Female	146	39:02	326
323	123	36:55	Haley Lane		Female	147	37:44	319
324	129	36:56	Deano Franciosy		Male	177	37:44	320
325	176	37:19	Catherine Kester		Female	148	37:38	317
326	481	37:29	Laura Metcalfe		Female	149	38:57	324
327	335	37:32	Michael Gallagher		Male	178	39:22	329
328	135	38:03	Shalinee King		Female	150	38:28	323
329	576	38:27	Leanne Hindmarch		Female	151	41:25	345
330	610	38:28	Rebecca Robinson		Female	152	40:59	335
331	470	38:44	Karen Wilkinson		Female	153	40:40	333
332	477	38:44	Lynn Blackett		Female	154	40:40	334
333	622	38:49	Georgia Jamieson		Female	155	41:21	344
334	516	38:55	Emma Wright		Female	156	41:35	348
335	446	38:57	Siani Anderson		Female	157	40:10	332
336	175	39:01	Catherine Dodds		Female	158	39:20	328
337	382	39:02	Sulosana Raj		Female	159	41:16	341
338	168	39:02	Beth Mulligan		Female	160	39:23	330
339	204	39:03	David Mulligan		Male	179	39:24	331
340	453	39:14	Neil Harker	Hartlepool Burn Road Harriers	Male	180	41:03	336
341	452	39:15	Helen Williams		Female	161	41:04	337
342	621	39:27	David Taylor-Gooby		Male	181	42:05	350
343	422	39:31	Victoria Moore		Female	162	41:32	346
344	421	39:31	Ann Johnson		Female	163	41:32	347
345	472	39:37	Marie Daurat		Female	164	41:18	342
346	338	39:37	Michelle Daurat		Female	165	41:18	343
347	581	39:46	Veronica Gibson		Female	166	42:37	353
348	583	39:46	Danielle Cottrell		Female	167	42:38	354
349	262	40:53	Jacqueline Lawson		Female	168	41:07	338
350	163	40:53	Annette Thompson		Female	169	43:56	359

Active Sunderland City 5k

Saturday 19th June 2021

RESULT

by Chip Position

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Gun Time	Gun Pos
351	498	40:53	Sarah Newton		Female	170	43:56	362
352	418	40:53	Maria Lindsay		Female	171	43:56	361
353	288	40:55	Julie Kellett		Female	172	43:56	360
354	169	40:55	Bethany Blanks		Female	173	41:12	340
355	242	40:55	Gary Blanks		Male	182	41:12	339
356	308	40:55	Lee Heron		Male	183	42:54	355
357	428	41:29	A Gordon-pucci		Female	174	43:30	358
358	114	41:40	Sarah Stennett		Female	175	41:54	349
359	513	41:42	Natalie Greenwood		Female	176	44:26	363
360	512	41:42	Steven Grisedale		Male	184	44:26	364
361	118	42:05	Richard Jones		Male	185	42:30	352
362	117	42:05	Rosie Jones		Female	177	42:30	351
363	592	42:30	Jane Carlson		Female	178	44:59	367
364	216	42:30	Tina King		Female	179	44:59	368
365	111	43:12	Vanessa Booth		Female	180	43:26	356
366	615	43:13	Emily Smith		Female	181	46:14	375
367	247	43:13	Gillian Hurdman		Female	182	43:26	357
368	460	43:14	Andrew Donnelly		Male	186	45:02	369
369	448	43:15	Emma Haggie	Run Nation Running Club	Female	183	45:02	370
370	395	43:44	Tracy Cranswick		Female	184	45:14	371
371	600	43:52	Hannah Foster		Female	185	46:51	381
372	190	44:06	Clinton Leeks		Male	187	44:39	365
373	438	44:15	Joan Emmerson		Female	186	46:40	377
374	364	44:16	Rose Ord		Female	187	46:04	374
375	230	44:38	Doreen Snowdon		Female	188	44:53	366
376	314	44:51	Linda Heron		Female	189	46:50	379
377	109	44:53	Peter thomas Bland		Male	188	45:22	372
378	456	45:03	Danny Woods		Female	190	46:51	380
379	185	45:16	Claire Hutchinson		Female	191	45:27	373
380	595	45:39	Cynthia Steadman		Female	192	48:43	385
381	108	45:56	Michelle Donnelly	Sunderland Strollers	Female	193	46:25	376
382	458	45:57	Samantha Smith		Female	194	48:00	384
383	459	45:57	David Smith	Lonely Goat RC	Male	189	48:00	383
384	194	46:20	Craig Heron		Male	190	46:50	378
385	424	46:46	Cassandra Robson		Female	195	48:47	386
386	423	46:49	Lyndsey Mewes		Female	196	48:51	387
387	297	47:08	Kelly Burdis-mcGough		Female	197	47:21	382
388	343	48:41	Nichola Mitchell		Female	198	51:03	388
389	394	48:42	Tony Moulding		Male	191	51:03	389
390	485	50:54	Heather Cox		Female	199	53:02	390
391	489	50:54	Lyn Garrow		Female	200	53:03	391
392	388	52:15	Tara Tunnicliffe		Female	201	54:39	392