



# Run in the Dark - London 5k

Wednesday 13th November 2019

# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	408	17:08	Frederic Robles		Male	1	5K-MO	1	17:08	1
2	1527	17:30	Alexandre David	MUFG Run in the Dark Team	Male	2	5K-MO	2	17:30	2
3	1578	17:53	Iain McCall	MUFG Run in the Dark Team	Male	3	5K-MO	3	17:50	3
4	533	18:20	Oliver Blaydon	Armstrong International	Male	4	5K-M40	1	18:19	5
5	511	18:21	Jonny Giles	AIM2RUN	Male	5	5K-MO	4	18:18	4
6	512	18:24	Liam Fitzgerald	AIM2RUN	Male	6	5K-MO	5	18:22	6
7	1304	18:35	Matthew Fitzgerald	AIM2RUN	Male	7	5K-MO	6	18:33	8
8	619	18:46	Thomas Ktenidis	BOI Corporate Banking	Male	8	5K-MO	7	18:30	7
9	564	18:48	Christopher Lawson	Bank of America Merrill Lynch	Male	9	5K-MO	8	18:40	9
10	950	19:05	James Waller		Male	10	5K-MO	9	18:50	10
11	252	19:15	Rebecca Clarke		Female	1	5K-FO	1	19:15	12
12	1676	19:30	Pierre Poulain	MUFG Run in the Dark Team 2	Male	11	5K-MO	10	18:59	11
13	1537	19:45	Fernando Rodriguez	MUFG Run in the Dark Team	Male	12	5K-M40	2	19:35	14
14	568	19:53	Ben Johnson	Bank of America Merrill Lynch	Male	13	5K-MO	11	19:49	17
15	1556	20:01	Thomas Potter	MUFG Run in the Dark Team	Male	14	5K-MO	12	19:51	18
16	1901	20:03	Christian Clement	MUFG Run in the Dark Team	Male	15	5K-MO	13	19:51	19
17	1719	20:05	Amie Taylor	MUFG Run in the Dark Team 2	Female	2	5K-FO	2	19:57	20
18	652	20:15	Katherine Snowden	Commercial & Products Finance	Female	3	5K-FO	3	20:10	23
19	1736	20:15	Anders Maehre	MUFG Run in the Dark Team 2	Male	16	5K-M40	3	20:07	22
20	1550	20:23	Karol Olszewski	MUFG Run in the Dark Team	Male	17	5K-MO	14	19:42	15
21	1675	20:23	Alex Osborne	MUFG Run in the Dark Team 2	Male	18	5K-MO	15	20:16	25
22	1710	20:28	Paul Suckling	MUFG Run in the Dark Team 2	Male	19	5K-M40	4	20:28	26
23	1702	20:37	Faycal Tazi	MUFG Run in the Dark Team 2	Male	20	5K-M40	5	20:35	27
24	534	20:41	Luke Wilmot-Sitwell	Armstrong International	Male	21	5K-MO	16	20:40	30
25	541	20:41	William North	Armstrong International	Male	22	5K-MO	17	20:40	31
26	1555	20:47	Stephen Jennings	MUFG Run in the Dark Team	Male	23	5K-M40	6	20:47	34
27	1571	21:02	Youssef El Otmani	MUFG Run in the Dark Team	Male	24	5K-MO	18	20:59	40
28	656	21:03	William Siddeley	Cookson Adventures	Male	25	5K-MO	19	20:39	29
29	1586	21:05	Andrew Willis	MUFG Run in the Dark Team	Male	26	5K-M40	7	19:30	13
30	1640	21:05	Ken Kijima	MUFG Run in the Dark Team 2	Male	27	5K-M40	8	20:47	35
31	1215	21:06	Jonathan Wienand		Male	28	5K-MO	20	20:55	37
32	540	21:07	Rui De Sousa Brites	Armstrong International	Male	29	5K-MO	21	20:14	24
33	1725	21:20	Christina Tari	MUFG Run in the Dark Team 2	Female	4	5K-FO	4	19:43	16
34	1695	21:20	Lyle Rodgers	MUFG Run in the Dark Team 2	Male	30	5K-MO	22	21:13	42
35	874	21:21	Ali Haghighi	Vattenfall Wind	Male	31	5K-MO	23	20:37	28
36	657	21:21	Adam Sebba	Cookson Adventures	Male	32	5K-M40	9	20:57	39
37	1560	21:24	Sho Matsumoto	MUFG Run in the Dark Team	Male	33	5K-MO	24	20:54	36
38	1636	21:30	Fraser Babbage	MUFG Run in the Dark Team 2	Male	34	5K-MO	25	21:24	45
39	1262	21:39	Fraser Haslett-Celentano	Armstrong International	Male	35	5K-MO	26	20:46	33
40	1659	21:45	Joshua White	MUFG Run in the Dark Team 2	Male	36	5K-MO	27	21:38	53
41	1573	21:53	Mariko Lowery	MUFG Run in the Dark Team	Female	5	5K-F40	1	21:26	46
42	865	21:56	Andre Lennon-Smith	TRM	Male	37	5K-MO	28	20:42	32
43	646	21:58	Daniel Morris	Commercial & Products Finance	Male	38	5K-M40	10	21:52	61
44	610	22:06	Djurree Hoogeveen	Blackstone Team	Male	39	5K-MO	29	21:18	44
45	1657	22:07	Mark Escott	MUFG Run in the Dark Team 2	Male	40	5K-M50	1	21:15	43
46	873	22:17	Annie Panter	TRM	Female	6	5K-FO	5	21:04	41
47	1724	22:18	Rob Weeks	MUFG Run in the Dark Team 2	Male	41	5K-MO	30	22:07	66
48	1666	22:19	Conrad Thomas	MUFG Run in the Dark Team 2	Male	42	5K-MO	31	20:55	38
49	1922	22:21	Nicholas Johnson	Imperial Marchers	Male	43	5K-MO	32	22:04	65
50	1690	22:26	Ed Cotter	MUFG Run in the Dark Team 2	Male	44	5K-MO	33	20:04	21
51	538	22:34	Laura Boisnard	Armstrong International	Female	7	5K-FO	6	22:21	73
52	1716	22:41	Edmund Baroudi	MUFG Run in the Dark Team 2	Male	45	5K-MO	34	22:12	67
53	1184	22:45	Matt Orford	Sir Robert McAlpine	Male	46	5K-MO	35	21:30	48
54	1243	22:45	Tom Harwood	TRM	Male	47	5K-MO	36	21:30	47
55	527	22:47	Catherine Smith	Architas	Female	8	5K-FO	7	21:47	60
56	760	22:48	Helen Prudhoe	Leathwaite	Female	9	5K-FO	8	22:31	74
57	1090	22:49	Ali Cole	Charles Taylor	Male	48	5K-MO	37	21:38	54
58	844	22:51	Victoria Bowie	The New York Times	Female	10	5K-FO	9	21:37	51
59	1501	22:51	Peter Bradley	Football Radar	Male	49	5K-MO	38	21:33	49
60	1530	22:53	Mehdi Kourde	MUFG Run in the Dark Team	Male	50	5K-MO	39	22:52	87
61	867	22:58	Rowan Woolcombe	TRM	Male	51	5K-MO	40	21:44	58
62	929	23:01	Alexander Denoon Duncan		Male	52	5K-MO	41	22:46	83
63	576	23:03	Katrina Chandler	Bank of America Merrill Lynch	Female	11	5K-FO	10	22:55	88
64	572	23:04	Sean Mahony	Bank of America Merrill Lynch	Male	53	5K-M50	2	22:14	69
65	620	23:06	Faye Donnelly	BOI Corporate Banking	Female	12	5K-FO	11	22:39	79
66	1322	23:06	Paul Keherly	Bank of America Merrill Lynch	Male	54	5K-M50	3	22:49	85
67	1575	23:08	Cedric Cavents	MUFG Run in the Dark Team	Male	55	5K-MO	42	22:42	81
68	1617	23:10	Daniel Young	MUFG Run in the Dark Team	Male	56	5K-MO	43	21:40	55
69	908	23:10	Sarah Smith		Female	13	5K-FO	12	22:43	82
70	1647	23:12	Nassos Politis	MUFG Run in the Dark Team 2	Male	57	5K-MO	44	23:00	90
71	1583	23:14	Nazim Fraoucene	MUFG Run in the Dark Team	Male	58	5K-M40	11	22:20	72
72	1533	23:27	Yohei Ojika	MUFG Run in the Dark Team	Male	59	5K-MO	45	21:40	56
73	758	23:28	Rosalind Gibson	Leathwaite	Female	14	5K-FO	13	23:11	94
74	1700	23:36	Francois Colombani	MUFG Run in the Dark Team 2	Male	60	5K-MO	46	23:32	101
75	377	23:37	Daniel Baron		Male	61	5K-MO	47	23:22	99



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76	1739	23:38	Robert Knight	MUFG Run in the Dark Team 2	Male	62	5K-MO	48	21:55	62
77	1600	23:41	Tom White	MUFG Run in the Dark Team	Male	63	5K-MO	49	23:11	95
78	265	23:42	Jonathan Mackay		Male	64	5K-M40	12	22:19	70
79	372	23:43	William Ross		Male	65	5K-MO	50	22:01	63
80	941	23:44	Gerard Ellis		Male	66	5K-MO	51	23:11	93
81	1534	23:44	Robert Cheek	MUFG Run in the Dark Team	Male	67	5K-M40	13	22:03	64
82	1263	23:47	Charlie Nash	Blackstone Team	Male	68	5K-MO	52	21:41	57
83	870	23:51	Nathan Goodman	TRM	Male	69	5K-MO	53	22:41	80
84	699	23:51	Gabriel Mass	Football Radar	Male	70	5K-MO	54	22:33	77
85	864	23:54	Cameron Ponsonby	TRM	Male	71	5K-MO	55	22:39	78
86	857	23:58	Daniel Wong-Chi-Man	The New York Times	Male	72	5K-MO	56	23:09	92
87	1721	24:00	Atakan Akkaya	MUFG Run in the Dark Team 2	Male	73	5K-M40	14	23:57	117
88	1549	24:00	Ryan Henry	MUFG Run in the Dark Team	Male	74	5K-MO	57	23:47	112
89	1037	24:02	Luis Beltran		Male	75	5K-M40	15	21:36	50
90	1559	24:09	Daniel Jaax	MUFG Run in the Dark Team	Male	76	5K-MO	58	23:51	114
91	615	24:09	Alex Cook	BOI Corporate Banking	Male	77	5K-MO	59	23:07	91
92	1662	24:18	David Scott	MUFG Run in the Dark Team 2	Male	78	5K-MO	60	23:40	104
93	660	24:18	Sam Bradley	Cookson Adventures	Male	79	5K-MO	61	23:53	115
94	247	24:26	Joseph Bond		Male	80	5K-MO	62	24:07	121
95	1720	24:27	Guillaume Limouzineau	MUFG Run in the Dark Team 2	Male	81	5K-MO	63	23:19	98
96	609	24:27	Peter Werhahn	Blackstone Team	Male	82	5K-MO	64	21:38	52
97	468	24:27	Ross ODonovan		Male	83	5K-MO	65	22:14	68
98	1176	24:29	S Feasey	ISS Intrepid Team	Male	84	5K-M50	4	24:21	128
99	1592	24:30	Olof Lennstrom	MUFG Run in the Dark Team	Male	85	5K-MO	66	23:35	102
100	812	24:31	David Amiras	Shamwari	Male	86	5K-MO	67	23:57	118
101	1594	24:38	Yasuhiro Kawabata	MUFG Run in the Dark Team	Male	87	5K-MO	68	22:49	86
102	919	24:40	Reece Maycock		Male	88	5K-MO	69	24:10	123
103	1356	24:43	Amy Valentin		Female	15	5K-FO	14	24:20	127
104	1589	24:44	Taz Sansi	MUFG Run in the Dark Team	Male	89	5K-M40	16	22:32	75
105	480	24:46	Bruno Tambosso		Male	90	5K-MO	70	24:43	139
106	617	24:50	James Eric Stewart-Moore	BOI Corporate Banking	Male	91	5K-MO	71	23:54	116
107	1829	24:51	Mateusz Pasnik		Male	92	5K-MO	72	24:03	120
108	868	24:51	Leo Thompson	TRM	Male	93	5K-MO	73	23:42	107
109	1682	24:52	Christopher Copley	MUFG Run in the Dark Team 2	Male	94	5K-MO	74	24:20	126
110	1699	24:53	Nirathanan Sukumar	MUFG Run in the Dark Team 2	Male	95	5K-MO	75	24:33	133
111	1585	24:53	Hideaki Nakajima	MUFG Run in the Dark Team	Male	96	5K-M40	17	23:16	96
112	658	24:54	Neal Bateman	Cookson Adventures	Male	97	5K-MO	76	24:29	131
113	1092	24:54	Will Carroll	Charles Taylor	Male	98	5K-MO	77	23:42	106
114	872	24:55	Greg Hamilton	TRM	Male	99	5K-MO	78	23:40	105
115	1599	25:01	Stephen Williams	MUFG Run in the Dark Team	Male	100	5K-MO	79	24:43	140
116	605	25:06	Andrey Simeonov	Blackstone Team	Male	101	5K-MO	80	22:19	71
117	715	25:07	Toby Birkett	Football Radar	Male	102	5K-MO	81	24:45	141
118	691	25:07	Andrea De Benedetti	Eastdil Secured	Female	16	5K-FO	15	24:52	144
119	1685	25:12	Ashley Wang	MUFG Run in the Dark Team 2	Female	17	5K-FO	16	24:37	135
120	245	25:13	Lauren Kiley		Female	18	5K-FO	17	23:45	109
121	1079	25:13	Conor Brandon	BOI Corporate Banking	Male	103	5K-MO	82	22:33	76
122	1392	25:18	James Karat		Male	104	5K-M40	18	24:55	146
123	1637	25:22	Michael Lescott	MUFG Run in the Dark Team 2	Male	105	5K-MO	83	23:46	110
124	1677	25:23	Cara McCabe O'Neill	MUFG Run in the Dark Team 2	Female	19	5K-FO	18	23:47	113
125	1273	25:26	Nathan Ladd	Sir Robert McAlpine	Male	106	5K-MO	84	24:09	122
126	1528	25:30	Christian Stihl	MUFG Run in the Dark Team	Male	107	5K-M40	19	23:39	103
127	1631	25:31	John Simmons	MUFG Run in the Dark Team 2	Male	108	5K-MO	85	24:42	138
128	828	25:32	Thomas Felix	Sir Robert McAlpine	Male	109	5K-MO	86	23:30	100
129	946	25:32	Avalon Browne		Female	20	5K-FO	19	23:43	108
130	863	25:33	Philippa Williams	TRM	Female	21	5K-FO	20	24:19	125
131	1078	25:35	Susanne Hill	BOI Corporate Banking	Female	22	5K-FO	21	22:56	89
132	618	25:37	Ava Gaffney	BOI Corporate Banking	Female	23	5K-FO	22	24:41	136
133	1691	25:38	David Burnett	MUFG Run in the Dark Team 2	Male	110	5K-MO	87	25:08	154
134	1727	25:39	Shuhei Ooba	MUFG Run in the Dark Team 2	Male	111	5K-MO	88	24:58	148
135	1565	25:44	Robert Bartlett	MUFG Run in the Dark Team	Male	112	5K-M50	5	25:27	165
136	543	25:46	Roger Threlfall	Armstrong International	Male	113	5K-M40	20	21:46	59
137	1678	25:50	David McKenzie	MUFG Run in the Dark Team 2	Male	114	5K-MO	89	25:12	158
138	917	25:51	Mattias Eriksson		Male	115	5K-M40	21	25:04	151
139	1735	25:51	Chris Booth	MUFG Run in the Dark Team 2	Male	116	5K-MO	90	25:10	156
140	1311	25:51	Carlos Matilla	Nfq	Male	117	5K-MO	91	23:16	97
141	1737	25:52	Silvano Rossi	MUFG Run in the Dark Team 2	Male	118	5K-MO	92	25:21	162
142	1271	25:52	Naomi Ryan	Sir Robert McAlpine	Female	24	5K-FO	23	24:35	134
143	1022	25:54	Niraj Dattani		Male	119	5K-MO	93	24:02	119
144	1785	25:55	Jack Luttmann		Male	120	5K-MO	94	25:21	163
145	316	25:55	Susan Nash		Female	25	5K-F50	1	25:36	167
146	1574	26:02	Suraj Amlani	MUFG Run in the Dark Team	Male	121	5K-MO	95	24:42	137
147	1400	26:03	Luke Thomas		Male	122	5K-MO	96	25:54	182
148	1634	26:04	Terence Cronin	MUFG Run in the Dark Team 2	Male	123	5K-MO	97	25:51	181
149	702	26:06	Mark Guarnieri	Football Radar	Male	124	5K-MO	98	24:58	149
150	869	26:07	Niall Finnegan	TRM	Male	125	5K-MO	99	24:55	147



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151	1073	26:09	Rahul Mundke	Bank of America Merrill Lynch	Male	126	5K-M40	22	26:03	186
152	1663	26:10	Nicolas Pedel	MUFG Run in the Dark Team 2	Male	127	5K-MO	100	24:26	130
153	594	26:10	Thomas Wintersohl	Blackstone Team	Male	128	5K-MO	101	22:47	84
154	1134	26:11	Hanneke de Roover	ISS Intrepid Team	Female	26	5K-FO	24	26:05	188
155	1087	26:11	Matt Walshe	Charles Taylor	Male	129	5K-MO	102	25:00	150
156	1688	26:12	Andrew MacKinnon	MUFG Run in the Dark Team 2	Male	130	5K-MO	103	24:32	132
157	1579	26:12	Adrian Yau	MUFG Run in the Dark Team	Male	131	5K-MO	104	25:45	176
158	1715	26:14	Hiroshi Hori	MUFG Run in the Dark Team 2	Male	132	5K-MO	105	25:36	168
159	1577	26:16	Mike Walker	MUFG Run in the Dark Team	Male	133	5K-MO	106	25:24	164
160	1562	26:18	Guillaume Leprieur	MUFG Run in the Dark Team	Male	134	5K-MO	107	25:40	173
161	1531	26:21	James Burkill	MUFG Run in the Dark Team	Male	135	5K-MO	108	24:48	142
162	710	26:21	Andrzej Gustyn	Football Radar	Male	136	5K-MO	109	25:06	153
163	1541	26:24	Abhijit Jadhav	MUFG Run in the Dark Team	Male	137	5K-M40	23	25:46	179
164	1641	26:32	Yuichiro Noro	MUFG Run in the Dark Team 2	Male	138	5K-MO	110	26:13	196
165	290	26:32	Amelia Ross		Female	27	5K-FO	25	24:51	143
166	771	26:33	Ann Woulfe	Mott MacDonald Milers	Female	28	5K-FO	26	25:37	170
167	622	26:42	Richard Long	BOI Corporate Banking	Male	139	5K-MO	111	25:38	172
168	159	26:44	Anthony Barklam		Male	140	5K-M50	6	26:06	189
169	1009	26:44	Ellie Spicer		Female	29	5K-FO	27	26:04	187
170	1454	26:46	Yuyou Liu	AECOM Running Team	Male	141	5K-M40	24	25:14	159
171	1621	26:46	Yohei Kato	MUFG Run in the Dark Team	Male	142	5K-MO	112	24:11	124
172	1664	26:48	Catriona Maclean	MUFG Run in the Dark Team 2	Female	30	5K-FO	28	26:08	194
173	1126	26:50	Aidan Bell	ISS Intrepid Team	Male	143	5K-M40	25	26:42	209
174	1726	26:52	Andrew Perkins	MUFG Run in the Dark Team 2	Male	144	5K-M50	7	26:46	213
175	1587	26:53	Chris Amor	MUFG Run in the Dark Team	Male	145	5K-MO	113	24:24	129
176	1270	26:56	Beth Lewis	Sir Robert McAlpine	Female	31	5K-FO	29	24:54	145
177	843	27:00	Flavia Allegretto	The New York Times	Female	32	5K-FO	30	25:45	177
178	1915	27:00	Michael Burton	Autonomous / Bernstein	Male	146	5K-M40	26	26:14	197
179	1518	27:04	Nina Swallow	ISS Intrepid Team	Female	33	5K-F40	2	26:52	220
180	1519	27:04	Kristina Jackson	ISS Intrepid Team	Female	34	5K-FO	31	26:52	219
181	1558	27:05	Satoshi Terai	MUFG Run in the Dark Team	Male	147	5K-MO	114	25:20	161
182	1876	27:11	Paul Schreier		Male	148	5K-M50	8	26:27	200
183	1339	27:11	Jessica Hartogs		Female	35	5K-FO	32	26:06	190
184	1464	27:12	Yuhang Wang	Bank of America Merrill Lynch	Female	36	5K-FO	33	27:05	230
185	382	27:12	Ciara Flock		Female	37	5K-FO	34	26:52	222
186	350	27:15	Daniel Goldstein		Male	149	5K-M40	27	25:50	180
187	1633	27:15	Yang Yu	MUFG Run in the Dark Team 2	Male	150	5K-MO	115	26:25	199
188	1833	27:16	Paul O'Donohoe		Male	151	5K-MO	116	25:41	174
189	1580	27:18	Hiroko Uchino	MUFG Run in the Dark Team	Female	38	5K-F40	3	26:52	218
190	717	27:21	Nicholas Skehin	Football Radar	Male	152	5K-MO	117	26:11	195
191	1303	27:22	Lisa Wong	AIM2RUN	Female	39	5K-FO	35	27:00	228
192	1545	27:22	Mayuko Yamada	MUFG Run in the Dark Team	Female	40	5K-F40	4	26:54	223
193	1538	27:25	Masashi Kikuta	MUFG Run in the Dark Team	Male	153	5K-M40	28	25:38	171
194	544	27:26	Hugh Barran	Armstrong International	Male	154	5K-MO	118	25:09	155
195	1305	27:27	Michelle Smith	AIM2RUN	Female	41	5K-F50	2	27:05	231
196	850	27:28	Nick Papadopoulos	The New York Times	Male	155	5K-M40	29	26:38	207
197	1643	27:32	David Marquez	MUFG Run in the Dark Team 2	Male	156	5K-MO	119	23:46	111
198	1570	27:33	Deepak Goel	MUFG Run in the Dark Team	Male	157	5K-M40	30	25:44	175
199	881	27:34	Dan Wright	Winckworth Sherwood	Male	158	5K-MO	120	27:14	236
200	1564	27:35	Take Daimon	MUFG Run in the Dark Team	Male	159	5K-MO	121	25:06	152
201	1834	27:36	Martine Devine		Male	160	5K-MO	122	26:01	184
202	232	27:36	Ehivay Agu		Female	42	5K-FO	36	27:32	254
203	1474	27:36	Dani Naylor	Blackstone Team	Female	43	5K-FO	37	25:11	157
204	1540	27:38	Mahen Perera	MUFG Run in the Dark Team	Male	161	5K-MO	123	25:58	183
205	1601	27:42	Mark Rider	MUFG Run in the Dark Team	Male	162	5K-MO	124	27:31	253
206	813	27:48	Leanne King	Shamwari	Female	44	5K-FO	38	26:47	214
207	1181	27:48	Matt Davies	Octopus Running Club	Male	163	5K-MO	125	26:36	204
208	1827	27:48	Jonathan Astle		Male	164	5K-MO	126	26:06	191
209	1831	27:49	Wilfred Aylett		Male	165	5K-MO	127	26:06	192
210	1013	27:49	Scott Durant		Male	166	5K-MO	128	27:15	237
211	814	27:50	Brett King	Shamwari	Male	167	5K-M40	31	26:59	226
212	811	27:50	Samantha Monik	Shamwari	Female	45	5K-FO	39	26:52	221
213	1121	27:50	Richard Johnston	ISS Intrepid Team	Male	168	5K-M40	32	27:46	267
214	700	27:53	Max Sang	Football Radar	Male	169	5K-M40	33	26:42	210
215	704	27:53	Eduardo da Silva	Football Radar	Male	170	5K-MO	129	26:42	211
216	1168	27:55	Adriano Barros	Vattenfall Wind	Male	171	5K-MO	130	27:08	234
217	1576	27:56	Luis Espejo	MUFG Run in the Dark Team	Male	172	5K-MO	131	26:36	205
218	1907	27:57	Parin Hirani	Autonomous / Bernstein	Male	173	5K-MO	132	25:19	160
219	944	27:57	Niamh Kenefick		Female	46	5K-FO	40	26:08	193
220	815	27:59	Brennen Claypole	Shamwari	Male	174	5K-MO	133	27:26	248
221	345	28:02	Stuart Beech		Male	175	5K-M60+	1	27:36	260
222	1074	28:02	David Killip	Bank of America Merrill Lynch	Male	176	5K-M50	9	26:33	201
223	1638	28:03	Kevin Ramdin	MUFG Run in the Dark Team 2	Male	177	5K-MO	134	27:31	252
224	1352	28:07	Declan Edwards		Male	178	5K-MO	135	27:26	247
225	701	28:07	Simon Bidwell	Football Radar	Male	179	5K-MO	136	27:00	229



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# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	1568	28:08	Amarpreet Singh	MUFG Run in the Dark Team	Male	180	5K-MO	137	25:35	166
227	1743	28:11	Henry Marshall	Realstar	Male	181	5K-MO	138	25:37	169
228	1874	28:14	Philip Keya		Male	182	5K-MO	139	28:13	284
229	1312	28:22	Cristina Renedo	Nfq	Male	183	5K-MO	140	25:46	178
230	876	28:22	Andrew Galbraith	Vattenfall Wind	Male	184	5K-MO	141	27:34	256
231	1616	28:24	Theodore Cohn	MUFG Run in the Dark Team	Male	185	5K-MO	142	27:52	270
232	370	28:25	Helen Carroll		Female	47	5K-F40	5	27:06	232
233	630	28:27	Carolos Vidalis	Centrica	Male	186	5K-MO	143	26:25	198
234	375	28:29	Geraldine Dooley		Female	48	5K-F50	3	26:46	212
235	1731	28:33	Priya Shah	MUFG Run in the Dark Team 2	Female	49	5K-FO	41	26:50	216
236	621	28:33	Alastair Kenny	BOI Corporate Banking	Male	187	5K-MO	144	27:35	258
237	1553	28:36	Ritika Bharija	MUFG Run in the Dark Team	Female	50	5K-FO	42	28:20	291
238	530	28:36	Chris Boylan	Architas	Male	188	5K-MO	145	27:34	257
239	1088	28:38	Gavin MacDonagh	Charles Taylor	Male	189	5K-M40	34	27:26	246
240	13	28:38	Phil Turner		Male	190	5K-M40	35	27:19	243
241	1238	28:39	Josh Kemp	Nfq	Male	191	5K-MO	146	26:02	185
242	1738	28:40	James Hart	MUFG Run in the Dark Team 2	Male	192	5K-M50	10	28:01	275
243	1660	28:41	Jack Lewis	MUFG Run in the Dark Team 2	Male	193	5K-M40	36	28:00	274
244	1669	28:41	Dil Khan	MUFG Run in the Dark Team 2	Male	194	5K-MO	147	27:59	273
245	1698	28:41	Chieko Mitsukawa	MUFG Run in the Dark Team 2	Female	51	5K-F50	4	27:08	233
246	1810	28:44	Giles Partington		Male	195	5K-MO	148	28:27	300
247	548	28:51	Iona Prideaux	Armstrong International	Female	52	5K-FO	43	26:35	202
248	878	28:53	Eleni Skoufaki	Vattenfall Wind	Female	53	5K-FO	44	28:06	280
249	33	28:54	Nicola Destro		Male	196	5K-MO	149	27:44	265
250	1495	28:58	Jack Rowbotham	Dynamics	Male	197	5K-MO	150	26:36	206
251	1499	28:58	Tammy Briggs	Dynamics	Male	198	5K-MO	151	26:35	203
252	1547	28:59	Akimi Ishizuka	MUFG Run in the Dark Team	Female	54	5K-FO	45	26:59	227
253	6	29:03	Brendon Harper		Male	199	5K-MO	152	27:10	235
254	539	29:03	Augusta Johns	Armstrong International	Female	55	5K-FO	46	27:41	261
255	546	29:04	Molly Morley	Armstrong International	Female	56	5K-FO	47	27:42	262
256	403	29:06	Suzie Lorimer		Female	57	5K-F40	6	28:39	312
257	1539	29:06	Daniyar Rakhimov	MUFG Run in the Dark Team	Male	200	5K-MO	153	27:24	244
258	1353	29:07	Christa Wilde		Female	58	5K-FO	48	28:25	298
259	465	29:07	Mathew Wheeler		Male	201	5K-MO	154	28:03	277
260	1543	29:08	Jegan Raja	MUFG Run in the Dark Team	Male	202	5K-M40	37	27:16	238
261	1552	29:09	Philippa Brock	MUFG Run in the Dark Team	Female	59	5K-FO	49	28:58	320
262	1679	29:09	Ravi Gosai	MUFG Run in the Dark Team 2	Male	203	5K-MO	155	28:41	315
263	1704	29:10	Jimbo Higgins	MUFG Run in the Dark Team 2	Male	204	5K-MO	156	28:59	322
264	697	29:12	Thomas Smith	ET Striders	Male	205	5K-MO	157	28:36	307
265	1237	29:15	Ignacio Guzman	Nfq	Male	206	5K-MO	158	26:39	208
266	918	29:20	Terese Johansson		Female	60	5K-F40	7	28:32	303
267	1498	29:20	David Reid	Dynamics	Male	207	5K-M50	11	26:58	225
268	696	29:24	Simon Wiltshire	ET Striders	Male	208	5K-M50	12	28:46	317
269	1618	29:25	Lisa Woodvine	MUFG Run in the Dark Team	Female	61	5K-FO	50	28:32	306
270	1652	29:25	Akemi Takimoto	MUFG Run in the Dark Team 2	Female	62	5K-F40	8	27:53	272
271	1655	29:25	Lucas Helbling	MUFG Run in the Dark Team 2	Male	209	5K-MO	159	27:52	269
272	1239	29:26	Jorge Rodriguez	Nfq	Male	210	5K-MO	160	26:49	215
273	1798	29:26	Ingrid Buchanan		Female	63	5K-F40	9	29:10	329
274	565	29:26	Dhruv Pandya	Bank of America Merrill Lynch	Male	211	5K-MO	161	28:13	286
275	1264	29:28	Charlie Smith	BOI Corporate Banking	Male	212	5K-MO	162	28:28	301
276	1623	29:28	Richard Myers	MUFG Run in the Dark Team	Male	213	5K-MO	163	27:18	242
277	1668	29:29	Andreas Metaxas	MUFG Run in the Dark Team 2	Male	214	5K-MO	164	27:17	241
278	1162	29:29	Tariq Smalling-West	Sir Robert McAlpine	Male	215	5K-MO	165	27:25	245
279	1188	29:31	Nichole Atkins		Female	64	5K-FO	51	26:50	217
280	1114	29:31	Debra Greatbatch	ISS Intrepid Team	Female	65	5K-F40	10	29:19	337
281	1069	29:33	James Wilmot	Almero	Male	216	5K-MO	166	28:06	279
282	1462	29:34	Bruce Good	Almero	Male	217	5K-M40	38	28:07	281
283	75	29:36	Laura Forcetti		Female	66	5K-FO	52	29:36	352
284	1272	29:37	Tara Keogh	Sir Robert McAlpine	Female	67	5K-FO	53	28:19	290
285	1680	29:37	Mina Pan	MUFG Run in the Dark Team 2	Female	68	5K-FO	54	29:37	356
286	643	29:39	Curtis Harding	Commercial & Products Finance	Male	218	5K-MO	167	27:44	264
287	1625	29:39	Mohit Verma	MUFG Run in the Dark Team	Male	219	5K-MO	168	29:21	340
288	471	29:40	Ryan Patel		Male	220	5K-MO	169	27:45	266
289	98	29:40	Emma Woodall		Female	69	5K-FO	55	27:46	268
290	1642	29:41	David Edmunds	MUFG Run in the Dark Team 2	Male	221	5K-MO	170	28:41	316
291	599	29:42	Serena Langham	Blackstone Team	Female	70	5K-FO	56	26:54	224
292	1689	29:43	Hugh Clancy	MUFG Run in the Dark Team 2	Male	222	5K-MO	171	29:12	331
293	988	29:46	Alfie Chambers		Male	223	5K-MO	172	29:21	339
294	783	29:46	Bayan Carter	Newland House Ninjas	Female	71	5K-F40	11	27:36	259
295	987	29:47	Anna Hunt		Female	72	5K-FO	57	29:22	343
296	608	29:51	Gabriella De'Arth	Blackstone Team	Female	73	5K-FO	58	27:44	263
297	940	29:52	Michael Elliott		Male	224	5K-MO	173	29:52	369
298	1155	29:52	Henry McGeever	Realstar	Male	225	5K-MO	174	27:17	240
299	1816	29:53	Atiqur Khan		Male	226	5K-M40	39	29:03	324
300	1615	29:53	Taro Visser	MUFG Run in the Dark Team	Male	227	5K-MO	175	29:22	341



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# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	1734	29:54	Marcus Olsberg	MUFG Run in the Dark Team 2	Male	228	5K-MO	176	27:31	251
302	901	29:54	Elena Antoniadis		Female	74	5K-FO	59	29:33	349
303	802	29:56	Stephanie-Suzanne Jory	Roche Runners	Female	75	5K-F40	12	29:37	353
304	1696	29:56	Aya Yagome	MUFG Run in the Dark Team 2	Female	76	5K-F40	13	28:24	294
305	1620	29:57	Michael Ingram	MUFG Run in the Dark Team	Male	229	5K-M40	40	28:09	282
306	1590	29:57	Carmen Gheonea	MUFG Run in the Dark Team	Female	77	5K-F40	14	29:03	325
307	770	29:57	Ife Akintoye	Mott MacDonald Milers	Female	78	5K-FO	60	29:00	323
308	1740	29:58	Andrew Mackinon	MUFG Run in the Dark Team 2	Male	230	5K-M40	41	28:22	293
309	1687	29:59	Annabelle Juffs	MUFG Run in the Dark Team 2	Female	79	5K-FO	61	29:29	347
310	1572	30:00	Dimitri Thomson	MUFG Run in the Dark Team	Male	231	5K-MO	177	28:40	313
311	1047	30:01	Fraser Keith	AECOM Running Team	Male	232	5K-MO	178	28:32	304
312	1649	30:04	Mariko Tanaka	MUFG Run in the Dark Team 2	Female	80	5K-FO	62	29:39	360
313	1645	30:04	Birinder Singh	MUFG Run in the Dark Team 2	Male	233	5K-MO	179	29:38	358
314	1672	30:04	Jerry Gunnell	MUFG Run in the Dark Team 2	Male	234	5K-M50	13	29:18	336
315	1567	30:04	Timothy McKinnon-Lower	MUFG Run in the Dark Team	Male	235	5K-MO	180	28:32	305
316	1782	30:05	Dev Vyas		Male	236	5K-MO	181	27:52	271
317	420	30:05	Ryan Brown		Male	237	5K-MO	182	28:02	276
318	602	30:05	Jenny Wang	Blackstone Team	Female	81	5K-FO	63	27:17	239
319	1614	30:05	Naoki Yamamoto	MUFG Run in the Dark Team	Male	238	5K-MO	183	29:35	351
320	1904	30:06	Don Betson	Autonomous / Bernstein	Male	239	5K-M40	42	27:28	250
321	847	30:06	Brian Hoerst	The New York Times	Male	240	5K-MO	184	29:10	330
322	1596	30:07	Zinab Aldaraji	MUFG Run in the Dark Team	Female	82	5K-FO	64	28:25	295
323	942	30:08	Mary Gallagher		Female	83	5K-FO	65	29:37	354
324	855	30:08	Anna Schaverien	The New York Times	Female	84	5K-FO	66	29:20	338
325	585	30:12	Jessica Lai	Blackstone Team	Female	85	5K-FO	67	28:04	278
326	1879	30:13	Alex Rayner		Male	241	5K-MO	185	27:26	249
327	379	30:14	Tessa Kelly		Female	86	5K-F60+	1	29:42	362
328	1944	30:16	Joe John Morley		Male	242	5K-MO	186	28:37	308
329	1761	30:16	Ben Burkill		Male	243	5K-MO	187	29:37	357
330	1825	30:17	Melissa Ward		Female	87	5K-FO	68	29:39	359
331	1295	30:18	Francisco Moreno Galindo		Male	244	5K-MO	188	28:49	319
332	303	30:20	Kate Biggs		Female	88	5K-F40	15	28:58	321
333	1750	30:22	Andrew Sneath	Sir Robert McAlpine	Male	245	5K-M40	43	28:13	285
334	604	30:22	Charles Campbell	Blackstone Team	Male	246	5K-MO	189	27:33	255
335	225	30:23	Olivia Durant		Female	89	5K-FO	69	29:50	368
336	1861	30:24	Elizabeth Crawford		Female	90	5K-FO	70	30:02	373
337	1863	30:24	Diana Cadavid		Female	91	5K-FO	71	30:02	374
338	852	30:27	Natalie Booth	The New York Times	Female	92	5K-FO	72	29:31	348
339	1781	30:28	Saskia Reed		Female	93	5K-FO	73	28:16	289
340	992	30:29	Alan Fowler		Male	247	5K-M40	44	30:00	372
341	191	30:30	Jane Stevens		Female	94	5K-F60+	2	30:09	379
342	659	30:30	Ricardo Gato	Cookson Adventures	Male	248	5K-MO	190	30:04	375
343	1378	30:31	Ellen Wall		Female	95	5K-FO	74	28:21	292
344	1135	30:34	Lucy Chapple	ISS Intrepid Team	Female	96	5K-FO	75	30:21	386
345	1133	30:34	William Ross	ISS Intrepid Team	Male	249	5K-MO	191	30:22	387
346	1497	30:35	Vicky Reid	Dynamics	Female	97	5K-F50	5	28:14	287
347	1082	30:37	Claire Chapman	Capita Legal	Female	98	5K-F50	6	28:37	309
348	394	30:39	Chris Tuite		Male	250	5K-MO	192	30:39	393
349	1800	30:40	Hildegard van Zyl		Female	99	5K-FO	76	29:23	344
350	1252	30:40	Rebecca Harmer		Female	100	5K-FO	77	29:34	350
351	1799	30:41	Raffaele Siena		Male	251	5K-M40	45	29:22	342
352	1938	30:42	Jon Eizaguirre		Male	252	5K-M40	46	28:15	288
353	1867	30:42	Adam Fairhead		Male	253	5K-MO	193	28:38	311
354	1156	30:43	Annette Bell	Realstar	Female	101	5K-F50	7	28:09	283
355	1803	30:43	Rhona Dineen		Female	102	5K-FO	78	28:26	299
356	1797	30:44	James Wright		Male	254	5K-M40	47	28:38	310
357	285	30:46	Nicole Mannion		Female	103	5K-F40	16	29:04	326
358	1340	30:47	Siobhan Ashleigh		Female	104	5K-FO	79	29:42	361
359	1345	30:51	Christina O'Connor		Female	105	5K-FO	80	29:45	366
360	728	30:51	Sanjana Canumalla	Freshfields	Female	106	5K-FO	81	30:34	389
361	614	30:51	Colleen McSweeney	BOI Corporate Banking	Female	107	5K-FO	82	29:48	367
362	72	30:53	John Walsh		Male	255	5K-M50	14	28:48	318
363	1707	30:56	Yuko Iijima	MUFG Run in the Dark Team 2	Female	108	5K-FO	83	29:07	328
364	1529	30:58	Celia Dominguez	MUFG Run in the Dark Team	Female	109	5K-FO	84	30:45	396
365	1595	30:58	Geoff Watson	MUFG Run in the Dark Team	Male	256	5K-MO	194	28:29	302
366	1812	30:58	Serena Flavell		Female	110	5K-FO	85	28:40	314
367	1482	30:59	Graham Faiz	DNV GL	Male	257	5K-M40	48	28:25	296
368	1288	31:00	Ashraf Aly		Male	258	5K-MO	195	28:25	297
369	1582	31:00	Ruwan Abeyesekera	MUFG Run in the Dark Team	Male	259	5K-M40	49	30:05	376
370	1214	31:04	Gabriella Hayes		Female	111	5K-FO	86	30:05	377
371	956	31:05	Bruce Walcroft		Male	260	5K-M40	50	29:06	327
372	536	31:06	Nick Harper	Armstrong International	Male	261	5K-M40	51	29:15	334
373	1231	31:10	Conor Irvine	Linesight	Male	262	5K-MO	196	30:09	380
374	1005	31:12	Naomi Page		Female	112	5K-FO	87	30:54	401
375	46	31:13	Amiram Bukowsky		Male	263	5K-MO	197	30:35	390



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# RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
376	1439	31:15	Maciej Makowski		Male	264	5K-MO	198	30:10	381
377	1257	31:16	Alison Smith		Female	113	5K-F50	8	30:58	403
378	1714	31:19	Georgia Ray	MUFG Run in the Dark Team 2	Female	114	5K-FO	88	29:37	355
379	1752	31:23	Kendyll Gibbes	Vive	Female	115	5K-FO	89	29:43	364
380	1855	31:27	Michaela Urbanekova		Female	116	5K-FO	90	29:24	345
381	687	31:29	Adrienne Marais	Eastdil Secured	Female	117	5K-FO	91	30:38	392
382	466	31:29	Emma James		Female	118	5K-F40	17	29:15	333
383	1324	31:29	Andrei Cristian Toma	Hudson Weir/Howlader & Co	Male	265	5K-MO	199	30:16	383
384	1546	31:30	Nicky O'Connor	MUFG Run in the Dark Team	Male	266	5K-MO	200	31:02	405
385	900	31:31	Christopher Tzortzi		Male	267	5K-MO	201	31:08	407
386	1856	31:32	Agnes Nagy		Female	119	5K-FO	92	31:23	419
387	1388	31:33	Mark Gavin		Male	268	5K-M50	15	31:09	408
388	694	31:35	Laura Micallef	ET Striders	Female	120	5K-FO	93	30:58	404
389	860	31:36	Maggie Le	The New York Times	Female	121	5K-FO	94	30:47	397
390	532	31:41	Adam Hunter	Armstrong International	Male	269	5K-MO	202	29:26	346
391	706	31:45	Ion Lopez	Football Radar	Male	270	5K-MO	203	30:37	391
392	1240	31:51	Florencia Guelfi	Nfq	Female	122	5K-FO	95	29:16	335
393	916	31:54	Patrick Hayes		Male	271	5K-MO	204	31:09	409
394	1872	31:55	Lucy Banyard		Female	123	5K-FO	96	31:10	410
395	1384	31:55	Phillippa Gale		Female	124	5K-FO	97	31:07	406
396	574	31:55	Kirsty Baxter	Bank of America Merrill Lynch	Female	125	5K-F40	18	30:28	388
397	1628	32:00	Andra Braun-Woodbury	MUFG Run in the Dark Team	Female	126	5K-FO	98	29:14	332
398	1081	32:04	Bernadette Chandler	Capita Legal	Female	127	5K-FO	99	30:08	378
399	73	32:05	Beata Vasilkovaite		Female	128	5K-FO	100	30:00	371
400	176	32:05	Christopher Cordrey		Male	272	5K-M40	52	30:39	394
401	68	32:09	Andreas Sideris		Male	273	5K-M50	16	31:41	423
402	299	32:11	Aimee Wood		Female	129	5K-F40	19	29:42	363
403	229	32:11	Dermot Doorly		Male	274	5K-MO	205	30:18	384
404	1269	32:23	Daisy Gibson	Sir Robert McAlpine	Female	130	5K-FO	101	30:21	385
405	1906	32:23	Raj Patel	Autonomous / Bernstein	Male	275	5K-MO	206	29:44	365
406	1089	32:26	Lisa Fowler	Charles Taylor	Female	131	5K-FO	102	31:14	415
407	1091	32:26	Nina Argentieri	Charles Taylor	Female	132	5K-FO	103	31:14	413
408	1136	32:29	Joel Hansen	ISS Intrepid Team	Male	276	5K-MO	207	32:22	442
409	1708	32:32	Yurie Koike	MUFG Run in the Dark Team 2	Female	133	5K-FO	104	30:58	402
410	1119	32:35	Jessica Bennett	ISS Intrepid Team	Female	134	5K-FO	105	32:32	448
411	1106	32:36	Erika Skalicka	ISS Intrepid Team	Female	135	5K-FO	106	32:33	451
412	1125	32:45	Mizanur Rahman	ISS Intrepid Team	Male	277	5K-MO	208	32:33	452
413	877	32:49	Matina Sougle	Vattenfall Wind	Female	136	5K-FO	107	32:03	428
414	762	32:51	Bethany Timby	Leathwaite	Female	137	5K-FO	108	32:33	449
415	912	32:52	Flavia Souza		Female	138	5K-FO	109	31:55	427
416	1626	32:53	Jayaraman Pottekkatt	MUFG Run in the Dark Team	Male	278	5K-M40	53	32:10	433
417	1532	32:55	Kripali Todi	MUFG Run in the Dark Team	Female	139	5K-FO	110	32:12	435
418	1591	32:55	Katrina Henry	MUFG Run in the Dark Team	Female	140	5K-FO	111	32:13	437
419	275	32:56	Nadya Fairweather		Female	141	5K-F40	20	30:42	395
420	220	32:56	Hani Abichaker		Male	279	5K-MO	209	29:59	370
421	1267	32:59	Rudi Nell	Hudson Weir/Howlader & Co	Male	280	5K-MO	210	31:48	425
422	1697	32:59	Iulia Raspopina	MUFG Run in the Dark Team 2	Female	142	5K-FO	112	31:19	417
423	933	32:59	Tania Taris		Female	143	5K-FO	113	30:12	382
424	1733	32:59	Tara Bajaria	MUFG Run in the Dark Team 2	Female	144	5K-FO	114	32:21	441
425	203	33:01	Andrew Stillwell		Male	281	5K-M50	17	31:14	414
426	62	33:01	Jack Burns		Male	282	5K-MO	211	31:17	416
427	1502	33:04	Evan Bruchet	Football Radar	Male	283	5K-MO	212	32:26	444
428	971	33:06	Alice Gibb		Female	145	5K-FO	115	32:29	446
429	673	33:09	Holly Deakin	Eastdil Secured	Female	146	5K-FO	116	31:13	412
430	1142	33:11	Natalie Tuckwood	ISS Intrepid Team	Female	147	5K-FO	117	33:03	462
431	1712	33:12	Isabelle Richards	MUFG Run in the Dark Team 2	Female	148	5K-FO	118	30:50	399
432	654	33:14	Amanda Pezzaniti	Cookson Adventures	Female	149	5K-FO	119	32:49	459
433	430	33:15	Eilis Murphy		Female	150	5K-F40	21	32:38	455
434	1883	33:16	Grace MacDonald		Female	151	5K-FO	120	32:05	430
435	1632	33:17	Thomas Wright	MUFG Run in the Dark Team 2	Male	284	5K-MO	213	32:27	445
436	720	33:25	Hilary Elliott	Freshfields	Female	152	5K-F40	22	32:39	456
437	1274	33:26	Ani Nalbandyan	Sir Robert McAlpine	Female	153	5K-FO	121	32:11	434
438	1830	33:27	Sylwia Pszczola		Female	154	5K-FO	122	32:17	438
439	1289	33:27	Maria Roperio		Female	155	5K-FO	123	32:17	439
440	980	33:27	Michael Scott		Male	285	5K-M50	18	30:47	398
441	1786	33:30	Farida Danmeri		Female	156	5K-FO	124	31:24	420
442	1227	33:31	Megan Bolland	ISS Intrepid Team	Female	157	5K-FO	125	33:25	472
443	1732	33:40	Chris Harrison	MUFG Run in the Dark Team 2	Male	286	5K-M50	19	32:12	436
444	1514	33:48	Genesis Santos	ISS Intrepid Team	Female	158	5K-FO	126	33:44	484
445	327	33:49	Sana Bazian		Female	159	5K-FO	127	30:52	400
446	1132	33:49	Neel Patel	ISS Intrepid Team	Male	287	5K-MO	214	33:36	477
447	49	33:50	Rachel Limbrick		Female	160	5K-F40	23	32:03	429
448	1140	33:50	Romin Patel	ISS Intrepid Team	Male	288	5K-MO	215	33:43	481
449	312	33:50	Cara Drake		Female	161	5K-FO	128	32:07	431
450	405	33:52	Gavin Neil		Male	289	5K-M40	54	33:12	466



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
451	1182	33:56	Charlotte Hill	Realstar	Female	162	5K-F40	24	31:20	418
452	1920	33:56	Mariam Habib	Imperial Marchers	Female	163	5K-FO	129	33:40	479
453	1847	33:57	Jennifer Hilborne		Female	164	5K-FO	130	31:12	411
454	1496	34:01	Sarah Willis	Dynamics	Female	165	5K-FO	131	31:40	422
455	1018	34:04	Luis Rosario		Male	290	5K-MO	216	31:26	421
456	1440	34:04	Roz Horwood		Female	166	5K-FO	132	33:38	478
457	296	34:08	Fionnuala Callanan		Female	167	5K-FO	133	32:21	440
458	1924	34:12	Victoria Cornelius	Imperial Marchers	Female	168	5K-F40	25	33:57	491
459	1848	34:12	Gary Kipping		Male	291	5K-M50	20	33:43	482
460	1849	34:13	Costa Nicolaou		Male	292	5K-M50	21	33:43	483
461	1639	34:15	Charlotte Syrett	MUFG Run in the Dark Team 2	Female	169	5K-FO	134	33:41	480
462	1107	34:15	Daniela Solis	ISS Intrepid Team	Female	170	5K-FO	135	34:12	494
463	1103	34:16	Martin Brylka	Hudson Weir/Howlader & Co	Male	293	5K-MO	217	31:55	426
464	1310	34:20	Hugo Lyra	Nfq	Male	294	5K-MO	218	31:45	424
465	1728	34:21	Moegi Amano	MUFG Run in the Dark Team 2	Female	171	5K-FO	136	32:33	450
466	897	34:26	Nazia Sardar		Female	172	5K-FO	137	33:53	488
467	1218	34:27	Pawel Morawiec	Bank of America Merrill Lynch	Male	295	5K-MO	219	32:46	458
468	563	34:34	Rachel Gray	Bank of America Merrill Lynch	Female	173	5K-FO	138	32:07	432
469	1892	34:35	Jeff Whittall		Male	296	5K-M50	22	33:25	473
470	1683	34:37	Maddy Packham	MUFG Run in the Dark Team 2	Female	174	5K-FO	139	33:00	460
471	1713	34:37	Hicham Deroua	MUFG Run in the Dark Team 2	Male	297	5K-M40	55	33:09	465
472	1684	34:37	Sally Windsor	MUFG Run in the Dark Team 2	Female	175	5K-FO	140	33:02	461
473	1328	34:40	Aimee Oram	Octopus Running Club	Female	176	5K-FO	141	33:29	475
474	1584	34:41	Eva Truong	MUFG Run in the Dark Team	Female	177	5K-F50	9	33:30	476
475	5	34:41	David Lowry		Male	298	5K-M40	56	33:19	469
476	4	34:42	David Stockley		Male	299	5K-M40	57	33:19	468
477	1709	34:49	Jo Coughlan	MUFG Run in the Dark Team 2	Female	178	5K-F50	10	33:56	490
478	477	34:52	Sue Hook		Female	179	5K-F60+	3	34:30	496
479	1522	34:55	Emma Meara	Just run and enjoy!	Female	180	5K-F40	26	32:22	443
480	1506	34:57	Mathew Adams	Hudson Weir/Howlader & Co	Male	300	5K-MO	220	32:31	447
481	528	35:02	Mark Summerbell	Architas	Male	301	5K-M50	23	34:03	493
482	286	35:07	Sophie Jacobs		Female	181	5K-FO	142	33:19	470
483	1229	35:09	Lisa Thompson	Just run and enjoy!	Female	182	5K-F40	27	32:37	454
484	368	35:13	Anita Barton		Female	183	5K-F50	11	35:03	503
485	858	35:14	Katerina Urbankova	The New York Times	Female	184	5K-F40	28	34:24	495
486	655	35:15	Nick Davies	Cookson Adventures	Male	302	5K-MO	221	34:48	500
487	1588	35:19	Jack Nicholls	MUFG Run in the Dark Team	Male	303	5K-MO	222	32:33	453
488	695	35:20	Maria Scott	ET Striders	Female	185	5K-F40	29	35:20	510
489	108	35:27	Hazel Noton		Female	186	5K-FO	143	33:59	492
490	782	35:35	Julie Kuenzel	Newland House Ninjas	Female	187	5K-F40	30	33:24	471
491	785	35:36	Rebecca Philpott	Newland House Ninjas	Female	188	5K-F40	31	33:25	474
492	816	35:38	Lisa Mellows	Shamwari	Female	189	5K-FO	144	34:40	497
493	1177	35:45	Jenny Grotepass	Just run and enjoy!	Female	190	5K-FO	145	33:12	467
494	1129	35:48	Suzie Sharpe	ISS Intrepid Team	Female	191	5K-FO	146	35:43	514
495	1846	35:50	Helen Edmonds		Female	192	5K-FO	147	33:05	464
496	79	35:53	Ahmad Mursaleen Arif		Male	304	5K-M40	58	32:43	457
497	1010	35:54	Helen Smythe		Female	193	5K-F40	32	35:28	512
498	260	35:55	Mavis So		Female	194	5K-FO	148	33:03	463
499	1429	35:57	Hannah Leighfield		Female	195	5K-FO	149	35:08	506
500	1099	35:59	Natasha Grabauskas	Hudson Weir/Howlader & Co	Female	196	5K-FO	150	34:46	499
501	450	36:09	Michelle Furber		Female	197	5K-F50	12	33:50	486
502	449	36:11	Kathryn Stewart		Female	198	5K-F40	33	33:50	485
503	1535	36:12	Bahareh Behzadi	MUFG Run in the Dark Team	Female	199	5K-F40	34	35:29	513
504	1658	36:23	Mark Grist	MUFG Run in the Dark Team 2	Male	305	5K-MO	223	35:49	516
505	1421	36:23	Naomi Cousserans		Female	200	5K-FO	151	36:15	520
506	1389	36:24	Isa Linares		Female	201	5K-FO	152	33:52	487
507	1390	36:25	Bernard Linares		Male	306	5K-M40	59	33:54	489
508	1674	36:26	Adrian Bullock	MUFG Run in the Dark Team 2	Male	307	5K-MO	224	34:54	501
509	1548	36:45	Jun Takata	MUFG Run in the Dark Team	Male	308	5K-M50	24	36:17	522
510	1581	36:53	Mi Zhou	MUFG Run in the Dark Team	Female	202	5K-FO	153	35:11	507
511	1644	37:00	Jose Souto Martinez	MUFG Run in the Dark Team 2	Male	309	5K-M40	60	35:23	511
512	1032	37:02	Olivia Aspinall		Female	203	5K-FO	154	35:14	508
513	793	37:03	Krupa Chandarana	REFINITIV ROCKETS	Female	204	5K-FO	155	35:02	502
514	777	37:07	Catherine Llewellyn	Mott MacDonald Milers	Female	205	5K-FO	156	36:10	519
515	1779	37:13	Sophie Madigan		Female	206	5K-FO	157	34:42	498
516	786	37:19	Emer OConnell	Newland House Ninjas	Female	207	5K-F40	35	35:08	504
517	1268	37:20	Julie Murphy	Newland House Ninjas	Female	208	5K-F40	36	35:08	505
518	1569	37:49	Ramesh Vetcha	MUFG Run in the Dark Team	Male	310	5K-M40	61	35:15	509
519	336	37:50	Alexandra Luxton		Female	209	5K-FO	158	35:46	515
520	1260	38:00	Kelly Farrell		Female	210	5K-FO	159	36:52	526
521	1777	38:07	Liz Williams		Female	211	5K-F60+	4	36:42	523
522	230	38:10	Josefina Garcia Arevalo		Female	212	5K-F50	13	38:07	540
523	216	38:18	Kath Macdiarmid		Female	213	5K-F50	14	36:55	527
524	1100	38:18	Daria Parol	Hudson Weir/Howlader & Co	Female	214	5K-FO	160	35:53	517
525	1008	38:21	Francesca Segurini		Female	215	5K-F40	37	36:52	525



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
526	435	38:25	Fiona Micallef-Eynaud		Female	216	5K-F40	38	37:48	536
527	969	38:25	Laura Buchanan		Female	217	5K-F40	39	37:47	535
528	103	38:29	Sophie Peake		Female	218	5K-FO	161	37:04	528
529	1230	38:31	Mary Bolger	Just run and enjoy!	Female	219	5K-F40	40	35:59	518
530	151	38:31	Alyson Herlihy		Female	220	5K-F50	15	37:20	531
531	231	38:33	Shristi Chetia		Female	221	5K-FO	162	37:20	530
532	124	38:36	Marion Storey		Female	222	5K-F60+	5	36:52	524
533	1139	38:38	Estrella Huang	ISS Intrepid Team	Female	223	5K-FO	163	38:31	547
534	1471	38:45	Jana Vanassche	Bardin Hill	Female	224	5K-FO	164	36:15	521
535	61	38:49	Esther Lamos		Female	225	5K-F40	41	38:27	546
536	875	38:50	Fiona King	Vattenfall Wind	Female	226	5K-FO	165	38:02	539
537	1226	38:50	Emily Ngai	ISS Intrepid Team	Female	227	5K-FO	166	38:42	548
538	1014	38:51	Sabah Nawaz		Female	228	5K-FO	167	37:22	532
539	1604	38:55	Anna Frattaruolo	MUFG Run in the Dark Team	Female	229	5K-F40	42	38:07	542
540	1760	38:59	Guillemette Abraham		Female	230	5K-FO	168	38:49	549
541	1306	39:01	Siobhan Riordan	ISS Intrepid Team	Female	231	5K-FO	169	38:57	550
542	1397	39:01	Caitriona McCrohan		Female	232	5K-F40	43	37:14	529
543	1828	39:25	Bal Sidhu		Male	311	5K-M50	25	38:08	543
544	1338	39:43	Helena Mohan		Female	233	5K-FO	170	38:07	541
545	979	39:49	Nora Mezey		Female	234	5K-FO	171	37:44	534
546	387	39:58	Aj Ali		Male	312	5K-MO	225	37:49	537
547	906	40:09	Clare Simon		Female	235	5K-FO	172	37:37	533
548	1473	40:18	Toria Ewart-Perks	Blackstone Team	Female	236	5K-FO	173	37:55	538
549	1868	40:27	Margaret Fairhead		Female	237	5K-F50	16	38:23	545
550	457	40:35	Sasha Mazikina		Female	238	5K-FO	174	38:20	544
551	1055	40:40	Bakr Talaat	AECOM Running Team	Male	313	5K-MO	226	39:11	552
552	1	41:09	Jessica Read		Female	239	5K-FO	175	38:59	551
553	721	41:14	Ian Reid	Freshfields	Male	314	5K-M50	26	40:03	557
554	943	41:15	Avril O'Gorman		Female	240	5K-FO	176	39:25	553
555	1667	41:29	Sharon Barbour	MUFG Run in the Dark Team 2	Female	241	5K-F60+	6	40:35	560
556	339	41:44	Alex Canavan		Female	242	5K-FO	177	39:44	554
557	1791	41:45	Liam Canavan		Male	315	5K-MO	227	39:44	555
558	1070	42:26	Jennifer Young	Architas	Female	243	5K-FO	178	41:24	561
559	526	42:26	Magali Font	Architas	Female	244	5K-F40	44	41:24	562
560	52	42:39	Babett Schmuecking		Female	245	5K-FO	179	39:47	556
561	1097	42:43	Claudia Mihai	Football Radar	Female	246	5K-FO	180	41:28	564
562	712	42:43	Matthew Lewis	Football Radar	Male	316	5K-MO	228	41:26	563
563	415	42:59	Anthea Adair		Female	247	5K-FO	181	40:06	558
564	925	43:00	Shelley Adair		Female	248	5K-FO	182	40:07	559
565	1016	43:12	Lucy Milson		Female	249	5K-FO	183	42:56	572
566	1281	43:35	Elena Georgantzi		Female	250	5K-FO	184	42:57	573
567	416	43:36	Samantha Chiene		Female	251	5K-FO	185	42:59	574
568	190	43:49	Alan Boyle		Male	317	5K-M60+	2	42:38	569
569	1105	43:50	Syed Abir	Hudson Weir/Howlader & Co	Male	318	5K-MO	229	42:37	568
570	77	44:00	Angela Wong		Female	252	5K-F40	45	42:27	567
571	463	44:00	Dolores Drummond		Female	253	5K-FO	186	42:27	566
572	1505	44:35	Alexandra Nastase	Hudson Weir/Howlader & Co	Female	254	5K-FO	187	42:10	565
573	425	45:03	Sarah West		Female	255	5K-F40	46	44:26	578
574	429	45:04	Anita Scott		Female	256	5K-F50	17	44:27	579
575	162	45:20	Heather Smith		Female	257	5K-FO	188	43:12	575
576	452	45:33	Sarah Fitzgibbons		Female	258	5K-F40	47	44:50	583
577	462	45:35	Catherine Turtle		Female	259	5K-F40	48	44:53	585
578	903	45:36	Mauny Wright		Female	260	5K-F40	49	44:52	584
579	243	45:52	Lara Aherne		Female	261	5K-FO	189	42:54	571
580	169	45:52	Laure Winling		Female	262	5K-FO	190	42:54	570
581	1104	46:05	Katie Baldwin	Hudson Weir/Howlader & Co	Female	263	5K-FO	191	43:43	577
582	1266	46:05	Marlen Vakis	Hudson Weir/Howlader & Co	Female	264	5K-FO	192	43:39	576
583	761	46:32	Lily Tomkins	Leathwaite	Female	265	5K-FO	193	46:01	591
584	1144	46:32	Lewis Rees	Leathwaite	Male	319	5K-MO	230	46:02	592
585	132	46:33	Cyril Brennan		Male	320	5K-M40	62	44:43	582
586	759	47:02	Nicola Lukes	Leathwaite	Female	266	5K-FO	194	46:31	593
587	757	47:02	Yana Skobeleva	Leathwaite	Female	267	5K-FO	195	46:31	594
588	1610	47:18	Laura Batson	MUFG Run in the Dark Team	Female	268	5K-FO	196	44:32	581
589	1611	47:18	Ankita Verma	MUFG Run in the Dark Team	Female	269	5K-FO	197	44:31	580
590	1875	47:20	Alex Thornton		Male	321	5K-MO	231	45:52	589
591	653	47:20	Blake Hallo	Commercial & Products Finance	Male	322	5K-MO	232	45:53	590
592	1887	47:44	Laura Murray		Female	270	5K-FO	198	45:43	587
593	1939	47:45	Lauren McKay		Female	271	5K-FO	199	45:45	588
594	1019	48:11	Fatima Haji		Female	272	5K-FO	200	45:34	586
595	351	50:40	Ashley Allen		Female	273	5K-FO	201	48:30	595
596	1371	50:40	Catrin Hannah		Female	274	5K-FO	202	48:30	596
597	1071	51:46	Anu Esan	Architas	Female	275	5K-FO	203	50:44	597
598	1823	55:06	Maud Lardenois--Macocco		Female	276	5K-FO	204	53:19	598
599	1824	55:07	Jas Kaur		Female	277	5K-FO	205	53:20	599
600	1822	55:07	Tom Parker Brooks		Male	323	5K-MO	233	53:20	600





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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
601	1942	57:42	Julie Ecosse	Armstrong International	Female	278	5K-F40	50	56:20	601
602	1128	58:21	Luke McDonagh	ISS Intrepid Team	Male	324	5K-M50	27	58:05	606
603	1035	1:00:18	Nick Aspinall		Male	325	5K-M50	28	57:15	603
604	1036	1:00:18	Margaret Aspinall		Female	279	5K-F50	18	57:14	602
605	356	1:01:21	Rupal Somani		Female	280	5K-F40	51	57:30	604
606	1838	1:01:21	Dev Patel		Male	326	5K-M40	63	57:31	605
607	1251	1:02:01	Owen Bantin		Male	327	5K-MO	234	59:10	607
608	1199	1:02:01	Emma Carcas		Female	281	5K-F40	52	59:11	608
609	1452	1:04:38	Beverly Tran	5G	Female	282	5K-FO	206	1:01:47	609
610	1451	1:04:38	Chessa Estuya	5G	Female	283	5K-FO	207	1:01:47	610
611	1598	1:06:25	Mahmud Hassan	MUFG Run in the Dark Team	Male	328	5K-M40	64	1:06:25	614
612	1450	1:07:11	Raveen Bains	5G	Female	284	5K-FO	208	1:04:20	613
613	1811	1:07:11	Margarida Lima		Female	285	5K-FO	209	1:04:19	611
614	1453	1:07:11	Samantha Imafidon	5G	Female	286	5K-FO	210	1:04:20	612