



WRC 5 Miler - Spring

Saturday 30th March

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	311	30:07	Colin Bishop	Helsby Running Clun	Male	1	MV	1	30:05	1
2	20	30:40	Will Kozer	Widnes Running Club	Male	2	MS	1	30:39	2
3	356	30:55	Edwin Drost	Warrington Running Club	Male	3	MS	2	30:53	3
4	245	31:01	Jack Antrobus	Warrington Running Club	Male	4	MS	3	30:59	4
5	78	32:03	Matthew Johnston		Male	5	MS	4	32:01	5
6	91	32:51	Stuart Johnson	Spectrum Striders RC	Male	6	MS	5	32:48	6
7	156	33:10	Colin Whittingham	Warrington Running Club	Male	7	MS	6	33:08	7
8	52	33:16	Paul KM	Warrington Running Club	Male	8	MS	7	33:10	8
9	385	33:25	Nick Rose	Warrington Running Club	Male	9	MV	2	33:21	9
10	373	33:27	Robert Hough	Spectrum Striders RC	Male	10	MV	3	33:25	10
11	383	33:28	Stephen Dunn	Blackpool Wyre & Fylde AC	Male	11	MV	4	33:27	11
12	99	33:35	Simon Reason	Blackpool Wyre & Fylde AC	Male	12	MV	5	33:31	12
13	137	33:39	Andrew Leslie	Widnes Running Club	Male	13	MS	8	33:37	13
14	345	33:47	Jonny Leatherbarrow	McCarkiss Endurance Project	Male	14	MS	9	33:45	14
15	248	33:52	Matthew Blake	St Helens Sutton AC	Male	15	MS	10	33:49	15
16	239	34:03	Anna Begbie	Warrington Running Club	Female	1	FV	1	33:58	16
17	170	34:31	Ben Gent	Winston	Male	16	MV	6	34:28	17
18	254	34:49	John Williams	St Helens Striders	Male	17	MV	7	34:43	18
19	110	34:57	Carl Barnes	Widnes Running Club	Male	18	MS	11	34:52	19
20	15	35:14	Kieran Thomerson	Warrington Running Club	Male	19	MS	12	35:10	20
21	192	35:28	Simon Dawson	Isabella Rose Foundation	Male	20	MV	8	35:19	21
22	342	35:45	Adam Budd		Male	21	MS	13	35:40	22
23	28	35:51	Donna Cartwright		Female	2		0	35:50	23
24	232	36:14	Mr Williams	Warrington Tri	Male	22	MS	14	36:03	24
25	284	36:28	Liz Whitfield	Spectrum Striders	Female	3	FV	2	36:25	26
26	141	36:52	Mike Atkinson	Warrington	Male	23	MV	9	36:46	27
27	326	37:04	Graeme Caldwell		Male	24	MV	10	37:02	28
28	198	37:17	Christopher Peak		Male	25	MV	11	36:25	25
29	93	37:30	Stephen Cooper	Warrington Running Club	Male	26	MS	15	37:21	29
30	87	37:34	Mark Howarth	Run Sandymoor	Male	27	MV	12	37:26	30
31	86	37:42	Tiffany Moorcroft	Northwich Running Club	Female	4	FV	3	37:31	31
32	208	38:00	Paul Collins	Stockport	Male	28	MV	13	37:56	32
33	368	38:16	Phill Smallwood	Warrington	Male	29	MV	14	38:07	33
34	300	38:21	Joanna Durkin		Female	5	FV	4	38:17	34
35	269	38:30	Sarah Brewster	Moorside Park Run Club	Female	6	FV	5	38:24	35
36	319	38:38	Stella Reynolds	Vegan Runners Uk	Female	7	FV	6	38:33	36
37	360	38:50	Geoffrey douglass	Warrington Running Club	Male	30	MV	15	38:42	38
38	235	38:55	Jon Reynolds	Liverpool RC	Male	31	MV	16	38:51	39
39	54	38:57	Simon Rushton	Marple Runners	Male	32	MV	17	38:34	37
40	242	39:05	Steph Humphries	Warrington Running Club	Female	8	FV	7	38:58	40
41	34	39:06	Jack Bennett	Swinton RC	Male	33	MS	16	38:59	41
42	19	39:20	Andrew Hankinson	Widnes Running Club	Male	34	MS	17	39:15	42
43	353	39:29	Caroline Barrow	Widnes Running Club	Female	9	FV	8	39:24	43
44	72	40:03	Barry Deakin	Swinton RC	Male	35	MV	18	39:54	44
45	225	40:15	Laura Owens	Liverpool Running Club	Female	10	FS	1	40:11	45
46	224	40:53	Simon Scarr	Blackpool Wyre & Fylde AC	Male	36	MV	19	40:49	47
47	341	41:06	Gary Hinds	Liverpool Running Bugs	Male	37	MS	18	40:47	46
48	273	41:15	Clare Clavering		Female	11	FV	9	41:09	48
49	318	41:34	Chris Griffiths	Vale Royal Athletics Club	Male	38	MV	20	41:27	49
50	249	41:42	Rob Kirkham		Male	39	MS	19	41:37	51
51	68	41:46	Andy Smith		Male	40	MV	21	41:30	50
52	115	41:52	Brian Shaw	UKRunChat Running Club	Male	41	MS	20	41:42	52
53	125	41:54	Andy Duff	Liverpool Running Bugs	Male	42	MV	22	41:51	54
54	46	41:58	Paul Crosby	MadRunners	Male	43	MV	23	41:46	53
55	191	42:11	melanie bradley	Northwich Running Club	Female	12	FV	10	41:59	55
56	1	42:16	Amy Cooper	Lymm Runners	Female	13	FS	2	42:06	56
57	177	42:23	Tom Humphries	Widnes Running Club	Male	44	MS	21	42:15	57
58	195	42:37	Paul Blake		Male	45	MV	24	42:24	59
59	81	42:38	Joanne Platt	Julies jogger's	Female	14	FV	11	42:22	58
60	152	42:45	Stephen Draper	Mossley Hill AC	Male	46	MV	25	42:40	60
61	42	42:55	Caroline Baba	Manchester Harriers & AC	Female	15	FV	12	42:44	61
62	255	43:00	Beth Whittaker		Female	16	FS	3	42:51	63
63	166	43:03	Simon Pritchard Jones	Northwich Running Club	Male	47	MV	26	42:50	62
64	315	43:11	Daniel Meakin	Warrington Running Club	Male	48	MS	22	43:03	67
65	8	43:13	Fiona Haigh		Female	17	FV	13	43:03	65
66	31	43:13	Becky Worsley		Female	18	FV	14	43:03	66
67	188	43:19	Lisa Webb	Widnes Running Club	Female	19	FV	15	43:13	68
68	105	43:20	Fiona Hall	Widnes Running Club	Female	20	FV	16	43:15	69
69	43	43:36	Jon Betts	Warrington Road Runners	Male	49	MV	27	42:59	64
70	292	43:51	Sarah Charlton	St Helens Striders	Female	21	FS	4	43:39	71
71	151	43:59	Jonathan Tucker	Warrington Running Club	Male	50	MV	28	43:42	72
72	369	44:00	Lee Fletcher		Male	51	MS	23	43:25	70
73	175	44:05	Allan Bird	Warrington Running Club	Male	52	MV	29	43:48	73
74	131	44:12	John Taylor	Warrington Running Club	Male	53	MV	30	44:02	74
75	201	44:27	Tim Martland	Lymm Runners	Male	54	MV	31	44:16	76



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	6	44:31	John Skyner	Warrington Running Club	Male	55	MV	32	44:23	77
77	352	44:34	Shaun McDonnell	Northwich Running Club	Male	56	MV	33	44:14	75
78	25	44:43	Dawn Wortley	Run Sandymoor	Female	22	FV	17	44:31	79
79	140	44:49	Sarah Wood		Female	23	FS	5	44:38	83
80	75	44:52	Andrew SHERMAN	Northwich Running Club	Male	57	MV	34	44:37	82
81	391	44:55	Kathryn Holt		Female	24	FV	18	44:35	81
82	252	45:02	Ian Cummings		Male	58	MV	35	44:26	78
83	155	45:03	Catherine McElhinney	Southport Waterloo AC	Female	25	FV	19	44:31	80
84	219	45:05	Chris Myler		Male	59	MS	24	44:39	84
85	400	45:18	Paul Wilson	Widnes Running Club	Male	60	MV	36	45:11	90
86	58	45:20	James Featherstone		Male	61	MV	37	44:59	85
87	340	45:21	Karen Dowling		Female	26	FV	20	45:06	87
88	271	45:27	John Norris	Flyde Coast Runners	Male	62	MV	38	45:03	86
89	199	45:33	Dennis Yarwood	Spectrum Striders	Male	63	MV	39	45:27	95
90	150	45:36	Paul Earl	Swinton RC	Male	64	MV	40	45:12	91
91	227	45:38	Joanne Evans	Liverpool Running Club	Female	27	FV	21	45:08	88
92	258	45:38	Sheila Quinn	Liverpool RC	Female	28	FV	22	45:08	89
93	40	45:42	Ashley Warman	Team Isabella - IRF	Male	65	MS	25	45:22	93
94	336	45:43	Ben Mason	St Helens Tri	Male	66	MS	26	45:22	94
95	370	45:48	Joel Williams		Male	67	MV	41	45:13	92
96	375	45:53	Dean Thackray	Liverpool Running Bugs	Male	68	MS	27	45:34	97
97	398	45:56	Laura Snelgrove	Warrington Running Club	Female	29	FS	6	45:46	99
98	293	45:58	Helen Aghanian	Warrington Running Club	Female	30	FS	7	45:30	96
99	10	46:11	Ian Howard	Northwich Running Club	Male	69	MV	42	45:36	98
100	3	46:14	Abigail Hitchin	Warrington Running Club	Female	31	FS	8	45:56	100
101	44	46:17	Nikoletta Vilagosi	Victoria Park Running Club	Female	32	FV	23	45:57	101
102	221	46:22	Amanda Fuller	Blackpool Wyre & Fylde AC	Female	33	FV	24	46:17	106
103	233	46:24	Joseph Connor	Bramhall Runners	Male	70	MS	28	46:11	104
104	214	46:29	Katrina Stephens	Marple Runners	Female	34	FV	25	46:06	102
105	193	46:30	Lee Birkett	Liverpool Running Bugs	Male	71	MV	43	46:11	103
106	165	46:44	Lindsey Black	Liverpool Running Bugs	Female	35	FV	26	46:24	107
107	229	46:55	Anna Ashton	Marple Runners	Female	36	FV	27	46:14	105
108	295	46:58	Victoria Cameron	Warrington Running Club	Female	37	FS	9	46:36	108
109	210	47:00	Simon Hackett	Lymm Runners	Male	72	MV	44	46:43	110
110	354	47:07	Damian Worsley		Male	73	FV	28	46:48	112
111	287	47:10	Paul Donegan		Male	74	MV	45	46:46	111
112	381	47:22	Anne McGrath	Warrington Road Runners	Female	38	FV	29	46:43	109
113	289	47:27	jennifer rowland	Run Sandymoor	Female	39	FV	30	47:16	115
114	77	47:30	John Shipley	Warrington	Male	75	MV	46	46:57	114
115	290	47:30	David Todd	Warrington Running Club	Male	76	MV	47	46:57	113
116	306	47:40	John Needle		Male	77	MV	48	47:33	121
117	361	47:40	Mark Gavin		Male	78	MS	29	47:33	122
118	139	47:44	Ann Dean	Warrington Running Club	Female	40	FV	31	47:21	116
119	288	47:46	Tracy Woods	Run Sandymoor	Female	41	FV	32	47:35	124
120	344	47:46	Roy Hankey	Run Sandymoor	Male	79	MV	49	47:35	123
121	401	47:54	Becca Hitchin		Female	42	FS	10	47:36	125
122	117	47:54	Andrew Hitchin	Warrington Running Club	Male	80	MV	50	47:37	126
123	387	47:57	Robert Massey	Blackpool Wyre & Fylde AC	Male	81	MV	51	47:52	133
124	154	47:58	Claire Lawrence		Female	43	FV	33	47:27	118
125	382	47:58	Jamie Hartley	Ellesmere Port RC	Male	82	MV	52	47:43	128
126	296	48:04	Lesley Thorpe	Warrington Running Club	Female	44	FV	34	47:41	127
127	337	48:08	Ann-Marie Fairclough	Marple Runners	Female	45	FV	35	47:44	130
128	316	48:09	Jenny Brown		Female	46	FV	36	47:49	132
129	62	48:09	Vicky Ferguson	Widnes Wasps Ladies RC	Female	47	FV	37	47:31	120
130	190	48:11	andrea clarkson	Swinton RC	Female	48	FS	11	47:58	136
131	268	48:12	Rachel Finch	Warrington Running Club	Female	49	FS	12	48:03	137
132	283	48:13	Lesley Syms	Southport Waterloo AC	Female	50	FV	38	47:55	135
133	143	48:14	Angela Hall		Female	51	FV	39	47:28	119
134	389	48:17	Julie Williamson	Horwich	Female	52	FV	40	47:26	117
135	57	48:19	Mike Highton	Warrington Running Club	Male	83	MV	53	47:53	134
136	213	48:23	Kelsey Greenhalgh		Female	53	FS	13	47:43	129
137	100	48:27	Adrian McKenzie-Ross	Warrington Running Club	Male	84	MS	30	48:05	140
138	136	48:30	Linda Jones	Warrington Running Club	Female	54	FV	41	48:03	138
139	194	48:38	Victoria Peak	Mossley Hill Running club	Female	55	FV	42	47:45	131
140	343	48:42	Katie Hankey	Run Sandymoor	Female	56	FV	43	48:29	141
141	23	48:57	Fidelma Hawes	Mossley Hill AC	Female	57	FV	44	48:04	139
142	272	49:00	Amanda Collinge	Marple Runners	Female	58	FV	45	48:36	143
143	29	49:03	Julie Lewis	Ellesmere Port RC	Female	59	FV	46	48:48	147
144	265	49:05	Katie Boyce	Warrington Running Club	Female	60	FS	14	48:38	144
145	61	49:09	Brian Tuohey	Spectrum Striders	Male	85	MV	54	48:40	145
146	303	49:15	Caroline Cunnellon	Northwich Running Club	Female	61	FV	47	48:41	146
147	83	49:20	Sean Sergent		Male	86	MS	31	48:48	148
148	128	49:20	Mike Brown		Male	87	MV	55	48:48	149
149	247	49:28	Rodney Shack		Male	88	MV	56	48:36	142
150	50	49:35	Glyn Davies	Warrington Running Club	Male	89	MV	57	49:08	151



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
151	66	49:35	Jacqui Bickerton	Warrington Running Club	Female	62	FV	48	49:08	152
152	363	49:41	Jayne Land	Skelmersdale	Female	63	FV	49	49:25	155
153	126	49:41	Justin Gleave-Baddeley		Male	90	MV	58	48:54	150
154	134	49:47	Alison Felstead	Lymm Runners	Female	64	FV	50	49:20	154
155	171	49:48	Emma Hopwood	Southport Waterloo AC	Female	65	FS	15	49:33	157
156	169	50:02	sarah lanchin		Female	66	FV	51	49:12	153
157	38	50:02	Sarah Boxford	Solemother	Female	67	FV	52	49:30	156
158	346	50:12	Anna Tagg	Warrington Running Club	Female	68	FV	53	49:49	159
159	302	50:19	Elaine Riley	Widnes Running Club	Female	69	FV	54	49:49	158
160	39	50:21	Claire Birkett	Liverpool Running Bugs	Female	70	FV	55	50:01	160
161	163	50:24	Ruth Sargent	Southport Waterloo AC	Female	71	FV	56	50:06	161
162	47	50:40	Sonia Mcwhan	Run Sandymoor	Female	72	FV	57	50:09	162
163	280	50:49	Ian Dutton	Liverpool Running Bugs	Male	91	MV	59	50:29	167
164	230	50:53	Jacqueline Hayes		Female	73	FV	58	50:23	166
165	64	50:54	Maria Rushton	Marple Runners	Female	74	FV	59	50:15	163
166	323	50:55	Cathy George		Female	75	FV	60	50:15	164
167	376	50:59	Caroline Wardropper		Female	76	FV	61	50:18	165
168	395	51:12	Claire Aberdeen	Widnes Running Club	Female	77	FV	62	50:35	168
169	113	51:18	Alec Henderson	Spectrum Striders	Male	92	MV	60	50:36	169
170	357	51:31	Mike Durkin		Male	93	MV	61	50:54	170
171	138	51:34	Judith Greenwood	Wigan Harriers & AC	Female	78	FV	63	51:10	174
172	399	51:41	Caitlin Henderson	Spectrum Striders	Female	79	FS	16	50:58	171
173	114	51:42	Jacqui Townson	Warrington Running Club	Female	80	FV	64	51:20	177
174	275	51:44	Alison formby		Female	81	FV	65	51:13	175
175	276	51:44	Angie Larsen		Female	82	FV	66	51:13	176
176	309	51:55	Jennifer Corkill	Mossley Hill AC	Female	83	FS	17	51:00	172
177	197	51:55	Mark Quinn	Mossley Hill AC	Male	94	MV	62	51:01	173
178	204	52:06	Carol Bairsto	Liverpool Running Bugs	Female	84	FV	67	51:30	178
179	297	52:12	Julie Edge	Run Sandymoor	Female	85	FV	68	51:43	181
180	402	52:22	Steve Lyons	Lonely goat	Male	95	MV	63	51:57	182
181	176	52:29	Rachel Kippax	Resolution Runners	Female	86	FS	18	51:42	180
182	18	52:29	Phil O'Rourke	Liverpool Running Club	Male	96	MV	64	52:04	184
183	2	52:32	Susan Workman		Female	87	FV	69	51:41	179
184	185	52:45	Mrs C Knight	Lymm Runners	Female	88	FV	70	52:16	187
185	222	52:55	Lorraine Costello	Resolution Runners	Female	89	FV	71	52:08	185
186	246	52:55	Ann-marie Wild	Resolution Runners	Female	90	FV	72	52:08	186
187	359	52:55	Angela Connor		Female	91	FV	73	52:39	197
188	334	52:57	Deborah Cail	Swinton RC	Female	92	FV	74	52:02	183
189	256	52:58	Dawn Reed	Lymm Runners	Female	93	FV	75	52:31	194
190	189	53:05	Emma Wright	Isabella Rose Foundation	Female	94	FV	76	52:29	192
191	211	53:07	Anthony Gartside		Male	97	MV	65	52:29	191
192	124	53:11	Emma Atherton		Female	95	FV	77	52:34	196
193	106	53:12	Taylor Giacomia	Marple Runners	Female	96	FV	78	52:27	188
194	71	53:12	Karen Andrew	Marple Runners	Female	97	FV	79	52:28	189
195	231	53:13	Claire Bradley	Marple Runners	Female	98	FV	80	52:28	190
196	63	53:15	Gill Worrall	Northwich Running Club	Female	99	FV	81	52:29	193
197	59	53:18	Stewart Johnstone	Warrington Running Club	Male	98	MV	66	52:41	198
198	218	53:18	Emma Newton	Warrington Running Club	Female	100	FV	82	52:49	199
199	240	53:22	Joanne Metcalfe	ABS Ladies	Female	101	FV	83	52:59	200
200	379	53:27	Howard Friend	Vegan Runners UK	Male	99	MV	67	52:31	195
201	349	53:31	Helen Hughes	Run Sandymoor	Female	102	FV	84	53:01	201
202	331	53:38	Gaelle White		Female	103	FV	85	53:12	203
203	228	53:41	Leeanne Evans	Liverpool Running Club	Female	104	FV	86	53:10	202
204	324	53:48	Eileen Griffiths	Northwich Running Club	Female	105	FV	87	53:13	204
205	9	53:55	Sally Powell	Run Forest Run	Female	106	FV	88	53:32	209
206	330	53:55	Gaynor Bagnall	Northwich Running Club	Female	107	FV	89	53:33	210
207	263	53:57	Alison Langton	Run Sandymoor	Female	108	FV	90	53:26	205
208	111	53:59	Evgenia Dubinskaya	MRR	Female	109	FS	19	53:44	211
209	348	54:02	Phil Thorp	Liverpool Running Bugs	Male	100	MV	68	53:27	206
210	366	54:02	Jen Hughes	Liverpool Running Bugs	Female	110	FS	20	53:28	207
211	374	54:13	Kelly Mitchell	Northwich Running Club	Female	111	FS	21	53:51	215
212	173	54:16	Stuart Blackburn	Warrington Running Club	Male	101	MV	69	53:50	213
213	112	54:21	Laura Duffy	RUNS	Female	112	FV	91	53:50	214
214	159	54:21	Bridget Cuncliffe		Female	113	FV	92	53:31	208
215	120	54:27	Lesley Goodall	Northwich Running Club	Female	114	FV	93	53:45	212
216	118	54:29	Christine Holmes	Run Forest Run	Female	115	FV	94	54:07	216
217	109	54:29	Tracey Surridge	Sandbach Striders	Female	116	FV	95	54:07	217
218	244	54:39	Nicola Ormsby	Run Sandymoor	Female	117	FS	22	54:27	223
219	148	54:51	Donna Gillespie-Greene	Warrington Running Club	Female	118	FV	96	54:22	222
220	160	54:55	Carolyn Rigby	Widnes Running Club	Female	119	FV	97	54:16	220
221	90	54:57	Carrie Hall	Widnes Running Club	Female	120	FV	98	54:17	221
222	278	55:01	Jo Wakefield	Run Sandymoor	Female	121	FV	99	54:31	226
223	327	55:02	KAY DURKAN		Female	122	FV	100	54:29	224
224	79	55:03	Lisa Pritchard	Mossley Hill AC	Female	123	FV	101	54:10	218
225	362	55:05	Lynne Blears	Infiniti Bootcamps Timperley	Female	124	FV	102	54:13	219



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Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	119	55:08	Sheila Whitfield		Female	125	FV	103	54:33	227
227	69	55:09	Bryan Forth	Warrington Road Runners	Male	102	MV	70	54:29	225
228	182	55:11	VICCI HOLMES	Warrington Running Club	Female	126	FV	104	54:45	231
229	45	55:12	Martin Bishop	Warrington Running Club	Male	103	MV	71	54:45	230
230	328	55:12	Lyn Rhodes		Female	127	FV	105	54:38	228
231	377	55:13	RACHEL Rae	Warrington	Female	128	FV	106	54:50	233
232	333	55:19	Jake Jones		Male	104	MS	32	55:05	236
233	321	55:22	Sarah Bullock		Female	129	FV	107	55:03	235
234	12	55:23	Jan Swales	Widnes Running Club	Female	130	FV	108	54:45	229
235	53	55:26	Ian Rigby	Widnes Running Club	Male	105	MV	72	54:46	232
236	178	55:58	Stephanie Dean		Female	131	FS	23	55:03	234
237	262	55:59	Helen Marsh	Lymm Runners	Female	132	FV	109	55:31	238
238	371	56:03	Tracey Hawkins	Northwich Running Club	Female	133	FV	110	55:20	237
239	267	56:04	Val Bellingham	Warrington Running Club	Female	134	FV	111	55:37	239
240	325	56:19	Leanne Mullan	Plodders Runcorn	Female	135	FV	112	55:46	240
241	332	56:19	Amy Beesley		Female	136	FV	113	55:46	241
242	135	56:35	Heather McBride	Northwich Running Club	Female	137	FS	24	55:47	242
243	243	56:35	Cathy Hughes		Female	138	FV	114	56:18	247
244	180	56:36	Kathleen Taylor	Ellesmere Port RC	Female	139	FV	115	56:20	248
245	162	56:37	Amanda Williams	Northwich Running Club	Female	140	FV	116	55:49	243
246	26	56:43	Alison Howarth	Run Sandymoor	Female	141	FV	117	56:13	245
247	82	56:50	Sarah Plant	Warrington Running Club	Female	142	FV	118	55:59	244
248	394	56:52	Lesley Hanley	Widnes Running Club	Female	143	FV	119	56:14	246
249	274	57:08	Alaina Dewhurst	Chester Road Runners	Female	144	FS	25	56:28	249
250	145	57:30	Vicky Smith	Northwich Running Club	Female	145	FS	26	56:39	250
251	13	57:38	A F MEDLICOTT	Warrington	Female	146	FV	120	56:47	251
252	392	57:40	Sian Wilkins	Formby Stormers	Female	147	FV	121	57:07	253
253	279	57:43	Katherine Harris	ABS Ladies	Female	148	FV	122	57:19	256
254	172	57:55	Katie Evans		Female	149	FV	123	57:05	252
255	103	58:03	Tanya hancock	Wigan Harriers & AC	Female	150	FV	124	57:17	254
256	89	58:04	Elaine Roberts	ABS Ladies	Female	151	FV	125	57:43	260
257	147	58:06	Rachel Simm	Wigan Harriers & AC	Female	152	FS	27	57:20	257
258	365	58:13	Jane Coombes	Swinton RC	Female	153	FV	126	57:17	255
259	51	58:18	Jen Earl	Swinton RC	Female	154	FV	127	57:23	258
260	32	58:23	Louise Zwanepoel	Northwich Running Club	Female	155	FS	28	57:40	259
261	305	58:45	Naty Hipolito Jones	Northwich Running Club	Female	156	FV	128	58:03	261
262	33	59:10	Jenny Bishop	Warrington Running Club	Female	157	FV	129	58:20	263
263	132	59:12	Stuart Hall	Swinton RC	Male	106	MV	73	58:17	262
264	322	59:37	Jayne Mason	Team Isabella - IRF	Female	158	FV	130	58:45	264
265	70	59:50	Melanie Bloor-Steen	UKRunChat Running Club	Female	159	FV	131	59:37	266
266	37	1:00:03	Nicola Grace	Northwich Running Club	Female	160	FV	132	59:26	265
267	127	1:00:28	Carole Hodgkinson		Female	161	FV	133	59:46	267
268	73	1:00:46	Louise Roberts	Northwich Running Club	Female	162	FV	134	1:00:05	269
269	181	1:00:46	Sharon McDermott	Northwich Running Club	Female	163	FV	135	1:00:04	268
270	212	1:00:59	Natalie Gray	Warrington Running Club	Female	164	FV	136	1:00:10	270
271	7	1:01:10	Gemma Kew	Northwich Running Club	Female	165	FV	137	1:00:27	271
272	142	1:01:26	Bennett Grace	Warrington Running Club	Female	166	FS	29	1:00:56	275
273	308	1:01:38	Dawn Needle		Female	167	FV	138	1:00:55	274
274	266	1:01:46	Elaine Johnson	Warrington Running Club	Female	168	FV	139	1:00:47	273
275	27	1:01:46	Anita King	Warrington Running Club	Female	169	FV	140	1:00:47	272
276	144	1:02:10	Janet Smith		Female	170	FV	141	1:01:19	276
277	338	1:02:21	Teresa Walsh		Female	171	FV	142	1:01:28	277
278	314	1:02:21	Susan Wright		Female	172	FV	143	1:01:28	278
279	264	1:02:42	Lorraine Matthews		Female	173	FV	144	1:01:48	279
280	307	1:02:49	Kelly Morton	Lonely Goat RC	Female	174	FV	145	1:02:15	280
281	335	1:02:49	Paul Morton	Lonely Goat RC	Male	107	MV	74	1:02:15	281
282	351	1:02:58	Wendy McDonnell	Northwich Running Club	Female	175	FV	146	1:02:22	282
283	116	1:03:08	Emma Halt		Female	176	FV	147	1:02:54	284
284	164	1:03:10	Claire Harrison	Warrington Running Club	Female	177	FV	148	1:02:55	285
285	202	1:03:32	Helen Hind	Warrington Running Club	Female	178	FV	149	1:02:38	283
286	101	1:03:53	Linda Green	Northwich Running Club	Female	179	FV	150	1:03:03	286
287	80	1:04:04	Linsey Gardner		Female	180	FV	151	1:03:32	288
288	298	1:04:04	Jan Mullin	Kirkby Milers	Female	181	FV	152	1:03:11	287
289	183	1:04:37	Cathy Sankey	Isabella Rose Foundation	Female	182	FV	153	1:03:55	289
290	184	1:04:53	Vicky Dyas		Female	183	FV	154	1:03:59	290
291	4	1:05:18	Stephen Park	Warrington Running Club	Male	108	MV	75	1:04:55	292
292	123	1:05:33	Anne Zwanepoel	Northwich Running Club	Female	184	FV	155	1:04:50	291
293	55	1:05:41	Liz Leay	BTR Road Runners	Female	185	FV	156	1:05:03	293
294	310	1:06:08	Sue Mcloughlin		Female	186	FV	157	1:05:50	296
295	158	1:06:23	Luke Penn		Male	109	MS	33	1:05:44	294
296	157	1:06:24	kimberley chick		Female	187	FV	158	1:05:45	295
297	226	1:07:48	Fiona Little	Blackpool Wyre & Fylde AC	Female	188	FV	159	1:07:29	297
298	364	1:08:55	suzanne reeve	Northwich Running Club	Female	189	FV	160	1:08:07	298
299	200	1:09:35	Jane Kraska	Lymm Runners	Female	190	FV	161	1:09:07	299
300	146	1:10:23	Mrs S M Morris	Isabella Rose Foundation	Female	191	FV	162	1:09:31	300



WRC 5 Miler - Spring

Saturday 30th March

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	304	1:11:12	Nicola Rudd	Northwich Running Club	Female	192	FV	163	1:10:24	301
302	84	1:12:17	Rachel Stead	Northwich Running Club	Female	193	FV	164	1:11:26	303
303	168	1:12:17	Cathy Sowden	Northwich Running Club	Female	194	FV	165	1:11:26	302
304	133	1:12:25	Helen Doroszkiewicz	Northwich Running Club	Female	195	FV	166	1:11:34	304
305	22	1:13:45	Lindsay Plumb	Warrington Running Club	Female	196	FV	167	1:13:30	308
306	339	1:13:45	Dawn Cunliffe	Warrington	Female	197	FV	168	1:13:30	309
307	121	1:13:50	Liz Chantler	Fetch Everyone	Female	198	FV	169	1:13:01	305
308	261	1:13:55	Wendy Gallimore		Female	199	FV	170	1:13:06	307
309	216	1:14:00	Clare Jennings	Widnes Wasps Ladies RC	Female	200	FV	171	1:13:03	306
310	209	1:15:07	Sally Lakin	Lymm Runners	Female	201	FV	172	1:14:39	311
311	35	1:15:13	Annette Parker	Warrington	Female	202	FV	173	1:14:16	310
312	92	1:16:04	Victoria Casey	Northwich Running Club	Female	203	FS	30	1:15:18	312
313	60	1:16:19	Sharon Mason	Isabella Rose Foundation	Female	204	FV	174	1:15:26	314
314	220	1:16:20	Victoria Hewitt		Female	205	FV	175	1:15:24	313
315	317	1:17:39	Cheryl Meakin		Female	206	FS	31	1:16:53	315
316	285	1:26:56	Janet Whalley	Northwich Running Club	Female	207	FV	176	1:26:08	316
317	74	1:27:13	Donna Middleton	Northwich Running Club	Female	208	FV	177	1:26:24	317
318	48	1:28:41	Katharine Roberts	Northwich Running Club	Female	209	FV	178	1:27:52	318