



Run In The Dark - Manchester 5k

Media City - 16th November 2016

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
1	18322	19:32	Scott McPhail	The Flying Aces	Male	1	5K-M35	1	19:23	3
2	16453	19:45	Matt Berry		Male	2	5K-MO	1	18:36	1
3	16338	19:53	Tom Lerendu		Male	3	5K-MO	2	19:44	5
4	18508	19:55	Michael Kempton	The Flying Aces	Male	4	5K-M35	2	19:46	6
5	16509	20:04	Simon Dykes		Male	5	5K-M45	1	19:06	2
6	18323	20:36	Paul Ormiston	The Flying Aces	Male	6	5K-M35	3	20:28	7
7	16647	21:00	Andrew Jones	TEAM STUDIO LIDDELL	Male	7	5K-M45	2	19:38	4
8	18325	21:03	Duncan Gazeley	The Flying Aces	Male	8	5K-M35	4	20:54	8
9	16940	21:52	Matt Farr		Male	9	5K-M35	5	21:25	10
10	16939	22:14	Laura Brown		Female	1	5K-F35	1	21:47	11
11	18671	22:22	Roy Marshall		Male	10	5K-M40	1	21:15	9
12	16614	23:39	Richard Douglas Douglas	Calderdale Recovery Steps	Male	11	5K-M40	2	22:12	13
13	16982	23:41	Quentin Ashby	Join the Dots	Male	12	5K-M45	3	22:12	12
14	18622	23:46	Oliver Lackey	Oliver and phil	Male	13	5K-MJ	1	23:36	15
15	16351	23:50	Robert Fox-Bentley		Male	14	5K-M35	6	23:43	16
16	18657	23:56	Richard Townsend		Male	15	5K-MO	3	22:31	14
17	16307	24:36	Emily Moss		Female	2	5K-FO	1	24:06	18
18	18182	25:16	Ben Marshall	OneFile	Male	16	5K-MO	4	23:44	17
19	16231	25:50	Sam Milner		Male	17	5K-MO	5	24:19	19
20	16276	25:51	Kate Harvest		Female	3	5K-F35	2	25:32	26
21	16409	26:06	Claire Ainsworth		Female	4	5K-FO	2	25:36	29
22	16459	26:11	Lesley Peters		Female	5	5K-F50	1	24:50	22
23	17937	26:12	Adam Fogo	OneFile	Male	18	5K-MO	6	24:41	20
24	16420	26:20	Andrew Clayton		Male	19	5K-MO	7	24:55	23
25	16344	26:32	Emma Simms		Female	6	5K-FO	3	25:31	25
26	16345	26:35	Millie Loxton		Female	7	5K-FO	4	25:34	27
27	18666	26:39	Adam Towers		Male	20	5K-MO	8	24:45	21
28	18431	26:45	Katy Martindale		Female	8	5K-FO	5	25:34	28
29	16334	26:49	Simon Dale		Male	21	5K-MO	9	25:20	24
30	17307	27:17	Carolyn Williams	Brother UK	Female	9	5K-F35	3	26:03	32
31	16326	27:19	Carmel Higgins		Female	10	5K-F35	4	25:52	31
32	18546	27:25	Daniel Cropper		Male	22	5K-MO	10	27:00	46
33	17901	27:27	Tom Lloyd		Male	23	5K-MO	11	25:52	30
34	18550	27:39	Jack Schofield		Male	24	5K-MJ	2	26:25	36
35	18551	27:41	Jake Freeman		Male	25	5K-MJ	3	26:26	37
36	16950	27:43	Miranda Hall		Female	11	5K-F40	1	26:41	39
37	18612	27:44	Stefano Marfia	HTS Group	Male	26	5K-MO	12	27:20	51
38	16612	27:49	Michael Silcock	Calderdale Recovery Steps	Male	27	5K-M45	4	26:22	35
39	18400	27:50	Paul Bury		Male	28	5K-M40	3	26:09	33
40	16613	27:54	Michelle Foster	Calderdale Recovery Steps	Female	12	5K-F50	2	26:27	38
41	16666	27:56	Aadil Seedat	Vision Support Services	Male	29	5K-MO	13	26:21	34
42	16932	28:02	Orla Godfrey		Female	13	5K-FJ	1	26:43	40
43	17884	28:05	Megan Alderton		Female	14	5K-FO	6	27:19	50
44	18619	28:21	Anoush Taghi		Male	30	5K-MO	14	26:54	43
45	18353	28:25	Abbie Dixon	Crazy Costume Chicks	Female	15	5K-FO	7	26:53	42
46	16953	28:28	Jamie Lynch		Male	31	5K-MJ	4	27:08	49
47	16673	28:28	Shaun Ferris	Vision Support Services	Male	32	5K-M35	7	26:51	41
48	17780	28:30	Calum Whetnall	HS Spurts	Male	33	5K-MO	15	26:58	45
49	18521	28:30	Chay Currie		Male	34	5K-MO	16	27:21	52
50	16655	28:31	Niall Walsh	TEAM STUDIO LIDDELL	Male	35	5K-MO	17	28:02	58
51	17779	28:35	Max Nowicki	HS Spurts	Male	36	5K-MO	18	27:03	47
52	16611	28:37	Mark Cohen	Calderdale Recovery Steps	Male	37	5K-M35	8	27:05	48
53	16216	28:44	Denis McCarthy		Male	38	5K-M45	5	28:08	60
54	18421	28:48	Nadia Shanahan		Female	16	5K-FO	8	28:41	69
55	18409	28:49	Jonathan Thursby	Simpson Millar LLP	Male	39	5K-MO	19	26:56	44
56	18397	28:58	Michael Higgins		Male	40	5K-M60	1	27:40	57
57	18654	28:59	Delyth Lloyd		Female	17	5K-FO	9	27:37	55
58	16212	29:07	Gary Janit		Male	41	5K-M40	4	27:38	56
59	17299	29:14	Tim Moughtin		Male	42	5K-MO	20	27:25	53
60	17286	29:14	Roger Moughtin		Male	43	5K-M65	1	27:25	54
61	16650	29:34	Daniel Lloyd-Wood	TEAM STUDIO LIDDELL	Male	44	5K-MO	21	28:08	61
62	16610	29:45	Guy Parry	Calderdale Recovery Steps	Male	45	5K-M40	5	28:16	63
63	17332	29:46	Debbie Lee	Wigan Council	Female	18	5K-F45	1	28:26	65
64	16661	29:51	Darren Haslam	The MASH Dashers	Male	46	5K-M45	6	28:04	59
65	18195	29:57	Steve Powell	Premier Group Recruitment	Male	47	5K-MO	22	28:15	62
66	16620	30:00	Andrew Haslam	JARVS K	Male	48	5K-MO	23	28:18	64
67	16979	30:07	Catherine Bailey	AstraZeneca IT	Female	19	5K-F40	2	29:36	79
68	18398	30:09	Nadia Alrakami		Female	20	5K-F35	5	29:01	72
69	18422	30:09	Emma Phillips		Female	21	5K-FO	10	29:01	71
70	16395	30:10	Paula Dalziel	The Snot Rockets	Female	22	5K-F55	1	28:38	68
71	18347	30:22	Sarah Smith		Female	23	5K-F40	3	28:45	70
72	16412	30:23	Matt Darkins		Male	49	5K-MO	24	28:36	66
73	16413	30:23	Amy Darkins		Female	24	5K-FO	11	28:36	67
74	17008	30:38	Katrina Lythgoe	Stockport slimmers	Female	25	5K-F35	6	29:20	76
75	18677	30:45	Phil Chadwick		Male	50	5K-M35	9	29:19	75



Run In The Dark - Manchester 5k

Media City - 16th November 2016

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
76	16996	30:46	Ruby Jordan	RunWild2016	Female	26	5K-FJ	2	29:15	74
77	18352	30:52	Prince Malik		Male	51	5K-MJ	5	29:06	73
78	17284	30:52	Paul Ormerod		Male	52	5K-M50	1	29:25	77
79	16633	31:07	Jack Dixon	TACE	Male	53	5K-M35	10	30:46	96
80	18607	31:11	Ande MacPherson		Male	54	5K-M45	7	29:45	81
81	16634	31:11	James Massey	TACE	Male	55	5K-M35	11	29:35	78
82	18348	31:21	Peter Harris		Male	56	5K-M50	2	29:44	80
83	17846	31:32	Diana Pang		Female	27	5K-F50	3	30:06	82
84	16329	31:32	Mark Garrett		Male	57	5K-MO	25	31:09	107
85	18682	31:41	Vicky Yeend		Female	28	5K-FO	12	31:23	114
86	17774	31:42	Paul Smith	HS Spurts	Male	58	5K-M35	12	30:30	91
87	16652	31:43	Kevin Hayes	TEAM STUDIO LIDDELL	Male	59	5K-M35	13	30:18	86
88	17938	31:46	Chloe Tetlow	OneFile	Female	29	5K-FO	13	30:15	85
89	17940	31:47	Rebecca Whittaker	OneFile	Female	30	5K-FO	14	30:14	84
90	16989	31:49	Ozzy Jegunma	RunWild2016	Female	31	5K-FJ	3	30:19	87
91	17919	31:54	Ros Attile	Champagne Chasers	Female	32	5K-F40	4	31:34	116
92	16227	31:56	Imtiaz Khan		Male	60	5K-M35	14	30:37	93
93	16394	32:00	Sarah Martin	The Snot Rockets	Female	33	5K-M45	8	30:27	90
94	16663	32:01	Jane Slinger	The MASH Dashers	Female	34	5K-F35	7	30:13	83
95	16207	32:08	Kersti Börjars		Female	35	5K-F55	2	30:22	89
96	16208	32:08	Diana Scotcher		Female	36	5K-F60	1	30:21	88
97	16303	32:10	Hannah Wilson		Female	37	5K-FO	15	30:50	97
98	17021	32:14	Susan Smallshaw	Wigan Council	Female	38	5K-F50	4	30:55	103
99	17020	32:14	Kay Chambers	Wigan Council	Female	39	5K-F45	2	30:54	101
100	16434	32:19	Gail Maguire		Female	40	5K-F55	3	30:50	98
101	17874	32:21	Louise Coleclough		Female	41	5K-FO	16	31:33	115
102	18189	32:21	Marcel Barker	Premier Group Recruitment	Male	61	5K-MO	26	30:37	95
103	18185	32:21	Ed Mercer	Premier Group Recruitment	Male	62	5K-MO	27	30:37	92
104	18193	32:21	Rick McGhee	Premier Group Recruitment	Male	63	5K-MO	28	30:37	94
105	17963	32:27	Mark Doyle	Vision Support Services	Male	64	5K-M35	15	30:51	100
106	18669	32:36	Neil Douglas		Male	65	5K-M40	6	31:21	113
107	18554	32:37	Zuzana Myszka		Female	42	5K-FO	17	30:50	99
108	16677	32:42	Victoria Hargreaves	Vision Support Services	Female	43	5K-FO	18	31:02	104
109	16239	32:45	Clare Pennington		Female	44	5K-F35	8	31:45	118
110	17915	32:46	Colin Tidswell	Calderdale Recovery Steps	Male	66	5K-M45	9	31:15	110
111	16361	32:50	Nicki Paynter		Female	45	5K-F35	9	31:08	106
112	16658	32:53	Rebecca Cabrejas	Team WDC	Female	46	5K-F40	5	31:12	109
113	16249	32:54	Stuart Allen		Male	67	5K-M40	7	31:03	105
114	18535	32:55	Karly Fell		Female	47	5K-FO	19	31:18	111
115	18534	32:56	Anthony Brown		Male	68	5K-MO	29	31:18	112
116	16482	32:56	Clare Ogden-Webb		Female	48	5K-F35	10	32:42	137
117	16262	33:03	Judith Greenwood		Female	49	5K-F45	3	32:25	132
118	18670	33:05	Haydn Palmer		Male	69	5K-MO	30	31:11	108
119	16309	33:06	Sasha Kaufman		Female	50	5K-F35	11	30:55	102
120	16496	33:13	Andrew Grant		Male	70	5K-MO	31	31:46	120
121	18180	33:23	Fiona Ogden	Champagne Chasers	Female	51	5K-F40	6	33:03	140
122	16619	33:25	Sue Thurrold	Gatley Runner's	Female	52	5K-F50	5	31:57	124
123	17263	33:29	Grace Griffiths		Female	53	5K-FO	20	31:54	122
124	16389	33:31	June Lau		Female	54	5K-FO	21	31:57	123
125	17868	33:32	Kirsty Rowlinson-Groves		Female	55	5K-FO	22	31:46	119
126	16209	33:32	Duncan Cross		Male	71	5K-M40	8	31:35	117
127	16391	33:35	Alan MacLagan		Male	72	5K-M50	3	31:52	121
128	16504	33:41	Jessica Cameron		Female	56	5K-FO	23	32:09	125
129	17912	33:42	Hassan Masaud	Brother UK	Male	73	5K-MO	32	32:25	134
130	16653	33:45	Lisa Bell	TEAM STUDIO LIDDELL	Female	57	5K-F40	7	32:21	131
131	16656	33:45	Paul Johnson	TEAM STUDIO LIDDELL	Male	74	5K-M45	10	32:20	130
132	16992	33:47	Deborah Gould	RunWild2016	Female	58	5K-FO	24	32:17	127
133	16424	33:49	Kim Southerington		Female	59	5K-FO	25	32:11	126
134	17329	33:55	Daniel Lee	Vision Support Services	Male	75	5K-MO	33	32:18	129
135	17337	33:56	Sarah Ford	Wigan Council	Female	60	5K-FO	26	32:37	136
136	16396	34:06	Rebecca Cornes		Female	61	5K-FO	27	32:28	135
137	17841	34:11	Dave McKee		Male	76	5K-M40	9	32:17	128
138	18405	34:13	Luca Vitaloni	Join the Dots	Male	77	5K-MO	34	32:25	133
139	17875	34:29	Lynn Shakespeare		Female	62	5K-F65	1	33:00	138
140	17891	34:30	Sarah McConnell		Female	63	5K-F35	12	34:13	159
141	16954	34:35	Nicholas Lynch		Male	78	5K-M40	10	33:14	141
142	17288	34:36	Sal Poyser		Female	64	5K-FO	28	33:01	139
143	16609	34:45	Colin Gaze	Calderdale Recovery Steps	Male	79	5K-M50	4	33:15	142
144	17853	34:46	Heather Burley		Female	65	5K-FO	29	33:32	148
145	16617	34:52	Colin Owen	Gatley Runner's	Male	80	5K-M50	5	33:24	143
146	18433	34:59	Morgane Bigolin		Female	66	5K-FO	30	33:31	146
147	16372	34:59	Gareth Stone		Male	81	5K-M35	16	34:19	161
148	18328	35:03	Becci Dyson		Female	67	5K-FO	31	34:42	168
149	16503	35:04	Clement Gaubert		Male	82	5K-MO	35	33:32	147
150	16382	35:08	Billiekate Mason		Female	68	5K-FO	32	33:25	144



Run In The Dark - Manchester 5k

Media City - 16th November 2016

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
151	18500	35:08	Josh Riley		Male	83	5K-MO	36	33:26	145
152	17924	35:20	Zoe Hancock	Crazy Costume Chicks	Female	69	5K-F35	13	33:48	149
153	17260	35:23	Emily Ritson		Female	70	5K-F35	14	34:02	153
154	16223	35:24	Carole Hodgkinson		Female	71	5K-F60	2	34:13	160
155	16974	35:28	Mark Cohen		Male	84	5K-M55	1	34:45	175
156	16926	35:34	Emma Morrison		Female	72	5K-F35	15	34:43	170
157	16577	35:34	Kathryn Benson		Female	73	5K-FO	33	34:44	174
158	18565	35:36	Mark Prior		Male	85	5K-M55	2	34:01	152
159	17775	35:37	Kerry Bishop	HS Spurts	Female	74	5K-F40	8	34:08	154
160	17918	35:43	Erinn Campbell	Champagne Chasers	Female	75	5K-F35	16	35:23	201
161	18435	35:44	Daphne Hinds		Female	76	5K-F60	3	33:50	150
162	16259	35:46	Georgia Tsakiri		Female	77	5K-F35	17	34:09	155
163	17882	35:49	Matthew Cresswell		Male	86	5K-MO	37	33:57	151
164	18437	35:58	Joe Price	Lungs in the Dark	Male	87	5K-MO	38	34:42	169
165	16255	35:58	James Chadwick		Male	88	5K-MO	39	34:52	180
166	17835	35:59	Bernadette Gachette		Female	78	5K-FO	34	34:24	162
167	18629	35:59	Alexandra Herbertson	Lungs in the Dark	Female	79	5K-FO	35	34:43	172
168	16422	36:01	Michelle Ryan		Female	80	5K-M40	11	34:10	156
169	16257	36:03	Helen Scott		Female	81	5K-F35	18	34:11	157
170	18499	36:04	Mignonette Johnson		Female	82	5K-FO	36	34:12	158
171	16224	36:06	Tara Madhok		Female	83	5K-FO	37	34:37	167
172	18355	36:06	Jon Liddell	TEAM STUDIO LIDDELL	Male	89	5K-M50	6	34:36	165
173	17009	36:06	Ellen Shilton	TEAM STUDIO LIDDELL	Female	84	5K-F35	19	34:37	166
174	16679	36:07	Liam Eckersall	Vision Support Services	Male	90	5K-MO	40	34:31	164
175	18340	36:14	Kim Malcolm		Female	85	5K-FO	38	36:06	216
176	18394	36:14	Martin Lees		Male	91	5K-MO	41	36:05	215
177	18149	36:26	Kate McKenna	SPORT GALS	Female	86	5K-FO	39	35:10	188
178	16243	36:28	Gerasimia Evangelatou		Female	87	5K-F35	20	34:51	177
179	16684	36:28	Michelle Pegg	Vision Support Services	Female	88	5K-F45	4	34:53	182
180	16244	36:28	Lydia Farina		Female	89	5K-F35	21	34:51	178
181	16944	36:32	Christopher Kirkham		Male	92	5K-M35	17	35:01	185
182	17827	36:33	Sarah Hind	My Sexy People	Female	90	5K-FO	40	34:47	176
183	17856	36:34	James Corcoran		Male	93	5K-MO	42	34:43	171
184	18186	36:36	Elliot Fenton	Premier Group Recruitment	Male	94	5K-MO	43	34:52	179
185	18188	36:36	Lucas Rowe	Premier Group Recruitment	Male	95	5K-MO	44	34:52	181
186	17916	36:37	Joanne Newham	Calderdale Recovery Steps	Female	91	5K-F35	22	35:06	187
187	16608	36:37	Andrew Bryant	Calderdale Recovery Steps	Male	96	5K-M50	7	35:06	186
188	17831	36:38	Aidan Geary		Male	97	5K-M50	8	35:11	190
189	17847	36:38	Dianne Geary		Female	92	5K-F50	6	35:12	192
190	16506	36:38	Nur Hafizah Idris		Female	93	5K-FO	41	34:58	184
191	18538	36:39	Lauren Boswell		Female	94	5K-FO	42	35:11	191
192	18634	36:39	Jamie Griffiths		Male	98	5K-M35	18	35:11	189
193	17824	36:40	Kate Campbell-Green	My Sexy People	Female	95	5K-F35	23	34:53	183
194	18680	36:40	Anya Zarod		Female	96	5K-FO	43	35:51	210
195	16638	36:41	Amy McArthur	Team Manchester Arena	Female	97	5K-FO	44	34:30	163
196	18537	36:43	Zoe Gratrix		Female	98	5K-FO	45	35:56	211
197	17925	36:43	Kathryn Dolan	Gatley Runner's	Female	99	5K-F35	24	35:14	199
198	16333	36:44	Jane Dale		Female	100	5K-F55	4	35:15	200
199	16185	36:45	Emma Forsyth		Female	101	5K-FO	46	35:32	206
200	18411	36:50	Ignazio Palmisano	fitgeeks	Male	99	5K-M35	19	34:44	173
201	18159	36:50	Claire Hobson		Female	102	5K-F45	5	35:13	194
202	18530	36:50	Beverley Pratt		Female	103	5K-F35	25	35:12	193
203	18156	36:50	Amanda Dean		Female	104	5K-FO	47	35:13	196
204	17877	36:50	Mark Corrigan		Male	100	5K-MO	45	36:37	220
205	18172	36:50	Vicki Gillibrand		Female	105	5K-FO	48	35:13	195
206	18602	36:52	Matthew Cranham		Male	101	5K-M35	20	35:13	197
207	18603	36:52	Lindsey Cranham		Female	106	5K-F35	26	35:14	198
208	17012	37:00	Jacqui Hurst	Vision Support Services	Female	107	5K-F55	5	35:25	202
209	16511	37:08	Nur Hidayah Abdul Rahman		Female	108	5K-FO	49	35:27	203
210	17777	37:08	Donna Middleton	HS Spurts	Female	109	5K-F40	9	35:40	209
211	17336	37:10	Ron Conway	Wigan Council	Male	102	5K-M60	2	35:31	204
212	18184	37:15	Chelsey Tite	Premier Group Recruitment	Female	110	5K-FO	50	35:32	207
213	18187	37:15	Grace Stoker	Premier Group Recruitment	Female	111	5K-FO	51	35:31	205
214	16357	37:32	Andrew Barker		Male	103	5K-M45	11	35:36	208
215	16486	37:35	Sarah Mills	The Book Monkeys	Female	112	5K-F40	10	36:02	213
216	16485	37:35	Sarah Gardner	The Book Monkeys	Female	113	5K-F40	11	36:01	212
217	16487	37:35	Fiona Lee	The Book Monkeys	Female	114	5K-F40	12	36:02	214
218	18672	37:48	Edward Pemberton		Male	104	5K-MO	46	36:09	217
219	16573	37:49	Jon Brown		Male	105	5K-MO	47	36:38	221
220	18676	37:52	Jackie Hogan		Female	115	5K-F45	6	36:28	219
221	17959	37:56	Alison Lea	Vision Support Services	Female	116	5K-F45	7	36:21	218
222	17864	38:22	Katie Alderton		Female	117	5K-FO	52	37:20	232
223	16251	38:25	Cheryl Pomeroy		Female	118	5K-FO	53	36:50	222
224	16571	38:26	Julia Coleman	Bolton Tri Club 5kers	Female	119	5K-F45	8	37:16	230
225	16925	38:27	Lindsay Anderson		Female	120	5K-F40	13	36:54	223



Run In The Dark - Manchester 5k

Media City - 16th November 2016

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
226	17250	38:32	Amy Wheelwright		Female	121	5K-F35	27	36:56	224
227	16425	38:41	Julie Knight		Female	122	5K-F55	6	37:19	231
228	16665	38:49	Michelle Buchanan	The MASH Dashers	Female	123	5K-FO	54	37:01	225
229	16544	38:49	Bryony Ackroyd		Female	124	5K-FO	55	37:10	227
230	16505	38:50	Sophie Rugg		Female	125	5K-FO	56	37:11	228
231	16331	38:53	Sheila Thornton		Female	126	5K-F55	7	37:06	226
232	17932	39:02	Palma Martina Raviele	Join the Dots	Female	127	5K-FO	57	37:13	229
233	16497	40:18	Jeanette Mitchell	Start2jog	Female	128	5K-F35	28	38:11	233
234	18183	40:19	Amy Buckingham	Premier Group Recruitment	Male	106	5K-MO	48	38:36	235
235	18196	40:19	Verity Pratt	Premier Group Recruitment	Female	129	5K-FO	58	38:37	237
236	18192	40:19	Reem Tekle	Premier Group Recruitment	Female	130	5K-FO	59	38:36	236
237	18194	40:20	Stephanie Roberts	Premier Group Recruitment	Female	131	5K-FO	60	38:36	234
238	17887	40:21	Rachel Whitelegg		Female	132	5K-F40	14	38:46	239
239	17844	40:30	Dean Lane		Male	107	5K-MO	49	38:54	241
240	16514	40:34	Alicia Wright	Sowerby Bridge Snails	Female	133	5K-F35	29	38:53	240
241	18506	40:35	Katherine Jackson		Female	134	5K-F35	30	39:11	242
242	18407	40:48	Eleni Mikroyannidi	fitgeeks	Female	135	5K-FO	61	38:42	238
243	18624	41:02	Kate Murray		Female	136	5K-FO	62	39:39	247
244	18625	41:03	Shaun Murray		Male	108	5K-M50	9	39:39	245
245	18539	41:29	Jacqueline Knight		Female	137	5K-F50	7	39:38	244
246	18605	41:29	Greg Sandy		Male	109	5K-MO	50	39:39	246
247	16458	41:34	Liz Nevin		Female	138	5K-FO	63	39:54	249
248	16483	41:36	Jonathan Milne		Male	110	5K-MO	51	39:56	250
249	16508	41:40	Gail Jazmik	Start2jog	Female	139	5K-F50	8	39:34	243
250	16554	41:58	Krystle Bratley-Dunn	Start2jog	Female	140	5K-FO	64	39:53	248
251	16623	42:24	Katrin Michaels	JARVS K	Female	141	5K-F35	31	40:42	252
252	18408	42:38	Elisabetta Erriquez	fitgeeks	Female	142	5K-FO	65	40:32	251
253	16946	42:43	Rachel Johnson		Female	143	5K-F45	9	40:48	253
254	16593	42:43	Ed Johnson	AstraZeneca IT	Male	111	5K-M45	12	40:50	254
255	18335	42:52	Jason McNeice		Male	112	5K-MO	52	40:58	256
256	18336	42:52	Wendy McNeice		Female	144	5K-F50	9	40:58	255
257	17866	43:09	Kiera Abel		Female	145	5K-FO	66	41:28	257
258	18386	43:09	Penny Meadowcroft		Female	146	5K-F45	10	41:42	259
259	16370	43:19	Cerys Whiles		Female	147	5K-FO	67	41:35	258
260	18504	43:24	Richard Jolie	Vision Support Services	Male	113	5K-M50	10	41:49	260
261	16507	43:45	Mark East		Male	114	5K-M40	12	41:57	261
262	17921	43:51	Lynne Gibson	Crazy Costume Chicks	Female	148	5K-F60	4	42:19	265
263	16213	44:00	Justine Forsyth	MS' BOLD PLODDERS	Female	149	5K-F45	11	43:38	272
264	18667	44:05	Justine Forsyth	MS' BOLD PLODDERS	Female	150	5K-F45	12	43:43	274
265	16215	44:05	Carys Forsyth	MS' BOLD PLODDERS	Female	151	5K-FO	68	43:42	273
266	16983	44:07	Alicia Dunning	Join the Dots	Female	152	5K-FO	69	42:18	264
267	16369	44:07	Lorraine Whiles		Female	153	5K-F45	13	42:22	267
268	16371	44:08	Nat Whiles		Male	115	5K-MO	53	42:21	266
269	16644	44:11	Helen Renny	Team Manchester Arena	Female	154	5K-F45	14	42:04	263
270	16645	44:11	Azel Ngwira	Team Manchester Arena	Female	155	5K-FO	70	42:03	262
271	16668	44:48	Helena Threlfall	Vision Support Services	Female	156	5K-F45	15	43:08	269
272	16667	44:48	Donna Fishwick	Vision Support Services	Female	157	5K-F50	10	43:08	268
273	16292	45:17	Diane Jones		Female	158	5K-F50	11	43:25	271
274	16285	45:24	Sara Mason		Female	159	5K-FO	71	43:49	275
275	18406	45:31	Samantha Sparrow	Team WDC	Female	160	5K-FO	72	43:50	276
276	16643	45:33	Sarah Hodson	Team Manchester Arena	Female	161	5K-F40	15	43:22	270
277	16680	45:39	Penny Bullock	Vision Support Services	Female	162	5K-F50	12	43:58	278
278	16671	45:39	Angela Lowe	Vision Support Services	Female	163	5K-F45	16	43:57	277
279	17277	46:13	Mary Wilkinson		Female	164	5K-F55	8	44:39	280
280	18388	46:13	Maria Kehoe		Female	165	5K-FO	73	44:39	279
281	16539	48:47	Helen Barry		Female	166	5K-F35	32	46:39	282
282	16527	48:47	Katie Hart		Female	167	5K-FO	74	46:39	281
283	16526	48:57	Beth Murray		Female	168	5K-FO	75	46:49	283
284	17839	49:01	Christina Conway		Female	169	5K-F65	2	47:29	284
285	16676	49:26	Harris Ali	Vision Support Services	Male	116	5K-MO	54	47:38	286
286	17961	49:26	Liz Okeeffe	Vision Support Services	Female	170	5K-F50	13	47:36	285
287	16669	49:37	Michelle Ainsworth	Vision Support Services	Female	171	5K-F45	17	47:51	288
288	16674	49:37	Sonja Flatley	Vision Support Services	Female	172	5K-F45	18	47:51	287
289	17013	49:37	Alyson Miller	Vision Support Services	Female	173	5K-F45	19	47:51	289
290	16942	49:41	Gemma Carter		Female	174	5K-FO	76	48:07	291
291	16949	49:41	Alison North		Female	175	5K-F40	16	48:07	290
292	16670	50:53	Tony Willis	Vision Support Services	Male	117	5K-M50	11	49:09	293
293	18524	50:53	Jackie Barry	Vision Support Services	Female	176	5K-F55	9	49:12	294
294	16393	50:58	Stuart Minion		Male	118	5K-M50	12	49:03	292
295	18434	53:36	Pat Gray		Female	177	5K-F60	5	51:41	295
296	17964	54:00	Shany Tan	Vision Support Services	Female	178	5K-F35	33	52:07	296
297	16682	54:00	Katie Rodwell	Vision Support Services	Female	179	5K-FO	77	52:07	297
298	16681	54:05	Michaela Shaw	Vision Support Services	Female	180	5K-F50	14	54:05	302
299	17960	54:05	Dianne Hill	Vision Support Services	Female	181	5K-F45	20	52:13	298
300	16221	55:29	Vera Mills		Female	182	5K-F65	3	53:25	299



Run In The Dark - Manchester 5k

Media City - 16th November 2016

RESULT

Pos.	Bib	Time	Name	Team	Gender	Gender Pos	Class	Class Pos	Chip Time	Chip Pos
301	16220	55:30	Nicky Mills		Female	183	5K-F40	17	53:25	300
302	16222	55:31	Pauline Grady		Female	184	5K-F50	15	53:27	301
303	17956	59:09	Joe Dacha	The Bolton Bulls Wheelchair Ba	Male	119	5K-MO	55	57:47	303